

Drs. Loren and Diane Mickelson

www.drsmick.com

1-206-824-1951

Mickelson Muse

From our state of deep thought or dreamy abstraction.

No. 55, November 2009

Surprise, now I know we sent out the last newsletter October/November... what we didn't know at the time was that we'd have something to say soooooo soon!!!! We will start this out by a quote from Andrew Cohen.... It will take a couple of "run-throughs".. meaning... read it a couple of times....

"When you awaken to the evolutionary impulse behind the entire cosmos as your very own self, you find yourself living in a new world. It's not the small, personal world that your ego or separate self-sense has lived in since the day you were born. You may still exist and function in that world, but deeply, it's no longer your home. Your home is the vast process that began the day the entire cosmos was born. When this kind of shift occurs irrevocably, the idea of living "for a higher purpose" doesn't even make sense any more, because at an interior level, you and that purpose have merged and become one. You have become the actual manifestation of that higher purpose. It's no longer external to who you are. To a significant degree, you and that higher purpose become indistinguishable. That's what Evolutionary Enlightenment means. Your entire life becomes permeated by that evolutionary impulse, because that is who you have become."

Get it folks? We no longer are hunting for our "purpose" but have become it... "It" is us.... Now comes the hard part.... Do you know what the "it" is? Do you know who you are? Although sometimes difficult to put a value on what we do (far easier to work for someone else and let them do it), it is much, much more difficult to put a value on ourselves... you know the "it" (Purpose + self = the merged self). We, throughout most of our lives, have separated ourselves from what we do – this was and has been the "norm" for eons. Then, wham, without us knowing it, (and probably many of us still do not realize it) WE have been integrated... the "we" is the merged self.... HELP..... So where do we go to from here? First of all – is learning to value yourself. Ok, so you say you do, you say you've been working on this for years... but do you REALLY? What is value anyway? In researching this out, most of the definitions related to money, math, color, etc. that sort of thing... Why do you having value - have to be limited to money? Can it be more than worth just defined in our western world mind does defining it equaling money? Can it include desirably? Merit? Uniqueness? Think outside the box on this.

Everyday millions around the world fall victim to identify theft. We've heard stories of many who have had the unfortunate experience recall that the violation of someone stealing their identity is an unsuspecting yet devastating blow. The Javelin Strategy and Research Group

released a report that showed nearly 8.4 million adults in the US were victims of identity fraud. This primal act involves an imposter who takes critical pieces of personal information in order to impersonate you for gain. Now let's look at identity theft from a different point of view. We believe there is another way to look at this. We all have been victims of identity theft at one point or another in our lives. Even more disappointing is the fact that in many instances we were the perpetrators. We live in a time where we are not always able to grasp our authentic identity because of limitations that have been placed on us from as far back as we can remember (universal and core beliefs come into play here). Our parents, teachers, bosses, communities, friends, current circumstances and past upbringing as well as the media all play critical roles in defining our true identity.

Do you remember the first time you recognized you were different, you did not fit the "norm"? Maybe you were the one who had curly hair when everyone else had straight hair. You were the one who lived on the other side of town. You were darker/lighter, heavier/skinnier, taller/shorter than the other kids. You were the one who was motherless/fatherless. You were the one who just couldn't sit still in class. You were the one who had a drunken/drug addict parent. You were the poor/rich one. You were the one from the farm/city. It always seemed to take you two minutes longer to get that math problem when everyone else had their pencils down... or you finished way before everyone else. When we reflect back to those formative years, we can't help to realize that at the same time we were learning to identify ourselves, spell and write our names, seeds were being sown to our mind designed to steal our confidence and our true sense of identity. What did you do when someone brought to your attention that you did not "fit in" with the crowd? How did that make you feel? How did it change your behavior or your attitude?

Most of us didn't want our unique identity to give us away or make us any different because we wanted and still want to be accepted or we went far, far to the other side and acted out in ways that still hide the real "us" (you know the old adage, "the squeaky wheel gets the attention"?) We learned how to defy our true selves so well that we allowed those around us to become the first perpetrators of our own identity theft and while we were victims, we also played the accomplice to the crime. We thought we were playing it safe, but all the while we were the ones who suffered while others stole what was most valuable to us, our sense of self.

