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Level 32: The Creative Conscious Authentic Self

When time began, something came from nothing. An impulse emerged—the impulse to become, to create, to evolve. This urge to take form gradually became the whole universe, eventually including you and me as we are right at this moment in time. As human beings we experience this evolutionary impulse on many levels. At the gross physical level, we feel it as the sexual impulse, the powerful urge to procreate. At a higher level, the cognitive level, we experience this same principle as the uniquely human desire to know, to understand, to create. At the highest level, the level of consciousness, we experience it as the spiritual impulse, the mysterious urge to evolve as consciousness itself. This urge to evolve is what some call the authentic self. The movement of the authentic self in each and every one of us is the evolutionary impulse that is driving the engine of creation. When you feel the irresistible compulsion to develop at the level of consciousness, you are experiencing in your own soul the same impulse that initiated the big bang. In those moments when the creative impulse manifests itself at the biological level as sexual desire, the outcome is always predetermined. When that same impulse expresses itself at the highest level, the level of consciousness, the outcome is not predetermined, that is why being alive is suddenly recognized to be such a deep and profoundly creative experience. Through our physical beings, the same impulse that initiated the entire evolutionary process is becoming aware of it and awakening to its own deepest desire, which is to become conscious. If we intentionally engage in this process at the highest level, we will find that we are literally creating the future. If you have the courage to let this energy in, you will recognize the true meaning of your aspiration to evolve. You will begin to see the precious significance of even the barest murmurings of your own struggle to become conscious. We would like to call this The Creative Conscious Authentic Self.

Have you ever observed a very young child looking in a mirror realizing that the reflection in the mirror is themselves? This usually happens before the age of 2. It is a revelation and an affliction. Children have no capacity for self-awareness. It is about this time when children become conscious of their own thoughts, feelings and sensations – thereby embarking on a quest that will consume much of their lives. The first shock of self-recognition marks the beginning of a lifelong search for the one “true” self and for a feeling of behaving in accordance with that self that can be called authenticity.

Your hunger for authenticity guides you at every age and aspect of your life. It drives your exploration of work, relationships and play. You try out friends, fashions, hobbies, jobs, locations and living arrangements to see what fits and what does not fit. As you get little older you become more focused on a career, community, belief system, and family that match their self images, or feel trapped in existences that seem not their own. Elders regard life choices with regret or satisfaction based largely on whether they were “true” to themselves.

The authentic self is also a cornerstone of mental health. It is correlated with many aspects of psychological well-being, including vitality, self-esteem and coping skills. Acting in accordance with ones core self, self-determination, is ranked as one of three basic psychological needs, along with competence and a sense of relatedness.

Can you identify your true or core self in your daily enterprise?

One of the fundamentals of authenticity is self-awareness: knowledge of and trust in one’s own motives, emotions, preferences and abilities. It is necessary for clarity in evaluating your strengths and weaknesses. Authenticity also turns up in behavior: It requires acting in ways congruent with your own values and needs, even at the risk of criticism or rejection. It is necessary for close relationships, because intimacy cannot develop without openness and honesty.

People who truly know their core truths are more likely to respond to difficulties with effective coping strategies, rather than resorting to drugs, alcohol or self-destructive habits. They often have satisfying relationships and enjoy a strong sense of self-worth and purpose, confidence in mastering challenges and the ability to follow through in pursuing goals.

In Level 31, we merged pleroma with the physical. Level 32: The Creative Conscious Authentic Self is the next vibrational level of light. This is a place where we can now look into a mirror and beyond to discover the new YOU, a multidimensionalized being of energy and light. We create a bridge or passageway to this dimension. We are given a complicated series of adjustments that have to done in a specific or that is unique to each individual.

By being a physical creation or being of light, both of which have limitations, our existence in an alienated essence is limited to the current space-time. Our creature ‘essence’ has no real validity in the true fullness of being. Our human task is to respond to the innate prompting of our nature to grow into our full potential as differentiated individuals yet at the same time to live with the deepest awareness of our oneness with the divine ground of the Pleroma. This can be done now by discovering The Creative Conscious Authentic Self.

As a result of this level, the awareness of our Creative Conscious Authentic Self broadened our world, increased our vision, unlocked the doors to our fullest potential and further opened us to possibilities we never thought of or imagined. We are becoming aware of the many forces at work in our lives – both seen and unseen. We acknowledge these forces and strive to understand

them, find our place among them and work with them, not against them. Once we accomplish and further integrate this level, we know we will have a deeper appreciation and awareness of the world, universe and the events that continue to unfold on a daily basis. We have been able to discover and embrace your Creative Conscious Authentic Self. When we looked into the mirror, we could see our true essence. Cost \$630.00

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