

Drs. Loren and Diane Mickelson

www.drsmick.com

1-206-824-1951

Level 20: Reuniting of Soul and Spirit to “One”

It seems as though we have spent a lifetime or maybe now lifetimes attempting to become more clear and balanced as we proceed through these adventures. As Level 19 (Shadow Work) came into existence and as we proceeded in clearing out our personal closets, Level 20 seemed to come in and started to pound us on the head. Oh to the joys of what we do and how do we put this into words and put the information down without it sounding too crazy.

The images or pictures that we began to receive was as an individual goes through the dying process, the conscious portion of the mind separates from the unconscious half leaving each half crippled as it crosses over to the next world and future lifetimes. The conscious mind actually loses its memory and eventually reincarnates, while the unconscious mind becomes locked in its memories and emotions from the past creating an imaginary heaven or hell for itself out of those memories and emotions creating a never ending dream or nightmare that can never be released on its own. (Eventually becoming one of the shadows in your closet that you are cleaning out from Level 19.) We all have had many past life selves hiding in the shadows of our own personal closet, busily but silently dreaming away their own fantasies of heaven or hell within the darkness of our own closet.

We have essentially seemed trapped, doomed to remain stuck in this repeating cycle of self-destruction with no practical way out. At the end of each lifetime we would divide again and again, repeatedly losing everything we worked so hard for in each life. Few have been able to keep it together during the death transition, the vast majority of humanity's masses were going through the same futile motions lifetime after lifetime, unable to make any progress towards resolving our dilemma. In effect, we have been trapped.

The division of the conscious and unconscious mind in our opinion could actually be called a disease that has made us into divided beings and our world a divided world. The division that has been taking place has ruled us. It has made us collectively and individually insane, possessed of two alienated minds that seldom agree with one another. One side of our mind rules the day, while the other side the night. One side predominates among artists, mystics,

women, and the other among scientists, business people, and men. This war within our soul is reflected in our endless history of political warfare, and it is clear that mankind will never know peace on this planet until our inner conflict is finally and fully resolved, for the one is father to the other.

This separation process at death has been going on for thousands of years however there was a time that the conscious and unconscious mind did not separate at death. As a new lifetime began, it retained all knowledge and skills from the previous lifetime. Our work on this level is to integrate the conscious mind with the unconscious, reducing our polarity, increasing our ability to remain in a neutral state. We are immortal beings, but immortal beings that have been fractured. Being immortal beings, our minds cannot actually die, but we can suffer from extreme dysfunction that continues from lifetime to lifetime.

It has been said that the soul and the spirit have been compared to the unconscious mind and the conscious mind. Like man and women are equal opposites, the unconscious soul and conscious spirit are equal opposites, but do not necessarily have to be “opposed” to one another. These two can integrate, fitting together as perfectly and as intertwined as the Yin and the Yang in the Tao symbol, each helping to support and define the other, each consisting, in its deepest center, of the other, each providing its partner with precisely what it needs most.

The nature and characteristics of the conscious and unconscious are opposite to one another in many obvious ways. The conscious is aggressively active, the unconscious passively relative, the conscious deals with facts and figures and details, the unconscious deals with relationships and systems. The conscious is objective, masculine, and has control over the intellect and free will, while the unconscious is subjective, feminine, the unconscious does not have free will, instead being preprogrammed with material universally present in all minds, but the unconscious does have control over the feelings and memories.

In the beginning, there would have been ‘Soul’ and ‘Spirit’, joined together in an eternal embrace. The spirit would have had a purely objective perspective, the soul, a purely subjective one. The spirit would have been the decision-maker, but the soul would have always been placing conditions and restrictions on those decisions. The soul’s water-like feeling and the spirit’s wind-like thought would have thus been intertwined together like husband and wife, like male and female twins occupying a single egg. The two would have functioned as one, comprising a dynamic, self-sufficient whole unto itself. There would have been no such thing as death in the human experience. Justice really did operate naturally and automatically, both causes and their effects would have remained in the forefront in each person’s conscious memory. Justice would have seemed obvious and inevitable.

