

Mickelson Muse

From our state of deep thought or dreamy abstraction.

No. 35, April 2008

Can you believe it? Two newsletters close together.... we are on a roll now!!!! As we stated last month, information has been coming in at an alarming rate... so much, it is difficult to disseminate, put into categories and then try to make sense out of all of it. This is a long one, -- come on, we can hear the groans from here.... Copy it off, take your time, there really is a lot of good information, take the pieces that fit, discard the rest.

First of all, we want to talk to you about us... it is easy talking about what we do, but not necessarily about us.... We've had some instances recently where folks will say I don't believe in the two of you. Now, isn't that strange? What about the two of us? The way we look? The way we talk? The way we dress? Huh? It turns out, they don't believe in everything we do or talk about. Haven't they been listening? In ANTHING (reading listening, etc), a person should take **ONLY** the pieces that fit and ring true to them personally. We are aware, believe me, we are aware that some of the things we talk about and do are way, way, way "out there". We are just the messengers of a lot of information meant for lots of different folks... some of it will be for you, some of it won't be. For heaven's sake, take the pieces that fit, discard the pieces that don't. As you read the newsletters or website or whatever, not everything will ring your bell. Go back and read about discernment in the last newsletter. Use discernment about what we write, also. Does the work we do define who we are? I hope not because the work we do is only a part of who we are. Not believe in us? Why should you? We are information givers, we also facilitate healing, but never did we intend to have folks believe "in us"... we are not gurus, just a couple of normal folks who happen to get new information and new techniques along the way. Evidently, we "signed" on to do this prior to this lifetime (we often question this, believe me). So, take the pieces that fit, discard the rest.

Now, down to what is on hand for this month:

Boundaries, Boundaries, Boundaries

Boundaries as defined by Wikipedia, "A boundary encloses a region of space, a territory, and/or an area. Something enclosed by a boundary is 'bounded'." There are four types of boundaries that develop in human beings: physical, sexual, emotional and spiritual. Physical and sexual boundaries are external, while emotional and spiritual ones are internal mechanisms. These may be further described as: (CCR Home page)

1. Physical boundaries, "I have the right to determine when, where, how and how is going to touch me. I have the right to determine how close someone is going to stand next to me."
2. Sexual boundaries, "I have the right to determine with whom, where, when and how I am going to be sexual with someone."

3. Emotional boundaries, “What I think or feel or do or don’t do is more about me than it is about you. Conversely, what you think and feel or do or don’t do is more about you than it is about me.”
4. Spiritual boundaries, “I have the right to think and believe as I do, I need only face the consequences of my thinking.”

Allowing a person access to ourselves, inside our boundaries, is a gesture of trust and intimacy. Boundaries offer protection.

Healthy boundaries allow a person to experience a comfortable interdependence with other people, resulting in (usually) functional relationships and positive self-regard. Damaged boundaries operate inconsistently and often dysfunctionally. They are the result of mixed messages and often abuse and are usually related to abusive relationships in the individual’s family of origin and/or relationships of choice. Sometimes people erect walls. Walls protect the person who has constructed them but do not let anything in or out. This person lives in a state of loneliness, perhaps protected, but also prevented from establishing trusting and intimate relationships. People with walled boundaries have generally been deeply hurt by others and have erected barriers to prevent being hurt again by other’s actions, thoughts and feelings. ‘No boundaries’ is the opposite extreme from walled ones. A person with no boundaries is unable to prevent unwanted intrusions and may be unaware that it is possible to do so.

Boundaries, some are very real and tangible, like the fence that runs along your property. Others are inside you, determining what you do, what you don’t do and what you will tolerate others doing to you. A great deal has been said about people who have no boundaries and cannot stand up for themselves and how they are victimized by others. These people have not established those invisible boundaries of commitment to self; clarifying to themselves what they will and will not tolerate. However, there are another set of invisible boundaries that must be honored, much like that fence showing the limits of your yard. And these are other people’s boundaries. The fence that keeps your neighbor’s dog out, also keeps yours in. Boundaries work both ways. They prevent people from invading our space and they prevent us from invading the space of others. By not knowing our boundaries, not only don’t we know when our space is being invaded, but just as importantly we don’t know when we are invading the space of others. It is not until we understand this dual nature of boundaries that we can begin to be truly safe. This is especially true when the issue of “defending our boundaries” comes up. While it may sound absurd, many incidents have escalated into violence because the ‘victim’ invades the attacker’s space. At its most basic level, your right to defend yourself stops at your boundaries. Proceeding beyond this point makes you the aggressor. (Meaning... you can protect your boundaries, but remember that others get to protect their boundaries, also).