In order to fit in, we posed as an imposter who created an identity that would be accepted... or became such a rebel seemingly to "reject" being accepted. We took those instrument classes, went to that college, majored in that subject, took on the family business, married that girlfriend/boyfriend all because we felt these decisions would help us be more accepted (remember there is a flip side to this, but still extreme and not the true self). From kids - to adolescents - to adults, we are now individuals who somewhere lost our sense of self. Many of us, not twenty, thirty, forty, fifty years later, have to look in the mirror and face the truth and ask, "Who am I?"

We are stuck in careers, engage in relationships and have made life altering decisions many times based upon a point of view that is flawed. What is most interesting is that we are often doing well, at least on the surface. You may even be envied by others and viewed as a success, according to most. It might be you are successful in your career - folks would look at you and think you have it all.. Or you might be in a long term very successful relationship..folks would

envy you for that and so on... but deep inside YOU know something is wrong... you don't know what, but something feels ajar.

When our identity was stolen, we were violated, and now we are forced to perpetrate this fraud. When someone asks you, "Who are you?" Do you know? Are you ready to take back your total value? Are you ready to figure out the true you? Only you can figure out the "me"... it is your personal declaration no one else can say but you. "Me" is the sum total of your personal experience. It is the package that makes you different from the rest of the world. Because you have been living in the shadow of your self, you may not have been able to shine as "you". Your "now" merged self is the package that makes you... well, you. Your unique difference is the "mark" that gives you value...

Price is an indicator of value. (Our western civilization: price = value; while eastern civilizations puts value on wisdom, knowledge, etc.) You may disagree with us here... but read on anyway... The fact that no one has the same fingerprint as you is proof that your value is priceless. For example, if we are going to purchase a diamond, the higher the quality (substance of its character) and the quantity (rarity of the stone) the more we will have to pay. Like the most valued gem, both in substance and value, you are priceless. This means that no one could ever pay you what you are worth. However, everytime we attempt to fit a mold, we become average, commonplace, and we quickly lose our value. Everytime we attempt to run away from the life experiences that are designed to build our character, test our faith (beliefs), and challenge our growth, we cheat our value. There is nothing average about you!!!! When we can embrace the difference and embrace our own journey, our "mark" (difference) brings peace, calmness, and balance to our lives. Our "mark" has made us different and distinct. The world has been waiting for YOU, and your merged self will make all the difference to the world. **You must perceive you have value, however you determine value, or you will never "be all you can be".**

So, in all probability, this self image thing, this self concept thing started long before we "knew" it, then it isn't surprising that many of us have great difficulty putting value on ourselves. We have been figuring out our value based upon what we are paid at work or what others tell us what we are worth. We are not discounting market demand for your services and all that stuff here... right now, it isn't our issue... right now, we are just focusing on the fact of you having self value at all.

Certainly, as with probably most of you, Loren and I have had our challenges the past few month... with "opportunities" being thrown at us from all directions to work on our personal core beliefs, how to deal or avoid them, and if we dig far enough into our essences, how to change them. Sometimes we have been successful, other times, we have entirely missed the boat and again "get" to re-visit the "opportunity" again. One of the challenges we have been facing is value.... What it means to us and how we deal or let others determine it for us. Many of our friends seem to be addressing this same "opportunity".

First of all, value appears to be a universal and core belief... If Jesus didn't charge for his healings, why do you charge? Healings should be free.... Although, remember we have a whole medical field that charges... but this doesn't apply to you as an energy healer or spiritual

