

# Mickelson Muse

**From our state of deep thought or dreamy abstraction.**

**No. 29, December 2006**

## **Well, Happy Holidays.... It is that time again, huh?**

We hope this newsletter finds all of you healthy and happy. What a wild year this has been culminating in some wild weather here in Seattle. It has (had) been quite a while since we have had rain, actually since April.. then – wham... nearly 16 inches in November. November usually has about 6 inches.... Then, another wham... snow, ice, hail, lightning and thunder (during a Seahawk and Packer game here) that nearly closed down the state. Nothing average, nothing normal. That is how most of us can describe our lives also. What a ride it is...

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## **Healing the space after you clear, clear, clear**

So many of us have been consciously working on “going” forward... working on clearing old patterns, old hurts, old traumas, old habits, old blockages, some from this lifetime and some from previous ones, basically working on everything that happens to us. Every time a person gets a pain or a twitch, you are told “just release it”. “Clear the blocked energy.” “It is from a past life and you need to process or release or whatever....” “It is happening for a reason”. “It must be karma”. Need I go on? Could there be another answer? Perhaps, maybe sometime, it may be a physical problem that is JUST physical. Maybe it is an area that needs some kind of physical attention that has nothing to do with the metaphysical. Perhaps, you have cleared that area of old stuff, old patterns, energy blockages, etc. and now is the time to “heal” it physically. Maybe... just maybe that injured area was “held up” and “supported” by the blockages somewhat like a brace holds up and protects an injured, let’s say, knee. Once the brace is removed you may have to have physical therapy to do on the knee. Again, maybe the blocked energy protected and supported an injury to your spine or hip. Once you worked out the reasons for the blocked energy and released it... your spine or hip or whatever might need to see a chiropractor, an acupuncturist, a massage therapist, a physical therapist who all work on physical injuries. You may have to see a (gasp) MD to have X-rays or an MRI taken of the area to formulate a healing plan. For many of you that have worked, and worked, and worked and still have pain, etc., you might want to look at the fact that this time, it might not be a past life issue, or an energy blockage, or any other metaphysical reason... it might be that all that work has now finally unearthed something that physically needs attention.

Going along this same vein of thought... We know that many of you are walk-ins.. and you have inherited a physical body that may have some “healing” work to do on it that has nothing to do with your “path”. It is like purchasing a used car.. sometimes you have

to get things repaired that had nothing to do with the way you drive or maintain a car. You bought a used car. When you walk-into someone else's body, you also inherit any physical ailments or problems that body has, so you may have to take some time to do some physical healing.

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### **Jewelry Information**

Along a totally different subject... folks have asked us what the difference is between faceted stones and tumbled stones. Faceted stones, according to Melody in *Love Is In The Earth*, can determine the direction in which the energy flows from a stone. The angles and shape of the facets will give direction to the energy. This is also true for the faces of natural or natural crystals. It should be noted that when a stone is faceted, the energy is somewhat smoother and the magnitude tends to increase. However, as long as one is working in the realm of light and love, the faceted form of any mineral will not be over-intense or over-powering; one's capacity tends to adapt with the amount of energy available. Tumbled stones are ones that have been tumble-polished to smooth the configuration. The new shape will exhibit all the healing properties of the stone, but won't be magnified by the facets of a faceted stone. Stones that are cut into bead shapes will fall into the same category as tumbled stones.

Loren uses faceted, tumbled and bead shaped stones in his jewelry depending upon what and whom the piece is intended for. He started out with a Healing Line (which he is adding a few pieces to), and is now working on a new line called Relationship/Heart Jewelry. **Check the website for the new entries.**

Feedback:

“Today, I work the necklace you made. It was very comforting in vary subtle ways... healing, I would say. I can feel your presence within the energy of the necklace. How special am I to have that experience!” From BJM

“Since I have been wearing the necklace I feel less stressed, and more centered and grounded. I feel more at peace. I also have been sleeping better.” From LS

“While I am wearing the necklace I feel safe. My ability to focus on tasks has increased or my thinking is clearer. I just love it.” From SK

“I was having trouble staying in my body. Since I received the necklace I have found that it has been easier to stay in my body, stay centered, balanced and grounded. I have been making fewer mistakes.” From TA

“I got the necklace in the mail about 15 minutes ago. I haven't felt energy this strong before, except maybe when you worked on me in person. I can feel it moving through my body already. It started at my neck, and moved up into my head, and now I feel it moving down through my shoulders and arms. It's an interesting feeling... I can feel almost a pressure in spots, and it almost feels like a knot is forming like a Charlie horse,

and then it's like it pops and that spot is way more relaxed than I thought it could be. I also feel high as a kite. I'm going to go relax and just enjoy the energy for a while".  
From BK

"Whenever I get brain-overloaded, can't think a logical thought and am stressed to the gills, I put the necklace on and very gently I get calm, collected and much less stressed. I just love the necklace!" DS

"I find that it has been easier to stay above the Veil of Fears. I have been sleeping better and have more stamina during the day." From CG

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**Something to think about.... No answer(s)... just some good ol' pondering.....**

**An event or a belief system?**

I was reading a book the other day.... A really good mystery by Jim Butcher. The characters were discussing events that were happening and one character mentioned that it may be the beginning of the Apocalypse. The person he was talking to had a unique way of thinking about it. He said, "The Apocalypse, as you refer to it, isn't an event. At least, it isn't any specific event. Apocalypse is a frame of mind. A belief. A surrender to inevitability. It is despair for the future. It is the death of hope. And in that kind of environment, there is more suffering. More Pain. More desperation. More power concentrated on fear."

**Have a happy and joy filled holiday season,**

**Loren and Diane Mickelson**

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