This original idyllic condition must have changed. There must have been some terrible thing that happened that caused the spirit and soul to divide, some catastrophic fracture of this perfect

union. It is like our entire essence was divided or cut completely in half. The spirit seems to have risen up against its partner, perceiving the soul's programming as dictatorial, unnecessarily limiting its freedom of behavior and self expression. By overpowering the soul and forcing it down into submission, down into unconsciousness, the era of the soul's overt control over the behavior and expression of the spirit would have effectively ended.

The spirit, believing it had won the right to all power and authority, would have seen itself as a great conqueror, a champion of intelligence, rational order and vitality. However, the soul would not have been out of the picture entirely, although condemned to a lower status, it would have continued to exist and function in the unconscious depths of the psyche. The soul would have only been able to make itself felt and known as something dreadful and mysterious, a source of dreams and chaos, an underworld haunt for the dead.

Any approach to solving humanity's problems, whether individual or collective, must come from and satisfy both the head and the heart, both are male and female, both our right and left brains. Sooner or later, all attempted solutions that do not satisfy both halves of the equation will be abandoned as ineffective and unworkable. Humanity has tried too many years to place male above female, science above faith, logic above feeling, law and order above right and wrong, justice over love and it never works. Having tried this partisan, divisive, fractured approach for ever, we as a species should be about ready by now to admit that it just doesn't work. Society as a whole, as well as its individuals, have all just been stunted and crippled by this naïve approach.

The **Truth** is human beings are not more right-brain than left-brain, not more male than female, not more head than heart, and not more intellect than emotion or vice versa. Whenever we find ourselves in a dilemma and willfully choose to honor one side by rejecting, denying, and ignoring the needs of the other side, we betray half of ourselves, dividing both our selves and our world in two. The only successful solution would seem to be to integrate them together, balancing them as Taoism teaches, "making the two one" as early Christian doctrine taught, achieving true "non-duality".

We finally **Truly** can become **ONE, TOTAL, and COMPLETE.**

Our conscious mind and unconscious mind will be equal, balanced and working together.

Our male side and female side will be equal, balanced and working together.

Our right brain and left brain will work together.

We will have the ability to access memories and develop what has been hidden in the shadows of our past lives (Level 19). We will have access to past life information if we are open to receive this information. Many of you have written us about feeling dizzy, not able to ground, some people have had flu like symptoms; some people have been looking for their other half. Level 20

will help you get back to a more normal state of existence. Some of us realized that there was something missing but we could never put a finger on it. No matter what we have done, books we have read, seminars participated in, healers we have gone to, channelers channeled to us, etc, and something was missing. What is this “something”? And why has it taken so long to find?

Through all the separations, soul and spirit have been at different vibrations. Soul never lost its high vibration that it had at its creation. The spirit, however, because it has been “attached” to your physical body(ies) has been vibrating at a much lower vibration. The time has come for the fabric of the soul and spirit to be woven back together so it can vibrate at the same rate and remain flexible to endure any situation that we find ourselves in. Remember Level 9 -- Triple Point? This work joined body, mind and spirit so all three could vibrate at the same rate instead of three different vibrations. And, what a difference that made!!!! What we didn’t know at the time was that spirit was separated from soul so we thought (incorrectly) that “all” of us was vibrating at the same rate. We didn’t know about the separation! Body, mind and spirit together as a unit weren’t at a sufficient vibration to join with soul. Because of all the work you have done, it is now time for re-unite, permanently,

All the different levels that we have developed up until this point support this level. We could not have received this information until we ---- or our clients were ready for this information. The energies that we have been feeling that have almost knocked us off our feet are a sign that this level is needed now. With all the energy created as a result of the war, tsunami, volcanic eruptions, earth tremors, global warming, and etc. can cause adverse effects on humanity. When we do our work and you do your work, it benefits us all, and helps anchor a different energy that helps support both humanity and Mother Earth. Our client bases stretches around the globe and as each of you participate in your self development and work through your issues, you not only help yourself but the world we live in today. Cost \$999.99 Level 19 has to be completed first.

Copyright notice: Copyright 1998 Loren and Diane Mickelson. This information may be freely disseminated in whole or in part provided that there is no charge for the information and provided that this notice is attached. When using an edited or partial version of this material please clearly state that this is an edited version and refer the reader to the full original version.