counselor, etc. Sometimes within the medical (health) field, folks will perceive MDs as having great value while a chiropractor, acupuncturist, massage therapist, etc. as having less value. We have a friend who is a DC that is belittled for not being a real doctor like his/her cousins... This person has spent a lifetime of feeling less than, even though intellectually they know it isn't true. Loren's mom wanted to know why he didn't get a "real" job like his brother the truck driver... (He was a principal of an elementary school at the time). Another one of our friends who is a spiritual teacher counselor (let's call him John Doe) battles his own self value when trying to tell his clients how much he charges... folks want his/her information, follow it, but think it should be free. Remember again, Jesus didn't charge.... One client of his is a top chef at a prestigious restaurant wants information, wants advice, but wants it for nothing.... My reply to that is... do you "chef" for free? Our own business comes under attack all the time... why do we charge? Because we happen to be physical and have physical needs in this 3rd dimensional world... like shelter, food, etc. Since this is what our purpose is... to gather information, to channel new ways of helping people facilitate change and growth, to actually perform these new ways... we don't have time or energy to have what some folks consider a "real job"... this is our "job". I (Diane) can honestly say that I have had a very difficult time charging for what we do... I know that we offer and perform needed services... I also know that this work is our "path" and our "purposes", I also know it is effective and facilitates changes in people and their lives (particularly the ones who don't expect us to do the tasks and assignments for them) but as a left (very, very left) brained person, who is about as skeptical as anyone can be and who has had an extremely religious background – how can we charge for something intangible? How do you put a value on intangible? I can see paying money for shoes... but advice? Removing things from my auric field? Balancing? List goes on and on and on.... If you have read our story, then you will know, that my problem really begins when I admit I actually "see" auras and dead people and other dimensions.... I "see" the difference our work facilitates but.... it makes me different. Can you imagine the turmoil within me? A left brained "seeing this crap"????? Gawd!!!! Now you ask me to put a price (value) on intangible things that I see, but many others don't? Boy, that is singling me out... making me different... Now, Loren is clairsentient... he "feels"... he has no problem putting a value on our work. He does, however, have difficulty putting a value on himself when he mentors, teaches or does spiritual guidance. Does any of this actually make our value less? Well, the answer to this is yes... yes for our friend the chiropractor, yes to John Doe and yes for us... if we don't value ourselves... why would anyone else?

So we charge....luckily our "guides" help us set value on our work based upon how much time it takes to bring "through" the work and how much time it actually takes us to perform the service. We do run into problems because a lot of our work takes place absentee and the client doesn't "get" to see us work. We have to do that because the Veil of Fear is thinnest in the middle of the night and we have more access. During daylight hours Universal Beliefs thickens and makes the Veil pretty impenetrable.

So, folks will pay a lawyer to do "behind" the scenes work... make calls, do research, etc... not see them do it, but are still billed massive amount for the lawyer's time, but have difficulty seeing our value performing services that they don't "see". Or is it still me not valuing?

We do a small amount of bartering.... We like barter. In one recent barter, we had an opportunity yet again to address our value...we were bartering for facial care (working with a

medical esthetician).. Let’s face it folks, we have wrinkles and some red spidery veins.... We have never actually done that kind of work before and were not only willing to give it a try, but to give this person any/all of our services to get self-care for us. Yes, we were actually caring enough about our “selves” to expend our services for the esthetician’s services.... 9 weeks into the barter (after we had done 7 of our levels (on the esthetician and spouse), orb work, business clearings, Loren designing a personal numerology piece of jewelry... the esthetician said she would have to cut us down to monthly visits because she could be filling in our time with paying clients..... This person’s business had exploded since we started... HMMMMMMMMMMMMMMMMMMMM We valued her services, but she didn’t value ours.... She wanted money not services so we had to bow out of our barter, we could have continued monthly on her terms, but it didn’t feel “right” to us... we felt totally undervalued... we saw many, many changes in this individual...as did others, but since she didn’t perceive our value or even notice her changes – then we had to value us. Incidentally, it didn’t have the same monetary value, although hour per hour and dollar for dollar she was getting the best “western definition” of value.... We weren’t going for tit for tat... we just wanted care. We had to care enough about our value to discontinue the barter. Lesson – first of all – you have to not only value the service you want to barter... but you also have to value what you do. You need good guidelines.

So what do you do when your friends and relatives want your services (and many times give away your services to others), but don’t even think of paying you? Let’s say you are a computer geek... you do it for a living... you have your own business or you may be paid by a company.... You go home, your brother calls and wants you to rebuild his computer, your spouse has a couple of friends that need computer help (free, of course), and your nephew wants you to not only install some new games, but to explain how it all works.... You have financial value at work, but away from the “office” you are “valued” but your time is worth nothing... how do you resolve this? Again... by guidelines... by YOU valuing YOU. Isn’t your time worth anything? And we aren’t even talking about your skill or talent or trade, etc. that friends and family seem to exploit. We aren’t saying any of this is wrong, but even if they are friends or family members, you **must** have some sort of an energy exchange (or the energy gets uneven, not balanced) – something that you want or need to have done – be creative, it doesn’t have to be money it could be mowing, shoveling, washing the car, cleaning, walking your pet, cleaning your litter box or something the recipient of your services is good at... a piece of jewelry, your favorite food, an original piece of artwork, etc. There is a caution here, however. There are folks who over-value themselves and set up fees, etc. not according to their intrinsic actual value but sometimes because their “brand” is marketed so well, they will be able to command outrageous fees. Is this wrong? Not unless the \$\$\$ signs and greed and ego are part of the mix. Because someone is more expensive doesn’t make them a better “product” but it does make them a better marketer. Sometimes these folks lose their way and start believing their own “press” instead of remaining “real”. It is always good to have folks in your life who aren’t afraid to help you stay “real”. The other caution is sometimes because you have such and such a talent.. and it is soooo easy for you; you might tend to undervalue it... It is all about balance.

