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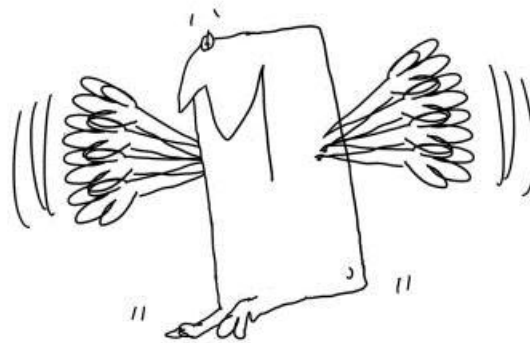
1-206-497-5311

Mickelson Muse

From our state of deep thought or dreamy abstraction.

No. 66, September 2010

are we
soaring
like
eagles yet?



gapingvoid.com/n2

hugh

It really doesn't take much to amuse me... can you tell?



Boy, can we ever identify with that cartoon lately...read on.....

1. What is next?
2. Update on Level 47
3. If you haven't, do check out our blogs: www.drsmick.com/blog , www.drsmickjewelry.com/blog , www.fortunatenumberjewelry.com. Did you know you

It has been said that there was a time when each of us were guided to the space of no space when we would more effortlessly release ourselves from bondage... but, of course, that was in other lifetimes... other agendas... ascension by leaving the body behind. This time we will do it differently and we are getting too caught up in the desires, the dreams, the wanting of something so bad that we seem to be unable to find and settle into the releasing.

...and we “chose” to be here? ...we agreed to this? Gee, you think???? Now granted, I am just as guilty of this as any average idiot who agreed to this half-baked journey....(you realize I am saying this “tongue in cheek”, right? So don’t get your panties all bunched up.)...but somehow, by some obnoxious force greater than our own, we still, can’t give up.... We won’t give up... we have to remember that beneath the death-like fatigue, depression, and disconnection, we still have the power within us to push through this time.... The problem is ... is that it is so easy to lose sight of this in the mounting frustration our relentless stuck-in-the-mindfulness.

And if that weren’t a tall enough order, we must also realize that this frustration also has its divine purpose... it is the building momentum of sheer desire for something better that is accumulating like the pressure of a combustion engine applying irrational force to our refurbished pistons so we can be “catapulted” forward into the “new”... but remember the “new” is already happening. We just don’t recognize it. So even though we are far beyond exhausted and weary... we are still being urged to remember that there is always a way to peace... inner (as well as outer) peace. To access this space requires a shift in perspective, a release, a surrendering (oh gawd, another release?????)... And a letting go of unparalleled proportion..... What is this release????? It is the release of hope.

The letting go process is very similar to physical death in that we must first release all emotional attachment to get to the balanced state. It is our nature to hold on... but just as with all ending, the desire to hold on eventually begins to wane... we get tired, depressed, disconnected, etc. and are left facing the uncertainty of “what is next for heaven’s sake?”

Right now, we are in the last stages of releasing the deepest layers of human attachment and that includes the desire to hold on any longer as well as our long-time companion HOPE. From a higher perspective, hope is really just resistance in disguise. (Now, I imagine all the resistance to this “letting go of hope” business... but bear with me just a bit longer.) Hope is a candy-coated expression of doubt, discomfort with uncertainty, dissatisfaction with what is and an inability to surrender into full presence of the NOW.

We are stepping so fully into our authentic selves... the “who we really are”... we really are losing our strength and ability to hold onto anything “outside” of us and the “inside of us” things that hold us back. Hope appears to be one of the last emotional things to go. If we continually just “hope”, it could hinder us more than any of us realize.

Don’t be alarmed or confused if you can’t muster up the energy to be-lie-ve, really, the outcome of this journey anymore.... We literally can’t take hope with us because Hope is too dense. Essentially, hope is a derivative of lack... of not-having, but wanting... of incompleteness... and it simply cannot be upheld in the higher frequencies of wholeness. Hope is actually transformed into knowing when we are in full acceptance of what is, without wanting anything to be

different. This is the ultimate state of surrender and the one that is (obviously?) required to pass the “go” sign.

