

Drs. Loren and Diane Mickelson

www.drsmick.com

1-206-497-5311

Level 46: Balancing the Beyond

With all the major energy shifts that have happened earlier this year causing us to not know how or what to ground to. All we knew at the time was the way we were grounding in the past was not working. It was almost like we needed to eat a bowl of gravel for breakfast instead of oatmeal.

Now that summer is upon us and it feels like we are entering another season of intense and complex energies making it difficult to make clear, concise and deliberate decisions from a neutral or centered position.

Earth itself became very unstable and that is why there have been so many earthquakes, volcanic eruptions and even the oil spill in the Gulf of Mexico comes in to the equation. Earth has needed to release various energies in order to come back to center.

With all the Earth changes, time is running out for people to make choices to go forward to a higher vibrational existence. The commitment or choice needs to be made NOW in order to progress to the next level.

For those of you who have made this choice, the energy, which is like an amplified “push-me-pull-you” sense of counterbalancing of opposite activities, forcing you to make further choices that will help bump you into yet a higher vibration. You will feel your essence shift and it will be easier for us to stay in human form. It is time for to be more comfortable in our own skin.

The choice will be made clear enough so no one will be able to miss the opportunity. Like, will you choose to live in the energy of fear or will you choose to live in the energy of love?

For those of you who have animals, some of them may have become injured or very ill over the past couple of months. One of the energetic functions of your pet was to help hold the energy of “love” until you can learn to hold and live I this vibration yourself.

Stop and think about what Mother Earth is going through. We as humans need to go forward and work with our physical bodies to help our body to assimilate to the changes that are taking place. You may have to go through various cleanses, change your diet, increase your physical

activity, get chiropractic care, acupuncture or a massage. All these things can assist the physical body in increasing the flow of energy or light.

We have worked very hard to bring every part of ourselves back together and integrate this process. We will have to strengthen our center core of energy (without making it solid), bringing in more light and energy so we do not fragment the pieces we have brought together especially since the energy time table has been accelerated as has our personal evolution in this process.

We have been connecting to Mother Earth and God, Source, or the Universe via the “Gold Light Exercise” for a very long time and this exercise remains valid. For many of you, you have sensed this exercise shift and change over the many years you have been working with it. This level expands the gold light exercise and kicks it up a notch or two. The pieces have just come into play so this can be implemented. Cost \$270.00

Copyright notice: Copyright 2010 Loren and Diane Mickelson. This information may be freely disseminated in whole or in part provided that there is no charge for the information and provided that this notice is attached. When using an edited or partial version of this material please clearly state that this is an edited version and refer the reader to the full original version.