The first step to living your value is to know your “self”. Knowing your identity is more than your name and SSN. It is all about having an intimate understanding of your value and worth. Knowing your identity does the following

- Gives your life meaning

- Establishes your differences from others
- Directs you to a particular people who will embrace you

The value in our lives is enriched throughout the journey. If you look at a diamond, it has gone through an extensive process in order to become the costly gemstone that we see. When you see it shine, its brilliance tells a story; the story of being buried deep beneath the earth's surface, where no one could see and enduring pressure in the midst of intense heat for long periods of time in order to transform a lump of coal into one of the most valuable jewels in the world. However, the end result of a priceless brilliant gemstone tells the most wonderful story of all. In a similar way, each of us goes through the refining processes of life in order to become a precious gem, just like the diamond.

Reclaiming your identity is the first critical step to maximizing the value extracted from life. When you realize you are a diamond, you can command much more out of every encounter. Your life becomes richer in relationships, personal success and professional pursuits. Again, don't over value yourself just for monetary gains alone... this could come back to bite you in the butt.

So be real – realize that only what is genuine will last. Be aware – familiarize yourself with what ignites your passion. Be unexpected – share your passion with others in an unexpected way.

We find it pretty interesting that desperation draws us all closer to our destinies. It isn't so much about a particular situation, but it is about how each of us will change in that situation that will bring us closer to our destiny. It is when we are in those moments of loss, coming to the end of our resources and our abilities that we become so desperate for change that we will do what we may not have ever thought was possible... and we somehow will make THAT change happen instead of letting change happen to us. We are not longer comfortable being comfortable. There is something inside each of us that wants to be free.

Value starts with identity. Think about it. Among the first event that happens after a child is born, is his or her name. Somehow we all have to identify you. The name is significant because it gives meaning to a person's life and unique "mark" in the world. In the Old Jewish culture, they would wait for several weeks before naming a child to make sure that the name was consistent with the personality of the child. Your name is an expression of your "mark". Value starts with belief. (Yeah, that is why we have been working on this "core belief" and "universal belief" so intensely). The only difference between a dollar and a piece of paper is that the dollar has the audacity to believe it is greater. Your own attitude makes a difference. So which are you the dollar or the piece of paper? Only YOU can decide.

Within you, lives a purpose, a reason you are here, and one day soon (maybe it has already happened) it will say to you, "Hey there, the world needs you, are you ready?" For many of us, we have tried the status quo. We may have been disappointed with life as we knew it and thought, "Okay, maybe what I am doing and how I am living is not so bad after all. It could be worse." (Yeah, you know you have thought this.) You tried to convince yourself that status quo is satisfactory. Yet there is a wrestling match going on inside of you that will not surrender to that notion. You may be in a comfortable job, relationship or state of life, but there is still small voice that nudges you every now and then to explore more than what you have settled for. No

matter your vocation, status in life, education or lack of purpose, becomes a common denominator that can't be bought or negotiated. What is your purpose? It is a difficult question to answer, but as this newsletter has already stated, your "self" has merged with your purpose whether you know what your purpose is or not... you have evolved to that vibrational rate... If you don't know your purpose, your passion will guide you toward your strengths and your gifts that will unlock your purpose. If you know your purpose, then you have already been guided this way. Your purpose is the compass pointing your life's direction and destination. The secret to your success starts with laying this foundation. To uncover your purpose is a process. Purpose creates a sense of personal peace and fulfillment, a compass for your life and an audience to reach and to serve. So what is your D.N.A.? (Distinct Notable Attributes). This may be a stumbling block for you to ACTUALLY acknowledge that you have distinct notable attributes, but is the place to throw your ego aside (either way over the top ego or under, under, under the radar – not acknowledging your talents ego) and ACKNOWLEDGE them. The dilemma of human existence is wrapped up in a package called purpose. Every person who has lived on earth has at some point and time questioned his or her mortal existence. This time is different.. we don't have to do it the old way... the mortal way... we "get" to do it different.

