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## **Level 7: Releasing Old Past Life Patterns**

As you know, we have lived many, many lifetimes. In each lifetime we had established many patterns... examples of these patterns could be: alcoholism, disease, guilt, victimism, martyrism, killing, plundering, betrayal, abandonment, fear of success, fear of failure, (the fear list could go on and on), deservedness, fidelity, the list is endless.....

These patterns have all been stored in strands, which make up a cable that remains attached to your soul between lifetimes and connects to your physical body when you incarnate. A cable that is about 2 inches in diameter... made from steel-like material, connecting all your past lives' patterns... physical patterns that you acquired in each lifetime, etc... to you. (Although it also connects knowledge learned... I will discuss that in a bit.) The first part of this work is the part that holds us back into old patterns, etc. Even though we can clear this lifetime's patterns permanently, we couldn't figure out why we couldn't get rid of old ones.... they don't show up in the auric field of this lifetime, but folks do use the old patterning. The cable is attached to the sacrum (tailbone) and drills its way into the bone marrow and spinal fluid. In the bone marrow it integrates into each red blood cell and is circulated through your entire body. In the spinal fluid, it integrates into the neuropeptides in the spinal fluid, thus into the neurons of your nervous system, again circulating throughout the body. The cable consists of millions of strands... thus many, many patterns..The strands are various colors and thicknesses.. Unfortunately, the patterns circulate through your system, causing all sorts of interesting situations for you.

The knowledge strands also seem to be anchored in your tailbone. None of us appear to have much access to this past life knowledge because it is stagnated, stifled by the multitude of patterning strands coexistent in the steel-like cable. The three knowledge strands are always the same color. We save the three strands of knowledge and connect them to the solar plexus chakra for easy access to all past life knowledge in this lifetime. We totally disconnect the others. In the disconnecting, the strands that have integrated the spinal fluid and bone marrow (blood stream) must be pulled out, so you may feel some sensations throughout your arteries, veins, spine, etc. Each cell could act as a hologram for the patterns. We suggest that you may take an Epsom salt bath to ease the discomfort or take something like ibuprofen. Remember this is only a suggestion. You may feel achy.... but, of course, you might not. Although this is a more physical piece, if you usually don't "feel" the work, you may only have sensations. If you feel the other work, you might actually feel the removal of the strands. That is one reason we do this when you are sleeping. In attaching the knowledge strands to the solar plexus.... you might get a tingly feeling or just notice something going on..... this attachment should help you access any "old" knowledge you learned in all those old lifetimes. This is not a detox, but a shutting down on the cellular receptor level of patterns that you don't need in

this lifetime and putting the knowledge strands so they can be useable. Again, drink lots of water, breathe, and allow this process time to integrate. It is strongly recommended to get plenty of sunlight during this process. If sunlight isn't available, then check into other sources of light that "feel" right to you. Don't overdo this... just a few minutes at a time.

This work can be compared to moving into a house that you have either rented or purchased... but it was full of furniture... and you added the furniture that you already had. Pretty soon, you realized that the old furniture that was in the house, didn't fit, didn't serve you... well, just wasn't for you... so you got rid of it. Realize that the old patterns from past lives are like the furniture that was in the house. You do NOT need them nor do they serve you in this lifetime.

We recommend having the FEAR chakra work done prior to having this level done... but it isn't mandatory. The FEAR chakra work is fear from this lifetime that you have established a relationship with... it is entirely outside of yourself.... you may bring some fear patterns from past lives that feed into the "this lifetime" fears, but these patterns are within you

This work must be done absentee because it is more physical than most any of the work we have done so far. Again, this level is not dependent on any of the other work we do. Because of the time involved for us... the cost is \$770.

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