Boundaries distinguish each individual’s ‘territory’, the place where personal responsibility begins and ends. The self is the only area over which an individual has any control. Angry people and codependent people both have weak boundaries. They do not control themselves. This is unfortunate. Loss of boundaries, loss of control, loss of choice, loss of freedom, loss of self are a package deal. You are personally responsible for everything inside the boundaries that define ‘me’ from ‘not me’. Everything!!! You are responsible for your

feelings, your values, your behavior, your thoughts, choices, insights, beliefs, limits, everything!!! That is fortunate. Why wouldn't you want to have control over all these? Would you trust someone else to raise your children? To choose your wardrobe, your furnishings, or your mate? To run your business, your home, or your marriage? (Getting the idea yet?) Because you set the limits, you are personally responsible for protecting yourself. Your duty to yourself is to take care of yourself and not allow others to trespass. This includes cultivating your ability to say 'no' to others even if your actions disappoint them or hurt them. The good news is that since you are responsible for yourself, other adults are responsible for themselves. They have to deal with your limits. You have to deal with theirs. At times, people have difficulty with this concept. You are responsible for your feelings, your happiness, your guilt, your shame – your everything. It is not up to you to make another person happy, but it is up to you to feel happiness yourself. Another person can't make you feel guilty – only you can make yourself feel guilty. You, yes you, are the one in control of everything within your boundaries. Now, others can invade your "space"... sometimes against our wishes and even with our good boundary setting – this is not the topic here. We are just talking about setting boundaries for ourselves, not out of fear or others but out of love and respect for ourselves. The purpose of having boundaries is to protect and take care of ourselves. Some folks think that setting boundaries is a more sophisticated way of manipulation. Setting a boundary is not an attempt to control the other person, it is a part of the process of defining ourselves and what is acceptable to us. The difference between setting a boundary in a healthy way and manipulating is that when we set a boundary we let go of the outcome, we are taking care of ourselves, PERIOD. Setting a boundary is not making a threat, it is communicating clearly what the consequences will be if the other person continues to treat us in an unacceptable manner. It is impossible to have a healthy relationship with someone who has no boundaries, with someone who cannot communicate directly and honestly. Learning how to set boundaries is a necessary step in learning to be a friend to ourselves. It is our responsibility to take care of ourselves, to protect ourselves when it is necessary. It is impossible to learn to be loving to ourselves without owning our self and owning our rights and responsibilities as co-creators of our lives. If you look outside yourself for self-definition and self-worth, you are giving your power away and setting yourself up to be a victim.

Signs of Healthy Boundaries

- Appropriate trust
- Revealing a little of yourself at a time, then checking in to see how the other person responds to your sharing
- Moving step by step into intimacy
- Putting a new acquaintanceship on hold until you check for compatibility
- Deciding whether a potential relationship will be good for you
- Staying focused on your own growth
- Weighing the consequences before acting on sexual impulse
- Being sexual when you want to be sexual
- Maintaining personal values despite what others want
- Noticing when someone else displays inappropriate boundaries
- Noticing when someone invades your boundaries
- Saying "No" to food, gifts, touch sex you don't want

- Asking a person before touching them
- Respect for others, not taking advantage of someone's generosity
- Self-respect, not giving too much in hope that someone will like you
- Not allowing someone to take advantage of your generosity
- Trusting your own decisions
- Defining your truth, as you see it
- Knowing who you are and what you want
- Recognizing that friends and partners are not mind readers
- Clearly communicating your wants and needs (and recognizing that you may be turned down, but you can ask) also, communicate without blaming when you feel your boundaries are being violated.
- Becoming your own loving parent
- Talking to yourself with gentleness, humor, love and respect

You can set your boundary by doing the Gold Light Exercise (listed in our website). This is really the easiest way, but use whatever feels right to you. Find your own boundaries... figure out what is acceptable to you. This is personal – no one can determine your boundaries, only YOU can. OK, how do I set my boundaries?

- Ask directly for what you want. This shows who you are to others.
- Nurture yourself and your integrity. This creates an inner, intuitive sense that lets you know when a relationship has become hurtful, abusive or invasive.
- Be objective about other's behavior onward you with getting caught in their drama.
- Maintain a bottom line, a limit to how many times you will allow someone to say no, to lie to you, to disappoint you or betray you before you will admit the painful reality and move on.
- Change the focus of trust from others to yourself. Don't put yourself in someone else's hands or expect infallibility. Trust that you can allow others to be normally human and still have satisfying intimacy.