Rick Warren helped the world discover the power of a purpose-driven life some time ago...unlocking your value starts with pursuing your purpose...here are a few of the fundamental but tough questions to ask yourself:

1. Who am I? (identity)
2. Why am I here? (mission)
3. What will my life contribute? (vision)
4. Can I make a valuable difference? (position)

Also having "**3D**" vision (**drive, discipline determination**) will help. Your vision can't be confined to your current situation. It isn't even limited to space and time. It is about your level of faith, belief and expectation that your contribution will ultimately impact the world. And... because you COUNT... because you DESERVE it, it will. Don't get caught into the mortal "**3D**" world of **discouragement, doubt, delay**... they are detours. In the midst of these most challenging times, we find hope in knowing that our **perseverance, persistence** and **patience** in this process, this adventure will enable us to endure and succeed.

Some questions to ask yourself:

1. What gives you an immediate energy boost?
2. What do you love to do?
3. How do you channel this energy into something productive?
4. When do you feel most alive?
5. How do you reflect your passion at your job, in your relationships, for social causes, in your personal life pursuits?
6. What is it that you can't help but do?
7. What issues do you care deeply about?
8. What did you most enjoy doing in your childhood?
9. What have you learned from the path of your past?
10. Is the path of your present leading you toward a greater purpose?
11. What can you do differently to improve this journey?
12. Where is there a need?

13. What is not being addressed?

14. How can a solution to a need spark a new idea?

Ralph Waldo Emerson said, “*Do not go where the path may lead; go instead where there is no path and leave a trail.*” Try practicing three steps along the journey to understanding your path, your purpose, your merged self”

1. Step Back –Observe and seek to understand how the choices you make and the experiences you have had helped to shape you today.
2. Stand Up –Brace yourself for the process of becoming your best, no matter what it takes.
3. Move Ahead –Commit to go forward and see your dream fulfilled.

Summing up this very long section

1. Be comfortable with yourself. The first key of value within all of us is being comfortable with waking up to life and the measures you’ve used to get where are. We need to be able to look in the mirror and be proud of our own life, before expecting anyone else to be. Self-criticism is the first step, in both gaining value and being able to measure it. Sounds strange since we have been all lovey dovey, but we need the ability to identify areas of weakness, things we would have done differently and be humble enough to accept them. The ability to find something you did which you particularly admire or are proud of is equally important.
2. Valuing the thoughts of others. Many people are often too hasty to judge themselves. So many people are their own worst enemies... find folks around you that you trust and get opinions from them to help you on your journey of finding value. Take the good with the negative. Use the affirmative as well as the negative ones constructively.
3. Ongoing improvement. No one is exactly where they want to be. No one has all the answers or does everything correctly. The mindset of wanting to improve, learn and grow is integral to maintaining already achieved value and also moving forward. Without this attitude, we tend to stagnate. Many circumstances in life presents an opportunity for growth. Highs present success and glory, from which winning formulas can be stored. Lows give us the chance to grow from mistakes when given the same opportunity again. Life cannot be measured on a straight line; it is by nature dynamic and as such, our learning needs to continue in order to develop the strength to overcome any next hurdles. Value is a commodity, not tradable or one able to be gained quickly. It is like respect and status...value is not something which can be taught.

The Paradigm Shift

We’ve read so much recently about the “big” shift either going to take place (a sacred date of 2012 at such and such a month, date, time), is taking place or nothing is ever gonna happen, so suck it up.... So what is the truth, anyway? Some even write about the “event” after it takes place and describe everything in detail... of course, if you read any of these – they are as different as snowflakes falling on a wintery day.... The big thing to remember is paradigm = belief. Did you get that... paradigm equals belief. At our “core” beliefs everything it is not only shifting dimensionally, getting vibrational upgrades, cleansing the bodies, etc. ... But it is belief shifting from a rigid state one to flexible *whatever*. We say *whatever* because NO ONE

REALLY KNOWS. This has never happened before. We are all writing the script. All the prophecies talked about “possibilities”.. from the Mayans to Nostradamus to Aztecs to the “ancients” to indigenous tribes to the Bible to modern day “prophesies” to the Rune stones to the Tao to whatever... or whomever. Anyone, yes, anyone can “future”... You can believe anything and everything you read (but this might make you a little crazy since the writings, channelings, handed down stories, etc. are sooooo different). Or you can research, read, listen to, watch videos, etc. and decide and create for yourself what works for you. We are in a PROCESS... a paradigm shift is not an event... it is a journey that somehow we all agreed to participate in... Find your own truth.

