

Drs. Loren and Diane Mickelson

www.drsmick.com

1-206-824-1951

Mickelson Muse

From our state of deep thought or dreamy abstraction.

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We thought that would be a good way to “ring” in the new year.... We are starting a new era on the calendar – so it is off with the old and on to the new. I (Diane) didn’t realize that perhaps I really wasn’t letting go of old “stuff”, I thought (yes, incorrectly) that I was pretty darned good in digging, digging and figuring out what wasn’t fitting me (not only physically, but mentally and emotionally) and “letting” it go. You know, saying the new belief, tossing out things I don’t need or wear anymore, working on changing a negative habit, etc. Then...wham... my cell phone starting working erratically... stopping when it wanted to, calling numbers on its own, etc. I took it in and they replaced it with a new phone after doing a very short diagnostic... the battery wasn’t communicating with the rest of the phone all the time, only when it wanted to. I took the new, empty phone home and plugged it into the computer to sync it with my contact list... well, it synced... but it did the opposite... took what was on the phone (nothing) and replaced our entire client list with the “nothing”, nada, zippo.... Yes, our client list (you guys), the one we have been nursing for nearly 20 years... the one with all the information (work done, Muse folks, addresses, phone numbers, etc).. was all gone. I had been “meaning” to revamp and redo this list for the past couple of months. Usually, I don’t procrastinate... my “gut” kept telling me it was time – my mind kept saying... ah, you can wait, it is soooo much work... A total breakdown of cohesiveness within me... Big, big, big learning lesson, one that had a pretty big price. So do all parts of YOU communicate effectively with YOU? If not this “off with the

old” and “on with the new” is a good place to start new habits... listen and pay attention to all parts...

Without being aware of it, many of us tend to base our sense of what’s possible now, in this present moment, upon what has or has not happened in the past. But (as Andrew Cohen so eloquently states) if we want to be spiritually liberated, indeed if we want to be an expression of evolution-in-action, we have to dare to look beyond everything we already know. We have to leave the door open for the unimaginable. We have to stop weighing and measuring what’s possible now by what has already happened. We have to let go of all the conscious and unconscious cynicism that has become habitual in our way of thinking. Well, think of it this way – you don’t HAVE to do anything... but look at this as an opportunity to do something a different way. The miraculous creative potential each of you has, is the very essence of the evolutionary process when it is flourishing. So let’s say that fourteen billion years ago with the big bang, the entire universe emerged from nothing. Every step in the evolutionary process begins with an event that is defined by the emergence of something which has not existed before. In evolution there always exists the unmanifest potential of that which is new. That is what is so extraordinary about it. So in order to align yourself with that dynamic and creative process, you (perhaps) should let go of the inherent limitation of the past, right? You then strive to cultivate a relationship to your own experience in the present moment that makes the unimaginable emergence of that which is new – possible RIGHT now.

When we awaken to the evolutionary impulse, we realize a completely new relationship to what it means to be alive and what it means to be ourselves here and now. Not only do we discover a freedom to be ourselves that we’ve never know before, but even more importantly we find a reason for living with intense commitment and liberated passion that gives us an incomparable sense of personal, philosophical and spiritual self-confidence. We suddenly begin to understand, in ways that both include and transcend our intellect, that the reason we are here on earth (once our basic survival needs have been met) is not merely to experience security, comfort, pleasure or even peace of mind but to develop. We realize that we are here to consciously evolve, to intentionally do anything and everything we can to unleash all of the extraordinary creative potential with so that the human race’s next step can, in small but not insignificant way, emerge through us.

We just read a quote by Oprah which pretty much sums it up, “Often we don’t listen to who we’re meant to be because we’re so busy trying to live out someone else’s ideas. But other people and their opinions hold no power in defining our destiny.” So 2009, for better or for worse, is over! This past year has included many milestones and has been both rewarding and challenging on all levels. We know that what we see in the world around us is but a reflection of that which is within each of our own hearts. Love “begets” love, and fear “begets” fear. To say that we are responsible for the condition of the world around us is true to the extent that each of our thoughts, words and deeds has power, and together we create our reality. Although we can only take full responsibility for each of our own thoughts, words and actions, we have to be ever more vigilant because so much of the world is asleep at the wheel. Each of us has an opportunity as never before, to embrace the spiritual tools that will bring new solutions and fresh perspectives in the year ahead. Each of our individual actions, our words, our posturing, etc. will model (yes, one person at a time) a new way of doing things.

So, believe it or not... we are in the ascension process. Various channelers and “way seers” have written and discussed this process in all sorts of timelines and events – each small detail being unique to the person presenting it but all pretty much in agreement that something is happening...and happening now. Remember that 2012 is not a specific date but a guideline within our lifetime of “something” happening. Some call it ascension, some call it armageddon, some the “final days”, and others include: change of location, being elevated, taking off, the beginning of the creation of the New World, etc. It really doesn’t matter because something is happening. How we deal with this “something” is entirely up to each of us. You might want to pause a minute to ask, - where are we – how did we get here and where are we headed? It may feel as though nothing really has been happening right this minute, but stop to take a look at where we were 10 years ago, 5 years ago, even a year ago. Much has been happening – not only has our environment being restructured (Mother Earth is doing her thing, also), but each of us have or are being restructured. We are different than we were. We are gradually going from a carbon base to crystalline base. We have been working on clearing all facets of our bodies... although, to be perfectly honest here, not all at the same time – although I used to think it was our physical bodies that were the most dense, in reality it is some of our old core beliefs that seems to be the most dense, the most rigid, the most difficult to figure out and change. At least in the body we can “see” or intellectualize what is needed... those darn core (hidden) beliefs are sometimes really difficult to figure out – but are the very ones that keep us “stuck”. But..we are doing it... we are going with the flow – we are changing... Mother Earth is vibrating at a higher vibration now and so are you. Each time she made a shift, we have had to learn to ground all over again in the new frequency. With the new vibrations comes new higher energies – sometimes these new energies throw us for a “loop”.. causing all sorts of pains, dizziness, nausea, while the old densities are being cleared out of our essences. (For instance, our crown chakras are letting in higher vibrating energies sometimes causing massive sinus infections and migraines, allergies and strange colds... but in doing so, “stuff” is being cleared from you. Now think of all the other chakras you have letting in the higher vibrations, it is a wonder any of us are surviving this essence cleansing)

So what we are telling you is that we are changing, we are evolving, we are doing it....

Leaving you now with a little chuckle:



Loren and Diane

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