

Chapter 10: Storm Before the Calm

Life feels like we are living on autopilot. We are preparing for something that we do not understand. It is like we have gotten in a car and started on a trip but do not have a map or destination nor can we see the road ahead but we know inside that we will be okay. This is why our life feels full on for no reason at all and at the very same time why we feel completely stalled.

We know there is something up ahead, we don't know what, where, when, or how everything will come together and fall into place. The part of us that feels just plain fuzzy and gone is in fact already in the next world helping with the construction.

It has been a time for closure, but also a time for initiation, a time for sadness, but also for rejoicing, and it has left us with a deep, deep feeling of love and gratitude and awe. Our wildest dreams, visions and beyond are currently being manifested there. **We need to monitor our thoughts carefully, and be sure to only think about what we want, not what we don't want. Lately we have been seeing the sequence of 3 numbers such as 111, 444, 333, etc.. This sequence is a sign that there is an opportunity opening up, and your thoughts are manifesting into form at record speeds.** No wonder we are so tired and this is not out of boredom. We are working so hard, while on the outside we appear to be doing nearly nothing at all.

For now, the only action that seems to work is placing one foot in front of the other and continue to breathe in and out. It is also important to move, relax and not to take things too personally. The only constant in this universe is change. It is hard to figure out what changes are important and what changes are just societal noise which has little bearing on the real paths that we need to tread. Our sense of inner direction has become an exquisite asset. Learning how to ask what is appropriate for us in more than one way for verification and to get our head (knowing) out of the way and trusting our gut feelings (inner knowing) is imperative. It is important to be where we are and not push the current too hard even though we want to.

You have a built-in navigation system or compass that helps you to navigate your daily life. At this moment in time our navigation system is outdated and our compass is not sure where "N" or North is. Our inner being has always functioned on following the emotion or direction that will bring us the most joy and happiness points the way. The majority of people do not have a conscious memory of their soul contract, you respond to what fits or feels right via ideas, instincts intuition, aspirations and conscience. During this unique time in the universe, opportunities that "fit" are arising plentifully worldwide so that not only can karmic choices be completed, but also those serve a "greater purpose." Many individuals are responding to a strong sense of responsibility to act upon what they know at soul and conscious levels is the right thing to do and the universe is presenting opportunities for them to act in alignment with their contract choices.

Because destinations in life are reached in steps or stages, your inner compass can actually point in seemingly different directions on different days. The key is to realize that the one task you can best address at any given moment is the one which is most aligned with your innermost joy.

Part of the problem with our inner guidance system is that each cell in our body is independent and does not recognize that it is part of a team that makes up your physical body. Have you noticed that if you sit quietly you can feel your cells vibrating as if it is arguing with the cell next to it? **It is like your cells have a new voice or freedom as a result of the last chapter of work and they want to be heard and given a voice (emotion) in the decisions that need to be made.**

Each cell vibrates. Have you ever heard an orchestra practicing before the concert master/mistress or conductor comes out? Each person in the orchestra is practicing and getting ready for an event that is about to happen. It is really noisy and you wonder to yourself how this will ever come together to create beautiful music. This is what is going on in our physical bodies vibrationally with each cell. All your cells are noisy vibrating like they have never done before not knowing that they are an integral part of the soul's human concert. **Think of how many cells that make up the human body... each cell playing it's own note loudly... at this point we are not in harmony with the universe.**

Our human body is changing and this is something that we can count on. Change exists because our human body is in vibrating differently, this we believe is one of the aspects of the original consciousness that underlies all of Creation. Everything in the universe springs from two complementary aspects of consciousness - thought and feeling - set into different tones or vibration.

The existence of your vibration as one of the fundamental components of Creation guarantees that change is continuous. The point of life is to experience infinite variations of expression of the one underlying consciousness, Infinite Being. We have been missing the conductor of the human orchestra.

This is your lifetime to know who and what you are. It is time for you to claim your birthright. In fact it is more than a birthright... It is not a physical lineage but more like a universal lineage, our soul-right. All the pieces are coming together, your personal vibration, earth's vibration, proper timing, astrological signs, etc. Our ever-changing world requires a primary ingredient... TRUTH. The energy levels is paving the way for more truths to come forth and be revealed. There is no specific means when this will happen because of free will and soul contracts have become more flexible.

This chapter of work offers you the baton to your cellular orchestra. We serve as your concert master/mistress, getting everything in tune and focused. Then you take the center