Questions

Will there be a definite shift where everything changes in an instant and those going forward will find themselves in a new kind of reality with new bodies?

We have been asked this question about a zillion times and have noticed many other newsletter writers are addressing this also. Again, no one really knows except as we just previously stated... this is a process not an event. Our bodies’ cellular restructuring from carbon-based to crystalline-based is happening and has been happening for quite awhile. Our third density (3D) brain capacity (and the old Universal Belief) doesn’t encompass the belief that this could happen...even if you personally believe it could happen.. The Universal Belief will over-ride your personal core belief. Not fair, but true, so the change in the body structure is happening whether you believe it or not (but sometime, if you haven’t addressed the Universal Beliefs, you will need to. It is difficult for us to toot our horn, but since this whole newsletter is about value, then we need to walk our talk... Level 36 is all about Universal Beliefs... In fact all our work and levels help in this process, perhaps you will need to go to our website, <http://www.drsmick.com/>, and read it. We can help.) We are going through a process that has kicked up our desire for clearer spiritual understanding, an open and searching mind; keener discernment; greater awareness of intuitive knowledge; and less interested in trivial matters.

What will our bodies look like in the future?

This is another catch-22.... But from what we have been told, as your vibrational rate increases and density decreases, you will get healthier and healthier and pretty much be restored to the vibrant and youthful body.. but with the same looks and personality that you have now... (Wrinkle free-I hope). Now, remember, we are another one of those folks that are writing what we “get”.... Again, take the pieces that fit, discard the rest.

We are going through a leap in consciousness and aren’t we having a ball?????

Swine Flu

Swine Flu.... We've received a ton of information on this the past few months... and, no, we aren't getting the vaccine... for a variety of reasons... but added to all the "reasons" we have received information on... (and the fact that when Loren was in the military in the 70s, the gov't MADE us get the swine flu vaccine, which we all got seriously ill from..perhaps we are already immune, huh?) Tania Gabrielle (numerologist) sent out the following information on What the Name "Swine Flu Vaccine" Reveals I will quote the whole email as it isn't easy to summarize and besides it is quite interesting.

"Today I'm going to look at the numerology for the H1N1 virus. The other day I received an email from a client in Belgium. Tania, May I ask you what your take on swine flu is. All my doctor friends in Europe are against the vaccine, on scientific grounds. Several lawsuits are now engaged against pharm labs. Yours, Johan F. Europeans are rejecting the H1N1 flue vaccine en masse. Americans, too, are waking up to the danger of vaccines. Not surprisingly, numerology confirms the danger. Just look at the names for major clues.

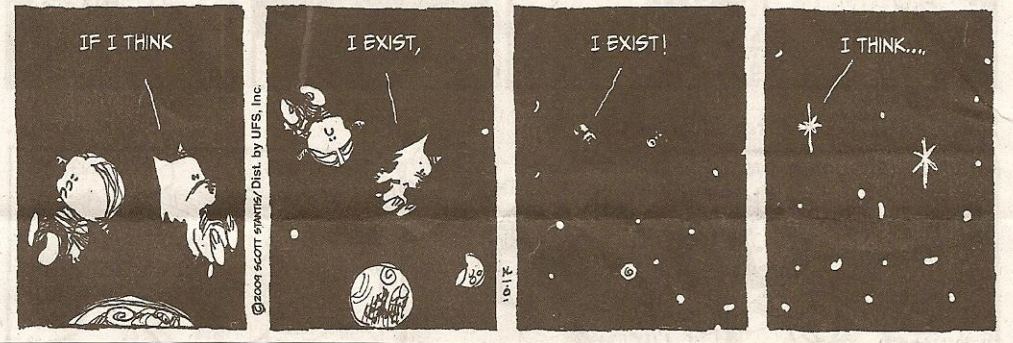
- When doctors and so-called news reporters are telling you to take the "Swine Flu Vaccine" – they are activating a name that adds up to 16/7.
- When they refer to H1N1, the number 12/3 is triggered.
- H1N1 Swine Flu activates a 13/4 name

A closer look at all three name numbers reveals the story behind the story. 16/7 signifies a sudden "fall from a high place", 12/3 activates all sorts of "victim and victimizing" symbolism in a current name. And finally, 13/4 describes transformation that can bring destruction depending on how this number of power is used.

