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## **Level 22: Finding Ones “True Self”**

What is Normal? We don't know... in fact, no one knows. There have been massive amounts of books, tests, academic papers, etc. written about “normal”. No agreement has been made, just a wide range of “normal”. Perhaps our knowledge of normal is flawed... marred by a fundamental defect. What if, since the beginning of time “normal” was meant to be more than we can imagine? What if during certain period of times, everything is set so we can unburden ourselves of the marred normal to unearth the real normal? Meteorologists record atmospheric disruptions as scientific facts, as well as electrical disturbances, cold waves, heat waves, magnetic currents, and other invisible forces influencing man's physical nature. There are also scientists who are discovering and interpreting the mysteries of sound waves, light waves, radio waves and their direct influences upon a person's well-being.

Will they someday discover that before all this phenomena swept a force of infinitely rarer, more tenuous, more rapid vibrations that under certain conditions directly affected the mental and spiritual sides of man's nature - stirring them into extreme and even super“normal” as well as ab“normal” activity? (We used the term “normal” in quotes because of the lack of definition of “normal”). (This phenomena is sometimes called this the thinning of the veil between dimensions. Also during this time you could even get glimpses of beings that exist in other dimensions. The thing to remember is not to be afraid of what you see or feel.) \*\*\*

It would account for those strange periods in history when geniuses, poets, reformers, orators, idealists, revivalists, as well as those the world calls “cranks,” spring up suddenly on every side, each one responding according to individual capacity and degree of development, as though under the spell of a compelling agitation.

At such times some reach great heights of thought – some are moved to heroic action; pure and highly sensitive natures repudiate the world and its pleasures and turn their thoughts beyond the veil of flesh into the regions of the Spirit. There are also enthusiasts who venture from the beaten track of thought and get bewildered in labyrinths of their own making. There are seemingly sensible people who suddenly accept preposterous theories and become fanatics and run here and there propounding vagaries. The voices of orators, preachers, statesmen, can be

heard exhorting the emotional masses. There are respectable and well-meaning persons of limited vision who become hysterical – and some of them even go mad. Just as from the strings of some ancient harps, the wind will bring forth harmonies of transcendent beauty, so others lacking resonance will give out only discords. Thus the minds and souls of men and women respond to inverse ratio to undercurrents of mental and spiritual agitation.

Such periods come and go mysteriously. Much has been written about these times through teachings at the heart of many religions. Tolle writes in A New Earth, “Hindus see this dysfunction as a form of collective mental illness. They call it *maya*, the veil of delusion. Buddhists use different terms. According to the Buddha, the human mind in its normal state generates *dukkha*, which can be translated as suffering, unsatisfactoriness, or just plain misery. He sees it as a characteristic of the human condition. Wherever you go, whatever you do, says the Buddha, you will encounter *dukkha*, and it will manifest in every situation sooner or later. According to Christian teaching, the normal collective state of humanity is one of *original sin*. *Sin* is a word that has been greatly misunderstood and misinterpreted. Literally translated from the ancient Greek in which the New Testament was written, to sin means to miss the mark, as an archer who misses the target, so to sin means to miss the point of human existence. It means to live unskillfully, blindly, and thus to suffer and cause suffering. Again, the term stripped of its cultural baggage and misinterpretations, points to the dysfunction inherent in the human condition.”

What if from the beginning there has been something in each of us that has kept us from succeeding? What if we have been blindingly leading our lives hampered by a dysfunction within each of us? If this history of humanity were the clinical case history of a single human being, Tolle writes, the diagnosis would have to be: chronic paranoid delusions, a pathological propensity to commit murder and acts of extreme violence and cruelty against his perceived enemies, this own unconsciousness projected outward. In other works, criminally insane, with a few brief lucid intervals.

Historians have written about these intervals in history where there have been clusters of enlightened rational behavior beaming through like a sliver of hope for mankind. These are the times that geniuses and prophets crop up with marvelous enlightened information. Following these times in history, when the veils between all the dimensions are the thinnest, are times when the collective “mind” reverts back into darkness. (This is when the veil increases in density – gets thick so the mind reverts back to old “known” patterns of dysfunctional “normal”).

Once again, we are at such a heightened time when the veils are very thin, but this time we have been given more information as to what is going on and why we weren’t or haven’t been able to completely break free from the old dysfunctional mind set. It is important to realize, that fear, greed and the desire for power are not the dysfunction that we are talking about, but are themselves created by the dysfunction which is a deep-seated collective delusion that lies with the mind of each human being. These times are marked by a vital impulse towards breaking

away from existing conditions. Restlessness and a sense of change are prevalent..there is a straining to go after ideals that seem to be unattainable; the public at large is unaccountably stirred and shaken, something unseen and intangible possesses it (maybe a strong word, but certainly people feel they should be able to do more, something is keeping them in bondage). Why haven't we (collectively throughout history) been able to break free from this condition? We are ready for a radical transformation. You may call it enlightenment, but we call it finding "oneself". To recognize that something is amiss, that perhaps we are dysfunctional or insane or unbalanced is the beginning of healing and transcendence. It seems like we have been working towards this our whole life (or lives).

Now to get, perhaps to the core of the problem: What if a delusional seed cloaks and conceals truth within us? This delusional seed was planted in the embryonic membrane prior to birth.... This seed has been planted again and again since the beginning of time. The story or situation may be nothing but an old memory, passed down through the generations, but nevertheless, it still affects us deeper than we could ever imagine. It reflects how we perceive our reality on a daily basis, and this perception of reality then affects everything we do. Religions throughout history have used this "bad seed" to control us.... Religions became ideologies; belief systems people could identify with and so use them to enhance their false sense of self. Through them, they could make themselves "right" and others "wrong" and thus define their identity through their enemies, the "others," the "nonbelievers" or "wrong believers" who not infrequently they saw themselves justified in killing. **Man made "God" in his own image.** The eternal, the infinite, and unnamable was reduced to a mental idol that you had to believe in and worship as "my god" or "our god."

In spite of all the insane deeds perpetrated in the name of religion, the **Truth** to which they point still shines at their core. It still shines, however dimly, through layers upon layers of distortion and misinterpretation.

It is time to remove this delusional seed to unlock the truth that lies within. The regular cost will be \$999.00. Let's figure out what normal is.

Why do this level? Take a look at where you are in this lifetime. Look at the delusions that are prevalent all around you. Do you even know what they are? It is now time to change. Change does begin in the mind.

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