

Chapter 13: Shifting the Paradigm of False Beliefs (Cycles, cycles, cycles)



Here we are celebrating the beginning of a New Year, 2015. This year we had our grandchildren over to help us celebrate. During the evening we talked about things that we had learned in the past year, honored the changes in friendships and relationships, addressed the emotions that had gone on and discussed things that we would like to do in the new year. It was fun listening to what a six and eight year old thought about and their plans for the New Year. We made popcorn, brought out feather comforters and lots of pillows because we were all going to watch movies and sleep on the floor in the living room. We had our bag of noise makers, things that pop, tiaras and hats getting ready to welcome in the New Year. We stayed up to 12:30am, which was the latest they have ever stayed up (grandparenting does have it privileges).

The past year was very difficult for us. There were a number of physical problems that occurred and we went in to a deep depression and did not have a handle on why this was happening. Some of these events were triggers that activate our different core beliefs. We looked forward to 2015, the beginning of a new cycle, a breaking away from old patterns and cycles, getting ready for the annual change. But, whoa, and how??? We were clueless on how to begin!!!

We all have done many things in the past decades to get us to this point...

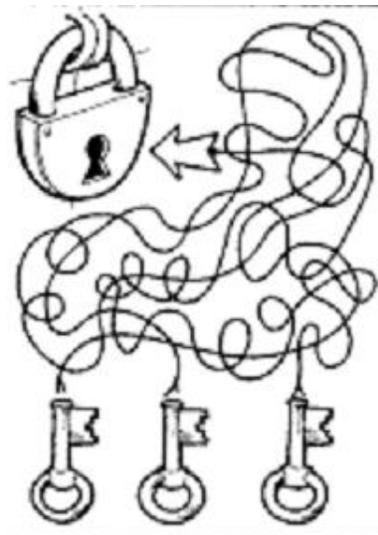
Shamanic journeys, Reiki, Mariel, Kufudo, Cleanses, Palm readings, psychic readings, Intent, Massage, acupuncture, chiropractic, Soul retrieval, Affirmations, Positive thinking, Counseling, Past life regression, Reading Akashic records, Exorcism, Psychic surgery, Listening to tapes, gurus, Sweat lodges, Beating drums, drum circles, Journaling, Bathing, showering, Saging (smudging), Candle burning, making lists, recording, burning ceremonies, Astrology, Tarot readings, Medicine cards, Angel readings, Healing jewelry, Stones for healing, protections, etc. all of which has helped each of us to get to where we are now. Ok, then, why do these various patterns, habits, beliefs keep popping back??? AND, even more, why does it only happen when we are above the grid, high vibrationally??? You know, multi-dimensionally??? This DOES NOT make sense to us... or..... didn't.....

2014 has been a difficult year for us as multidimensional beings walking between dimensions. We have no roadmap. This has not been done before. It has been fraught with reemerging patterns, beliefs, habits that we thought we had been working hard to get rid of , clear ourselves, etc. (wtf... sorry but...). We do not know what is going on, or didn't know at the time. We then started to look at all the information that we have been receiving and collecting this past year, wondering why this mis-mash of information was coming through. We started putting 2+2 together and began getting answers and putting things together. We are moving from **total conscious third dimensional beings** to **totally multidimensional conscious beings** (read this over 4 or 5 times to understand and 'get' this). We were only getting rid of the patterns, habits, beliefs in the 3rd dimension and not at the multidimensional level where *these* patterns and cycles of time and experiences reside . This does not mean that all the work that you (we) have done in the past did not work because it did work. Our 3rd dimensional bodies are pretty darned clear. *Our multidimensional bodies are at a higher vibrational rate and can be addressed now.*

One thing we learned as a multidimensional being is that we still have to work on our issues - but this time - multidimensionally. Even higher beings, guides, angels, masters, archangels, etc. have to work on their issues. How do you reach higher vibrational levels?? You work on what issues are holding you back. We need help from each other in order to get to the next step. Ah, now all that information we have been given over the past year -- now made sense. We were given the exact