Here are some examples of setting boundaries:

- "You don't have a right to tell me what to think or invalidate my feelings."
- "Don't vent your anger on me."
- "This is mine; you don't have a right to use it as yours."
- "I won't accept your belittling jokes, your criticism or your condescending attitude toward me."
- "I won't be disrespected, if you won't respect me then stay away."
- "Keep your hands off me."
- "Stop doing that, or I'll leave" (or report you, file charges, etc)
- "Don't try to tell me what to do."
- "If we're going to have a working relationship, I need honesty, respect and equality,"
- "I need to communicate when we have a misunderstanding."
- "I need openness and sharing in a relationship, your withholding is making our relationship not satisfying to me:
- "I need space."

Now we have set our boundaries and can protect ourselves against known or conscious boundary invaders, what happens when someone invades or attacks us either consciously or unconsciously by thought?

Psychic Attacks

What is a psychic attack? It is the assault upon your aura/energy field without your conscious permission, by another person, place thing or group. Psychic attacks are common. We are all exposed to them. In fact, they might be responsible for many of the neuroses we see in our daily lives. Dr. Bruce Goldberg writes that “only about 10% of psychic attacks are due to metaphysical sources such as poltergeists, black magic and demonic spirits.” This is not to say these don’t happen, they do, but much more prevalent are the conscience or unconscious thoughts. Most people (but not all) don’t even know they are attacking you. Usually, it is the person thinking negative thoughts about you for some reason (you received the promotion, you won the lottery, you found the ideal person, you are prettier or more handsome, you have a better body, you got into their lane of traffic, you may have said something they disagreed with, etc.) This person may be consciously or unconsciously sending you “bad” thoughts – it really doesn’t matter to you as the receiver. Psychic attacks are defined as the manipulation of energies and forces. They occur when negative energetic vibrations are sent from one individual to another individual or place creating disturbances in the energetic and physical bodies of the person or place. Not everything that’s considered difficult in a person’s life is the result of a psychic attack, but psychic attacks do happen and they happen more often today than ever before (probably due to the thinning of the Veil of Fear). You will hear some people say that negative energies and psychic attacks don’t exist and cannot happen if you don’t believe in them or give them energy by paying attention to them. This is not true. Problems can and do happen as a result of negative energies/psychic attacks.

Signs or symptoms of Psychic Attacks

- Suddenly acting totally out of character
- Major changes in behavior for no reason
- A loss of memory
- Major changes in clarity of thinking or analytical ability
- Sudden ongoing fatigue for no apparent reason
- A drained feeling
- Icy cold feeling on part or all of your body
- A clenched knot feeling in your stomach
- Anxiety and panic attacks
- Depression
- Out of character pessimism
- Victim mentality
- Recurrent or frequent nightmares
- Strange or recurring accidents
- Feeling someone is watching you
- A discomfort or fear in a specific room or area in your home or office
- A loss of self-confidence
- A sudden loss of energy
- Sudden illnesses that elude diagnosis

- Sudden illness that cannot be explained
- Feeling someone touch you or bump into you when nobody is present
- Sudden or irrational difficulties with finances or relationships
- Imagining monster, animals or frightening shadows
- Visions or hallucinations
- Irrational fear, anger or sorrow
- A negative obsessive thought, desire or fetish that won't go away
- Wake up with unexplained bruises
- Foul odors appear.. perhaps footprints where you know no one has walked

You can be immune to any psychic attack if you have learned how to protect yourself. It is difficult for anyone to penetrate an aura that is healthy and strong. Psychic attacks can have a wide range of effect from low to medium to high. The symptoms or changes in health or behavior can also range from low to medium to high. Not all health problems or behavior changes are caused by psychic attacks since there can be so many causes for the same symptoms. Confusion often exists when other physical and emotional difficulties are present in an individual's life. It is important to carefully assess all possible sources for the difficulties including physical factors, energetic factors and emotional factors. Use all five senses to investigate what is going on. After you determine it may indeed be a psychic attack, you can clear the attack by doing the Gold Light exercise (ground yourself first); by smudging; by prayer or meditation (asking for help); by sending the attack back to the person(s) it originated it (do this after you do the Gold Light Exercise) – you don't need to know who sent it. The big thing is not to be in fear or judgment... It happened, get rid of it. Release "it", release the fear. Keep it uncomplicated, keep it simple. You have the tools and ability to get rid of it. If you have pain in a particular place on your body, rub arnica or trammel on it after you clear yourself of the unwanted "stuff". Folks who have been working on themselves, clearing old patterns, increasing their vibrational light, and decreasing their density – also emit brighter "lights". By being "brighter" these individuals also cut off 'food supply' (negativity) to darker individuals who feed off negative emotional energy vibrations. You may find yourself a target with a big bull's-eye for attacks. Because you are so bright, you may also be a magnet for displaced energies. For example, you walk through a crowded mall, you start energized and by the time you leave you are drained.. or perhaps you visited someone at the hospital or a nursing home... you go home drained....Sooooooooooooo ----

