

Drs. Loren and Diane Mickelson

www.drsmick.com

1-206-497-5311

Mickelson Muse

From our state of deep thought or dreamy abstraction.

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I received this in an email that was posted on the [Luminati Blog](#) written by Sheila Reed. Sheila channels “Menita”....

“Greetings from Menita Ishmil, I have been listening to the comments regarding a fog in the brain. This fog is necessary at this time to help each of you shift your focus from the social conscious dramas of your busy world back to your center. Your center is the presence of your ‘Godself’ challenging you to let go of the fears that are being generated in every avenue of your lives and to re-member how to create without these outside influences. I suggest that you turn off your televisions, internet news, and your judgments (especially your judgments) and spend more time on the beautiful moments that are present right here and now. Toss the ‘what ifs’ in the proverbial porcelain bowl and flush. Only you can change your world and the first step to doing just that is to let go of your fears and smile at the nonsense that is being projected into your field of consciousness. In other words it is time to ‘Godup’. Namaste”

This is pretty much what we have all been talking about... and is so much of the channeled information coming out now... so it is probably a good idea for all of us [Level 43: Multi-Dimensional....](#) We are now learning that there is a lot more to DNA than scientists can see with their physical eyes. There are components and attributes of our DNA that are simply invisible to the normal person. Go to the web-site and read more about this level.

Absentee Healing – why it works – right brain explanation

A psychic is a person who regularly taps into his or her “other” senses. Everyone has psychic abilities. Everyone can tap into their inner knowing, into their energy being and do remarkable things. As children we had the ability to see energy, but we forgot how to.

Many psychics are gifted healers; one way is by absentee healing. The healer works with someone who is not physically present. Each psychic healer develops his/her own way of doing this. Absentee healing takes place when the practitioner has the ability to increase the energy and focus this energy for the healing process on someone who is not physically present. Absentee healing works on all levels, mental, emotional and physical. The more the client can think his/her body open, the more the energy can be channeled and the more releases take place.

The mind thinks in words while at the beta frequency, the conscious level. The mind thinks in pictures when the brain wave frequency slows down to the alpha theta level. It is while you are at the alpha/theta level, the unconscious level, that you are continually being healed and renewed; also, it is from this level that healing energy flows most readily between one person and another.

Human beings, through mental visualization, can project their consciousness anywhere in the universe they want. Through mental projection they can alter physical reality by creating new realities on the mental plane through visualization. The ability to visualize allows a person to focus mental (healing) energies to those who require healing. You can compare visualization to daydreaming except that in visualization images are not generated at random but are programmed consciously through a form of intentions prior to or during the healing process or session. The conscious mind can be thought of as a computer keyboard. Through it a person can program in what he intends and from the central data bank (the collective unconscious mind), information in the form of images will appear on the screen of the conscious mind. We take this ability to program images and develop from it techniques that can universally be applied in healing.

When you think of energy, it can be broken down to color and vibration. When we work with your essence, it is broken down to your color and vibration. When we call your essence, we use your full name and birth date which enables us to zero in on you, do what you have asked us to do, then send your essence home.

The majority of our absentee work is done in the middle of the night when the veil of fear surrounding earth is the thinnest. Some people know exactly when we work with them even though we are miles apart. We feel that when you are in the safety of your own home in an environment that you have created to support your energy, more profound healing can take place.

As we learn to enter the alpha/theta level at will is important because healing is actually channeling universal energy by the healer. Those who channel universal energy, the source of healing are not the healers; they simply facilitate, channel and focus the energy which flows through them. In order to focus this energy there must be a rapport between the source of universal healing, and the healer.

The ego of the client, a function of the conscious mind, will block the healing experience until a rapport is established with the healing source. The healer must unseat the ego without crushing it in order to open the door to healing energy. Only then can a rapport be established. The ego is something that we usually do not have to deal with when our work is performed absentee.

The ability to let go is a process which always happens in the 'now' but must be practiced many times for it to be impressed deeply within a person. It can be accelerated through doing the "Gold Light" exercise, grounding, breathing, thinking your body open etc. The more you allow and affirm your intent that you want to be open for universal healing energy, the faster you will progress and the sooner you will be able to release old patterns and blockages

Our mode of accessing higher vibrations of healing is through various levels of Reiki Attunements. This form of training and information gave us the foundation for absentee healing we have developed over the years.

