

# Mickelson Muse

**From our state of deep thought or dreamy abstraction.  
No. 4, May 2003**

Greetings, friends....

We are going to start off the May Newsletter with another original writing

## **TO THE MERRY MONTH OF MAY From rrrramblin' cj of the North**

**Spring comes slowly to the North, we wait and wait and wait.  
On the news we see reports from any other State  
where colors predominate the land  
from blooming flowers and trees at hand.**

**But that's not so for those of us still recovering from the cold.  
Then comes May, wonderful May, and the change in nature is bold!  
Thousands of blossoms flower just one tree; it's amazing to behold.**

**The scent of lilacs fills my soul, I scarce can take it in.  
The entire landscape comes alive; I can't resist a grin!  
Fields of rich, black earth emerge with sprouts of living food.  
Add blue skies with a beaming sun, it can surely lift one's mood.**

**So begins life's cycle after a dormant rest, I see,  
like answered prayer - reliable, but in it's own time -  
this is patience rewarded. How lucky can I be?**

**Colors, scents, and warmth refresh and renew us. Bask and Rejoice!**

We really love the way this wonderful person expresses and captures exactly how we feel. Since writing prose is not one of our talents, we are blessed to have folks in our lives that are.

It has been a rather wild spring so far... it seems that you almost get a grasp on what is going on, and, bang, it all changes. For that reason, we have developed a workshop titled, "How To Protect Yourself in This Unsettled World". We will be giving it in June in East Texas and, perhaps, if enough interest... in MN in July. Let us know if you are interested.

The workshop, “Always Ask Your Body” (the one we have developed for the general public) has been tested in Dallas. It is a workshop for anyone interested in learning how to go within for answers. In the workshop we teach people how to tap into what each person’s body (higher self) wants as opposed to what everyone else thinks is best for that individual. The emphasis is how to gather information (non-judgementally), then how to ask your body what is best. The workshop focuses on weight, addictions and/or messages you’ve received all your life that make you up – but aren’t necessarily who you are. If you are interested in the workshop, let us know.

The topic this month is going to sound a little strange, but is a topic we’ve been continually asked about. Soul Placeholders.... We’ve heard about Ruth Montgomery’s Walk In/Walk Outs for years. This phenomenon has apparently been happening more often than people realize. Many times a person is just tired of being here in the 3<sup>rd</sup> dimension and know they cannot commit suicide (against Universal Law), but can leave by “soul transfer”. Another soul who wants to be here will come into the body and the one who wants to leave crosses over. This is neither against Universal Law or is karmic. The soul that leaves, of course, may have unfinished balancing or “business” to complete in the next lifetime, but doesn’t collect negative karma by leaving. Many schools of thought think that it is only a very high vibration soul that walks in... another school thinks it is a lower vibration soul. Actually, it depends upon the soul leaving and the soul agreement between the two souls... it is very, very individual. Another time of soul transfer is when a person is near death, sometimes, ... a “Placeholder Soul” (whose purpose is to guide the body in closing down) comes and takes the place of the soul before the body dies. Sometimes a complete personality change takes place, but not always. Because memory is stored in the physical body, this “Placeholder Soul” will be aware of the body’s lifetime’s experiences. Many times, if you ask (on a soul level) what the Placeholder’s name is... the soul will tell you. The reason we are writing about this is two-fold. One, to be aware that folks around you might be doing some soul transferring. Two, if you have someone in the death stages, the soul of the person you knew might have already left (crossed over) and a “Placeholder Soul” (who doesn’t feel pain or agony) may be in place.

These are certainly interesting times, don’t you agree? Joel Smeby from St. Paul, MN, wrote me an email:

”I know this song, the second verse starts "What a wondrous time is spring, when all the trees are blooming"

It is a wondrous time. Spring. It rained all weekend. Today is the reward. Life is bursting out of everywhere. It is sunny and wonderful. The greens are green and the flowers are coming and trees are in full bloom (many of them at least). Last night the sunset, through the rain clouds was wonderful also.

It is wondrous. Which makes me think, why do we have to specify that this is a wondrous time, does that mean other times are not wondrous. Winter is wondrous, the plants protected, the snow, each flake different, the crispness. Summer and Fall have their points. Maybe all seasons are wondrous, if we take the time to look. Maybe all days are wondrous, if we

take the time to look. Maybe every moment is wondrous. Maybe I need to take the time to look. The feel of the keys of the keyboard as I type. The chair against my back. The tickle of my hair  
And another song comes to me. "Slow down, you go to fast, gotta make the moment last now"(sic)  
Living life at 5mph.  
Easier said than done. But so very important. Maybe that is the wondrous thing about days like today. It reminds us to slow down, and appreciate what is, and look of what is in every moment."

Sort of makes a person think, huh? It is all about living in the NOW.... Appreciating every single moment. Not getting caught up in the past... or thinking too much about the future .... To forget live in the moment.

#### "SECRETS OF PSYCHIC SUCCESS"

- Avoid distractions: Don't take side trips - that is, pay no attention to useless items, like traditions and popular opinions.
- It is also useless to wonder whether you can make it or not; keep trying.
- It is pointless to chase from one teaching to another; seek within yourself.
- Never mind what other people do with their lives; do what is right for you.*THE DAILY GURU*

Have a good month..... Loren and Diane

That is about all for this month. Do check out our web site, [www.drsmick.com](http://www.drsmick.com) We've added quite a bit lately. If you have checked it before, remember to "refresh" the site (and each page) or else you won't get the new and improved (?) stuff.

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