How do you prevent attacks from happening? Do the Gold Light Exercise everyday, surround yourselves with Light... Try to stay centered. Call for help from your guides or a higher being to help you if you need to. If you have an area of your home or office that just feels uncomfortable, smudge that area or make some Magic Spray (on website under Resources) and spray it around. Both of these things will clear an area. The biggest thing to do is the first one mentioned... do the Gold Light Exercise (by doing this you will automatically surround yourself with Light. If your guard is down and you think you are being psychically attacked

- Drop any nasty, mean or bizarre thoughts. Hang up! Disconnect! Shake Free! Disown any yucky thoughts.
- If it is dark, turn on a light. If it is nice out, go get some sunshine.
- Go into meditation or prayer, ask for help
- Mentally remove any darkness around you

- Get up and move around
- Shut off your imagination and focus on the here and now. If in fear, own it, let it go
- Go take a drink of water
- Breathe, breathe, breathe... think your body bigger
- Distract your mind with a book or magazine or even turn on TV
- Keep surrounding yourself with Light... keeping doing the Gold Light Exercise
- Take a shower, breathe, breathe, breathe

So what happens if you do all that and, although you feel better, you feel drained of all your energy? You may be in the presence of a psychic parasite or energy vampire.

Energy Vampires

What are they? “When you think of vampires (Jodi Wetherup writes) do you automatically think of the old Bela Lugosi stereotype? Although similar in some basic level, energy vampires are not like those pictures in Hollywood. Energy vampires, rather than drinking blood, feed off of a person’s energy field, often without knowing they are doing so. If you have read “Insomnia” by Stephen King, you will notice the two main characters use other’s energies to help them battle the evil Atropos. If there is a person in your life that leaves you feeling utterly drained and exhausted following a visit, or an outing, this person may well be an energy vampire. He/she is literally using your energy to keep themselves going at a fast pace. Often, although he/she won’t know that they are doing this, they will experience a brief rush of adrenaline – and though consciously will not put two and two together, sub-consciously it will be realized.”

Energy vampires deplete your positive energy like real vampire slurp blood. These leeches drain your positive energy, leaving you drained and listless. They intrude on your life, ignoring boundaries and privacy. They make big deals out of nothing. These psychic perpetrators are often called “drama queens” or “drama kings” because they can easily turn a broken fingernail into a Shakespearean tragedy. These sob sisters always consider themselves the victim. The world is always against him/her and they will recount every horrible thing that has ever happened, wallowing in every perceived slight. The charmer is a constant talker or joketeller who has to be the center of attention. The blamer does out endless servings of guilt. Negative energy spreads from everyday events. They complain constantly about their partners, jobs, children, bad luck, and illnesses. Energy vampires like to vent. They criticize your hair, appearance, job, children, partner, friends and pets. These parasites don’t take “no” for an answer and certainly don’t consider your needs. Some of them are unrelentingly negative. Their negative energy is unrelentless and drains your positive energy by encouraging you to be negative, too. They will blame everyone else for their problems, taking no responsibility. When you talk to one of these individuals, you will begin to feel depressed, exhausted or sad. They come in all shapes and sizes; loud and aggressive, soft-spoken and shy, charming and seductive, pushy and overbearing. Energy parasites have energy leaks that they need to fill. Often they don’t even realize they’re bleeding you dry. They just know they feel better around you.

In an article about energy vampires, Laurie Pawlik-Kienten suggests some ways to stop energy vampires:

- Limit the amount of time you spend with the energy vampire. The less time you’re together, the less positive energy you will lose.