I would also like to mention that prayer is a form of absentee healing. When you offer to pray for someone, it is usually offered when someone is going through a stressful time. The prayer you offer for that individual has a specific intent, which will help relieve some of the stress or cause of the stress. There are studies showing the effectiveness of prayer. All of our work can be performed absentee.

A Left-Brained Explanation of Absentee Healing

So much research is being done in the field of energetic healing. Although that isn't the reason many of the scientists started some of the initial work, much of it is "finally" scientifically explaining the "hows" of absentee healing... Instead of just taking our word for it (or the word of others)... and just having "blind" faith and "I just know it works", I recently read that some physicists are discussing their scientific research into areas as energy medicine and healing, auras, consciousness and the paranormal. The Princeton Pear Lab has demonstrated that psychokinesis (mind over matter) is indeed real, as well as ESP and remote viewing. Studies in Germany have shown that DNA creates and receives **biophotons** (little packets of light that pass through the body). This light creates a hologram or blueprint for how the body is supposed to be growing.

Biophotons are weak emissions of light radiated from the cells of all living things. A photon is a single particle of light. Plants, animals and humans generate up to 100 photons per second per .15 square inch of surface area. The light is too faint to be seen by the naked eye, but biophotons have been detected and verified using photomultiplier tubes. According to leading researcher of biophotons, German biophysicist Fritz-Albert Popp, light is constantly being absorbed and remitted by DNA molecules within each cell's nucleus. These biophotons create a dynamic, coherent web of light. A system that could be responsible for chemical reactions within the cells, cellular communication throughout the organism and extending out from the organism. The laser like coherence of the biophotons field is a significant attribute; making it a prime candidate for exchanging information in a highly functional, efficient and cooperative fashion, lending some explanation to the ideas that it may be the intelligence factor behind the biological processes. Could this be an aspect of consciousness????

Practitioners of alternative medicine and energy healing see a possible connection between biophotons and natural healing techniques. For example acupuncture is based on manipulating or exciting “chi” energy, the vital life force that regulates body function and is responsible for well-being. It is suggested that the meridians or energy points used by acupuncturists may tap into node lines within the biophotons field. They go on further to say that all living things might be connected together through dynamic biophotons fields.

The torsion field, a Russian name for subtle energy, is what makes up a person’s aura. Energy healers are able to interact with a patient’s torsion field. The waves from such a field can travel faster than light, (possibly) explaining how such practitioners can heal from a remote distance. Claude Swanson is one such physicist that has done research in the energetic healing arena as well as dowsing. He discovered that dowsers can actually dowse without being present at the physical location. It is really a sixth sense process with intuition coming through muscle tension that is amplified by the pendulum or instrument the dowsers use. He also has suggested that ley lines may have been built by ancient societies as a way to carry subtle energies through the ground.

Spin waves in condensed matter are a current and well-studied topic in modern physics. However, there is a less-known topic in this field: Torsion Fields, the quantum spin of empty space; the large-scale coherent effects of the spin of the particles in the virtual sea.

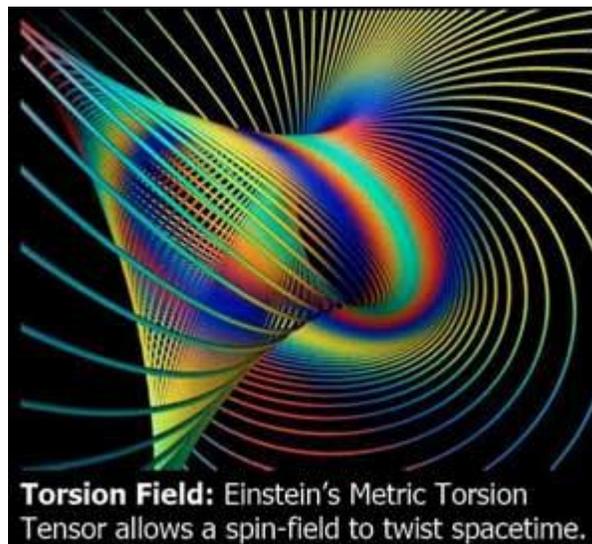
Initial work in the “torsion field” was performed by Einstein and Cartan in the 20s (now known as the ECT – Einstein-Cartan-Theory). Although no one at the time would listen to them, folks are now finding out that spin waves have real physical consequences and that useful technology can be based on such things. “Torsion fields” can be used for communication and can explain such things as telepathy and PK.