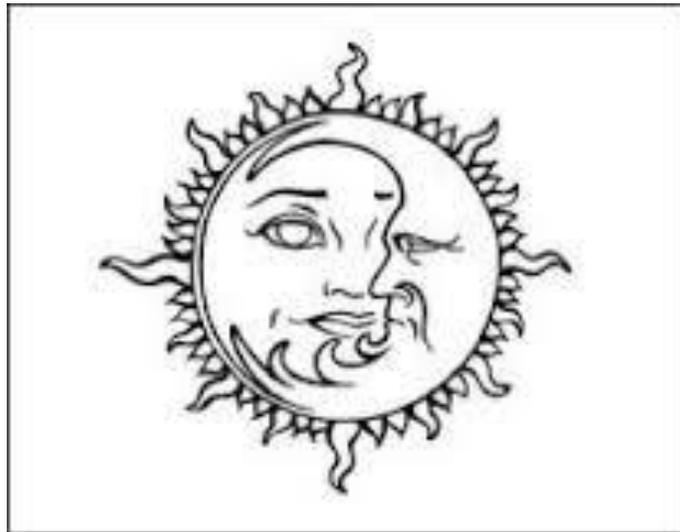
directions on how to work - multidimensionally - with these cycles... we tested the techniques on each other... what "they" say is "exact" directions, turned out to be - "Huh?" "How?" "Are you sure?" this went on and on and on, until we finally figured it out.

What we have found to be difficult is first of all being **aware** enough to **identify** the **core belief(s)** that you have been holding on to that is causing us to have seemingly repeated patterns, habits, etc. This core belief(s) has been holding you back from going to the next level. They(or it) are from a combination of lifetimes that needs to be addressed in this ascension lifetime. Remember, this is the first time we are ascending with our physical bodies. You may have been working on this belief all of your life but have not yet been able to get to the source of this false belief, pattern or habit until now. What we have learned is some false core beliefs come in bundles or interconnected mental agreements. How old were you, or cycle of life, when these core beliefs were introduced to you and how have they effected your life.



What are the inner messages that continue to haunt you and no matter what you do to release these patterns, you still have not been able to get to it's original seed. Have you been playing the comparison game, judgment game of yourself and

others, becoming a chameleon when you're around others in order to fit in, relationships, etc.?



Another major influence to us is the Sun, especially this time of year when the days are shorter and many of us experience a lot of gray days. The amount of energy streaming at us from the sun outweighs any energetic influence from the Moon, Mars, Jupiter, or any other celestial body. Our orbit around the Sun is the most powerful **cosmic cycle** that affects us. How has these many **trips or cycles** around the sun influenced us on our journey to becoming an infinite being? The ultimate consciousness behind all Creation, it encapsulates the idea of infinite, all-encompassing consciousness beyond which nothing else exists.

This chapter of work helps you crack the code to getting to the source of the patterns that we have been working on, that never seem to "go away". Included with the exercises you will also get to read each of our experiences with this new chapter of work. We have written our experiences, our "trip", "process", "journey", or whatever it is called as we each hone onto our key belief(s).... This is some of the most profound and difficult work we have ever done, but WOW!!!! we cannot believe the difference to each of us individually on our ascension journey (**remember ascension is a journey not a destination**). The exercises we provide you will truly be used again and again as we go forward on our journeys.

"Turn! Turn! Turn!"

(The Byrds Lyrics)

To everything - turn, turn, turn
There is a season - turn, turn, turn
And a time to every purpose under heaven

**A time to be born, a time to die
A time to plant, a time to reap
A time to kill, a time to heal
A time to laugh, a time to weep**

To everything - turn, turn, turn
There is a season - turn, turn, turn
And a time to every purpose under heaven

**A time to build up, a time to break down
A time to dance, a time to mourn
A time to cast away stones
A time to gather stones together**

To everything - turn, turn, turn
There is a season - turn, turn, turn
And a time to every purpose under heaven

**A time of love, a time of hate
A time of war, a time of peace
A time you may embrace
A time to refrain from embracing**

To everything - turn, turn, turn
There is a season - turn, turn, turn
And a time to every purpose under heaven

**A time to gain, a time to lose
A time to rend, a time to sew
A time for love, a time for hate
A time for peace, I swear it's not too late!**



We saw this ceiling light hanging in a shop that had layers upon layers of plastic strips that to us looked like the restrictive bands. These bands were like the cycles that seem to be binding **OUR** light from shining outward from the center of our being to the universes beyond. If you choose to do the chapter, you will be removing these bands or cycles, letting your light shine.

Cost: \$1070.00 (this chapter will continue as things are revealed to you and will be extremely time consuming for the both of us)... If you have any questions, please email us at drsmick@drsmick.com or if you are “committed” to doing this work, **go to your PayPal account, enter our PayPal account information, drsmick@drsmick.com, choose friends and family and put in the above amount.**