- Learn effective ways to end conversations with energy vampires (I only have ten minutes to talk)
- Stay calm and detached from energy vampires. Don't let their negative energy consume you.
- Be honest about your needs (I need this time to work, read, relax, exercise)
- Refrain from attempting to rescue them or fix an energy vampire's problems.
- Practice walking away from energy vampires; the more you do it, the easier it gets.
- Limit eye contact with them.
- Avoid being in close spaces. Negative energy is catching.
- Define and guard your personal space.
- Tell them you feel uncomfortable discussing particular people or circumstances.
- Stand up for yourself and your boundaries. Your time, positive energy and resources are precious and should be closely guarded from energy leeches.

Basically, healing yourself after a "feed" or encounter with an energy vampire is as simple as grounding your remaining energy and drawing energy up from the earth. (This exercise is in the Resource section in the website). Although you may still feel slightly groggy or even a little queasy, it will have begun the healing process. Take deep breaths and check to see that your boundaries are in place and your energy intact.

Another precaution you can take against psychic attacks against you personally or the psychic perpetrators (energy vampires) is to have us create a personal orb of energy for you. This work is listed under "Other Services" on our website.

Do remember that we play all roles – you may have good boundaries, but you also have to make sure you respect other people's boundaries. Remember you may be aware of being psychically attacked, but negative thoughts about another person can also be a psychic attack towards this person. (For example, you have had an argument with someone and later you keep thinking of all the ways you could make the other person wrong; when another car pulls in front of you and you flash them a "sign"; or after waiting in line to purchase something, the person ahead of you can't find their billfold, money, coupons, etc. and you have to wait even longer and your thoughts, well, aren't positive. These are all psychic attacks.) If you find yourself always being drawn to a person because they make "you feel so good and comfortable" make sure you have good energy boundaries and aren't drawing energy from them.

Quote of the week from Andrew Cohen fits quite well into our psyches right now:
 "Changing the World from the Inside Out

Nowadays, with the advent of global warming and the palpable fear of conflict and upheaval, we have become focused on the question of survival. Most of us are concerned with the figuring out how we are going to make it through the tremendous challenges that are facing us. And all things considered, this makes sense. But there is an enormous difference between being concerned with how I or we are going to survive and thinking seriously about how I or we are going to actually *evolve* at the deepest level. Survival and evolution are not necessarily the same thing. It's easy to experience concern about our survival, but to experience the urgency about the necessity for higher development that is felt in the deepest part of ourselves, in the soul, is another matter altogether. Wanting to evolve at the level of consciousness is not merely wanting

to survive, it is experiencing a spiritual motivated need for vertical development to occur on an individual and collective level in such a way that the world as we know it changes dramatically from the inside out.”

Level 23: Repairing the Shattered Heart Chamber

With all the changes that are taking place around us politically with our country and other countries we are finding it extremely difficult to find the truth with the actions that have been taking place. If a person makes decisions totally from their head or their emotions, appears to be correct. Think of the trauma that happened on “911.” The energy of “911” keeps being brought up again and again to keep a lower vibration strong and to keep people locked in the old paradigm of fear. When “911” is brought up, have you ever felt a deep ache in your heart? Sometimes this ache is so strong we have wondered if there was something physically wrong with us.

In looking at this closer, we have discovered our hearts had been shattered into fragments and sub-fragments. It appears as though our chest area and heart was sprayed with a chemical like liquid nitrogen which freezes the tissue solid, then shattered into a billion pieces. It is like our hearts were imploded to the extent that we were scattered over thousands of miles depending on how strong the wind current was. This was another form of control and a way to keep us from achieving life’s purpose. This originally happened eons ago but appears to have happened many times.

In the early part of 2002 an energy gate opened and at that time **some** of the energy blockages were released from around your heart, as well as from the back of your head. These blockages were originally designed to keep your energy dense and hold back our conscious connection to God or Source until a certain vibrational rate was met. It was not until these blockages were removed with our increased vibrational rate that we realized something was amiss. That certain vibrational rate now has been met as a result of the last few levels of our work and other work that you have done. Now we have a good look at the damage that was done eons ago. No wonder we have had difficulty this lifetime. No wonder, no wonder, no wonder.....

We can now rebuild the heart area and through the exercises provided, assist you in opening the various chambers of your heart as well as the rib cage, lungs diaphragm and any other parts of your body that was imploded along with your heart.

We all have been working very hard at operating from a neutral state **without judgment**. Our logical mind has a tendency to work in a polarized way – light/dark, right/wrong, left brain/right brain, hot/cold. In the past most people have set their intent (prayed/meditated) for what “should” or “should not” happen. The way our world works requires that when something is created with a charge in one polarity, the opposite must be created as well, to balance the charge. By having the heart chamber put back together, we will be able to set our intent, prayers or feelings in a non-polar way. Words are not applied to our intent, only feelings. This way of setting our intent invites us to feel the appreciation and gratitude in our heart center as if our intent had already been answered, even if the world appears to show us otherwise.