The Wright brothers, Goddard, Edison, Pons & Fleischmann and many others had two things in common: First, they were leaders in their fields and second, they had detractors. Not only detractors, but highly-educated, professional detractors. These critics were experts anxious to demonstrate their superior knowledge that heavier-than-air craft were impractical, that rocket ships could not fly in a vacuum (“nothing to push against”); light bulbs were not practical; and low-energy nuclear reactions were not possible. Now come Torsion Fields and the skeptics and the detractors will have a field day, huh? I guess some never learn to have an open mind.

What are torsion fields? According to A. Akimov (a Russian physicist), these fields come in at least three types: E-field, S-fields and G-fields. The E, S and G stand for Electric, Spin and Gravity fields. The torsion field and its emanations are subtle energy fields. They are separate and distinct from classical Electric, Magnetic and Gravity fields. Generators for these fields can be shielded against electro-magnetic fields and the torsion field still manifests itself through such shielding. Torsion field can be generated, detected, switched on and off and are a distinct type of energy field not included in today’s “classical” scientific papers. Torsion fields emanations can travel at velocities at least as high as 109 times the speed of light. Torsion fields can interact with laser beams (change frequency); affect biological processes; are generated by melting or solidifying some materials; affect quartz crystals; affect some electronic components; can favorably change some beverages; and have been noted to affect gravity.

Also, according to Akimov, torsion fields coupled with the standard electric, magnetic and gravity fields should provide means for a unified field theory that will extend the realm of science to include the effects of consciousness. The concept of dowsing, energetic healings, absentee healings, for example can now have scientific basis for explanation of the phenomena.

This next part may make your brain fuzzy, but I need to include it for all the left-brainers out there...Russian research posits (assume the existence of) an approach for describing many, if not all, the biopositive and parapsychological phenomena related to bioenergy healing and conscious intention. This research has postulated and tested the existence of “torsion fields”. Akimov and his team consider the quantum vacuum as a universal torsion wave carrying medium. The torsion field is said to fill all the space isotropically (Identical in all directions; invariant with respect to direction), including its matter component. It has a quantum structure that is unobservable in non-disturbed states. However, violations of vacuum symmetry and invariance create different and observable states. These theorized “violations” and “invariances” may be what the energy practitioners are creating, which induces changes in the gamma radiation.



Here is an illustration I found:

Although scientists are just beginning to apply all the above to energetic healing – absentee healing, at least it is a start of trying to understand with your left brain what the right brain already does... it JUST works....

Advantages of absentee healing:

They are easier to schedule.

You are in the safety of your own home.

You do not have to travel a great distance to meet with us.

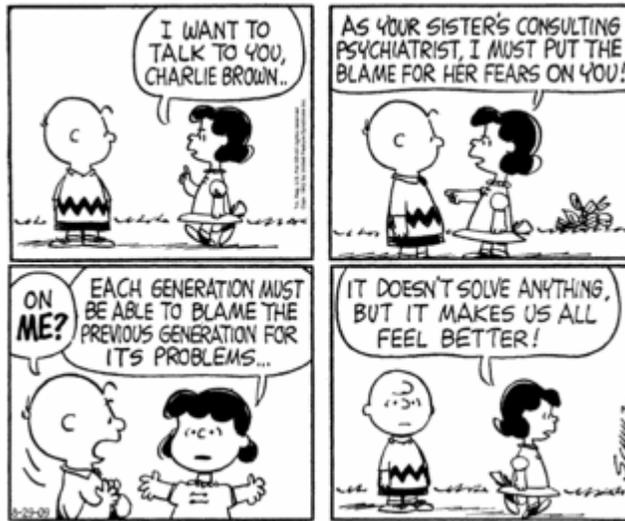
You will be more relaxed and open.

Yippee... Skippee... the updated, renewed website (www.drsmick.com) is really coming along... we've posted many, many very short videos of us talking about various topics: [Our story](#), [Crystal Removal](#), [Level Two](#), [Three](#), [Four](#), [Five](#), [Six](#), [Seven](#), etc., [Additional Energy](#)

[Services](#), [Conceptual Vibration](#), [Chakra Services](#), etc. Take a look at our “attempts” to bring a bit of personality to our website.

We also continue writing in our blogs... We hope you check in now and then...
www.drsmick.com/blog (Diane), www.drsmickjewelry.com/blog (Loren),
www.fortunatenumberjewelry.com . We welcome any comments and/or feedback. And, of course, Loren is continually designing new pieces of jewelry.... Along with “new” information coming all the time... it has been a busy time.... (o:

Guess this is it for this month... see you soon.....
Loren and Diane



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