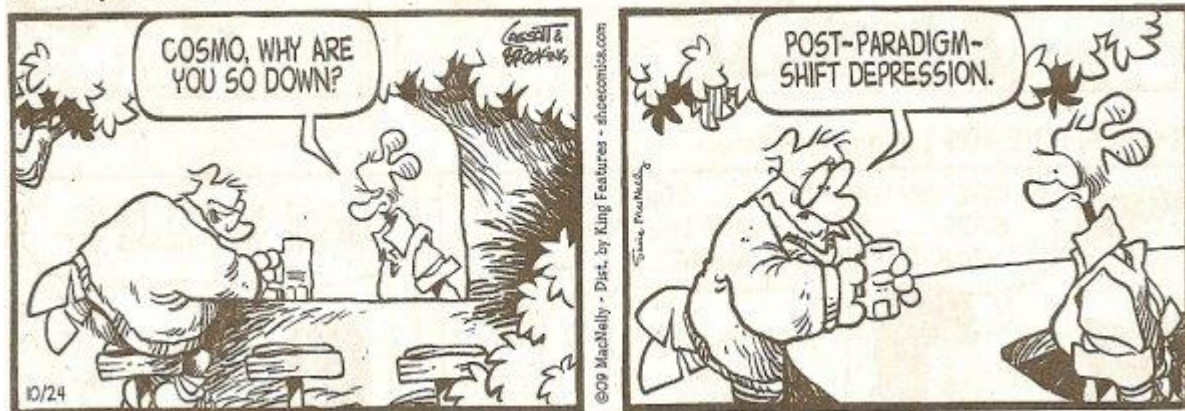
In combination we can see that these three number attract danger and danger triggers fear. Happily, there is a silver lining. Since these numbers also govern transformation and sudden intuitive insights, a lot of people are waking up to the sinister nature of Big Pharma. When I see these kinds of numbers in combination, I take a step back and do my research. May you've noticed this, too – recently there has been a huge shift from drugs designed for people who are ill to a whole new class of drugs made for healthy folks. Supposedly, according to Big Pharma, people need drugs before they get sick as a protection against illness. So drugs – in the form of vaccines – are being sold as nutrients. Everyone needs them to be healthy. Any parent knows that, from a moment their baby is born she's considered deficient and given vaccines to correct this. This shift in marketing has allowed big Pharma to sell their drugs to the whole wide world, not just sick people. They just have to convince healthy people and their kids to take vaccines – drugs. How they accomplish this is by using the media to sell a fear of disease – like the current fear over H1N1 swine flu. And, as the name numbers 12, 13, and 16 show – fear is the main reason people are getting vaccinated. I love Zig Ziglar's fantastic description of FEAR – "False Evidence Appearing Real". Ah, notice what the numbers say, too – "fear" adds up to 16/7. How appropriate." Interesting, huh?

Life on this planet will continue to require a great deal of discernment – wise evaluation of what is true (for you), what is appropriate and what is for your highest good. In many ways discernment is similar to judgment. However, you will know when you are in judgment and when you have moved out of your heart .. when you are in a place of blame.

PRICKLY CITY | Scott Stantis



SHOE | Chris Cassatt



FRANK & ERNEST | Bob Thaves



The greatest challenge you will experience is to remember Who You Really Are, Why You Are Here and What This Is Really All About?..... Remember to breathe, remember to ground (probably not only here but also multidimensionally)..

Loren and Diane

PS: Referencing Level 35: Quantum Cellular, one of our friends wrote this to us, “Forgot to tell you something about your last newsletter. It felt good to hear you re-enforce that the changes take time and don’t happen immediately. It was the way your said it that I thought just made me go “of course” and just let it go and let me be in the present moment more and more.” She added that when she and another good friend were working together they came up with a name for this level, “The Perfect DNA Moment”. Since that is where we are going in this level, what a good name... thanks Beverly and Jan...

Copyright notice: Copyright 2009 Loren and Diane Mickelson. This information may be freely disseminated in whole or in part provided that there is no charge for the information and provided that this notice is attached. When using an edited or partial version of this material please clearly state that this is an edited version and refer the reader to the full original version.