When your heart is fully open and functioning, there will be no such thing as disagreement. There are simply infinite variances upon the same, one theme. You have the ability to get into

the rhythm of the “One” heart beat, and your heart begins to beat in rhythm with this simple truth. You do not have to expend your personal energy policing and judging things. Your time and energy spent in this way can be re-allocated to other endeavors.

The shifts and changes are born of a higher vibration and can only begin manifesting when humankind lets go of its addiction to ego-centered control and simply begins to flow as it was originally designed within you. Your heart and other hearts are opening and becoming knit-together through an unknown form of communication. With this realization, we are gaining another piece of ourselves that will get us another step closer to finding out who we really are. You will begin to see old things as never before. The only thing you will need to change is how you perceived things in the past.

The vibratory rate of Earth has reached such a velocity that our brain and nervous system has had a difficult time keeping up. You may have noticed that there has been an increase of nervous disorders and deaths that are said to be caused by heart failure. Be assured, your heart does not fail, it simply chooses whether or not you are ready to change to match this new vibration or you are choosing to depart your world to seek another one that is more suited to your need. We were watching a television show this week where they were trying to make water less dense. The purpose in doing this was to allow an object to be dropped onto the water without smashing the objects that was being dropped. The way they solved this problem was to add air bubbles to the water, making the water less dense - the more bubbles that were added the less damage was done to the object being dropped to the surface of the water. Compare this to thinking your body bigger... The larger the gap that you can imagine between all of your cells, the easier it is to assimilate the vibrational rates being sent to us or as the Earth's vibrational rate adjusts, it is easier for us to adjust to this shift. This will help you get with the flow of everything. (You could even do this exercise while you imagine yourself floating in water with air bubbles coming up from beneath you; this sounds like fun to me.)

When your heart chamber is allowed to assist you in orchestrating your life rather than your mind, everything becomes more in tune with like energies. The project that you have chosen to do, and the individuals you will be working with, will be a part of the same vibration. You will all be on the same page working toward the same goal. When more people shift their belief system to this new way of thinking, and begin to live according to that belief, conflict will begin to fade. Your life will be more fluid.

How many of you have gone on a vacation that you have planned and scheduled every minute of your vacation time? We have done this only to have things come in the way of original plan, like cancelled flights, missed plane connections, someone getting sick, get stuck in a snow storm, etc. How did you react to these situations?

Now, if obstacles appear to be blocking the attainment of some goal, the obstacles will no longer be looked at as an enemy. You should look at the obstacle as a sign that you have gotten a little off course and you need to make a few adjustments in order to go forward. Get centered and go into your heart chamber to re-examine the direction you want to go.

At your own rate and in your own timing, the lines that border your reality will begin to fade. Within the face of every person and imprinted upon every object, you will notice the seams of

that common fabric of which all stories are cut. You will be transformed. With this transition, everything around you can't help but change. Cost \$777.77 (due to the fact that it will take us week(s) to complete for you because of having to search and find all the pieces to rebuild everything –each “rebuild” will be and unique to you). If you are interested go to our [website](#) and click on [Level 23](#), it will come up with the special price.

Some New Jewelry

We came across some “new to us” but certainly not unknown stones that can be used in your healing process. We have been looking for “**jet**” for a long time (we have a limited quantity). It is very light like amber. Jet has also historically been used as a protection stone and is said to have very powerful energies to ward off evil, negativity and psychic attacks. Jet also protects one during the pursuit of business and **enhances the stability of one's finances**. It is also said to be used in manifesting one's dreams. Loren designed some really simple pieces (just today, took photos, sent them off to Sue to put on the website) to keep the price down. He can design more intricate pieces if you want to put other stones with jet. Take a look at the jet jewelry on the website www.drsmickjewelry.com.

We do go on and on and on, huh? That is it for this month. Loren has already found a new stone to feature next month. We will probably go on and on and on again - next time (hopefully) will be all about purpose.

Loren and Diane

Copyright notice:

Copyright 2008 Loren and Diane Mickelson. This information may be freely disseminated in whole or in part provided that there is no charge for the information and provided that this notice is attached. When using an edited or partial version of this material please clearly state that this is an edited version and refer the reader to the full original version.