Instead of hoping or wanting things to be different at this point, we perhaps, need to take the opposite approach... we “need” to whole-heartedly surrender ourselves so fully into the discomfort of uncertainty that we emerge with visceral knowing... assured of our mastery and the ability to uphold it. All illusions/delusions, hopes, dreams, expectations, etc. .. Anything that we have fabricated in our minds or used as fuel to keep us going or propel us this far now can be cut loose in order to proceed forward with yet even higher vibrations.

It has been said that it is the faithful, not the hopeful, who will rise with the new sun. Certainly, keep in mind that it is not as if we cannot have, manifest or achieve our heartfelt desires that are burned within us... it is being neutral... being centered... it is having the expectation... but letting go of the “how tos” and be in the present... the NOW.

We are truly, officially breaking through the most putrefied layers of sediment that exist at the deepest layers of our beingness.... YUK... this is the icky part... the deep, deep stuff, but we are becoming empty (neutral) so that the light of our inner selves can fill every part of us. This deep letting go is terribly bewildering to experience and it takes us through the most obscene challenges in facing our mis-creations and limitations... our mistakes.... And letting it all go... You may be thinking to yourself, what in the world could I possibly have left to let go of and just in that moment, we are faced with the realization that we are still holding on to the frustration of “letting go”!!! Sometimes it is such a mockery... this journey we are on.

But rest assured, we are doing it sometimes whether we want to or not... It may not be pretty...it may not be fun... but somehow, somehow, we are doing the “do”. This journey, this “process” very naturally forces us to outgrow our past... almost to the point that nothing here feels remotely good or interesting and boredom overtakes us as we waddle around in the void, waiting for all “this” to happen... We are so bored here that even boredom is boring... we are waiting for something to happen when and during the process of “it” happening.

If you are anything like us, then you are especially bored with the entire process and have absolutely hit your limit with all this ascension talk, talk, talk. Sometimes we can’t even look at the word anymore without wanting to bludgeon ourselves with a blunt object. Some mornings we wake up and think, there is just NOTHING left to say... we can’t possibly talk ourselves through one...more...day...of ... this. But, of course, we do.

So each time you experience suffering, remember that all suffering is resistance to what-is. There is only one combination to the lock that has some of us stuck... the combination is: surrender-acceptance-acceptance-let go. Each time you reach down and find the ability to embrace the uncertainty, to welcome the discomfort, the weirdness, the what-the-hell-is-going-on.... know that you are letting go.... you are doing the do... you are living in the moment....

Here are three reminders:

1. Let go, let go, let go... then let go some more. Anything that keeps you emotionally bound will challenge you greatly.

2. Stay Present. Allow yourself to find and keep the mental space required to surrender fully into each moment. If you slip into the past (woulda, coulda, shoulda) or future (what ifs??) thinking, you will be met with great unease and yet more challenges. Stay with each moment as it arrives.
3. Allow what is to BE....without resistance. Free yourself of the debris, junk, litter – by realizing that all is perfectly well in this and every moment. Release yourself of the responsibility (attachment) of all others while fully understanding that their path is unique to them as yours is to you.

We are definitely still in between the new and old. On one hand, you may be continuing to wrap up past details and on the other, your “new” life is coming more clearly into view..albeit one piece at a time... and patiently waiting or you to make the full transition. Kind of like you moved to a new house but you are still unpacking your boxes and have not quite settle into your new life, met your new neighbors or figured out where the grocery store is. Flashes of new opportunities may be popping up on your new landscape and you may be feeling intense pressure to get a lot of things done (so much to do, so little time), however, we can't quite move fully forward with one foot still in the old.... Remember we are all exactly where we need to be and at this stage of the game there is nothing left to DO but BE....

Moral of all of this.... When in doubt, get out of the way....

Small update on Level 47

The feedback has been: “I can finally be in my body”, “I am more conscious of when I leave my body and can come back so easily”, “I feel more and more empowered”, “My channeling is so much easier and clearer”, “Wow, my guides come straight through – effortlessly”; for us... it feels “comfortable” to be in our bodies – listening is easier, knowing that lower vibrational guidance is being filtered out just seems phenomenal to us... This level has brought being in the NOW just more comfortable... I know that sounds strange... but then, remember who is writing this (o: !!!!!)



Till next time....
Loren and Diane

PS... a big, big thank you to EVERYONE who has helped us (and currently helping us) with this transitional journey ... you all know who you are... and we are grateful and very thankful you are in our lives.



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