

# Mickelson Muse

From our state of deep thought or dreamy abstraction.

No. 28, October 2006

Here it is October already – it seems our newsletter schedule isn't on a monthly schedule, but more on a “we think we might, perhaps, maybe, have something to say schedule.

In the past few months we have been inundated with questions about Indigo Children, Crystal Children, Tyman's new “Yes Generation” Children, etc. What are they? Who are they? Why are they here? Is my child, grandchild, nephew, niece, neighbor, etc. an indigo, crystal or whatever being? What does it mean? If they aren't one of those, what are they? There seems to be a plethora (big word, huh?) of information written by literally hundreds of authors who all have the answer, the definition – all professing, of course, to have the expert, the correct, set in stone definitions. We have a colleague who is trying to make sense of it all, to try to bring together the research, the channelings, the I-know-it alls, in one place to, hopefully help us all make some sort of sense to the labelings. Right now the information has soooooo many conflicts that instead of being helpful, it renders fear of doing something wrong. We eagerly await some direction from this very enlightened individual. Until then, perhaps we shouldn't try to categorize or label. Every generation needs direction, needs guidance. (Ever wonder how we all grew up.. our parents made sure we had a roof over our heads and food to eat... period). Perhaps, soon, we will be given some specific “how tos”.

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Changing the subject, the real subject of our newsletter this time is learning to live in the moment, living in the now. I know, I know, this is old news, probably rehashed about a billion times. Well, here goes a billion and one. Our good friend, Samone Myers ((who is the Director of CURE ([www.earthcure.org](http://www.earthcure.org)) and Circle the Pyramid Event Coordinator)) wrote a piece titled, **Living the Moment – Deep lessons From ‘Groundhog Day’**. The article certainly resonated with us, perhaps it will resonate with you, also:

Have you ever had a moment that you wish you could re-live? Most of us have at one time or another. Thoughts of “I could have said so much more” or “I wish I could have done this or that” cross our mind, especially at key moments in our life. Mine was what more I could have said or done before my father died. I understand that it is not to be re-lived, but we can experience life in a more enlightened manner by living the moment.

What I mean by living the moment came to me in an odd way recently. I was watching a re-run of the movie, “Groundhog Day” starring Bill Murray. For those that have not seen it, it is about a newscaster traveling to a small town that has a festival each year in honor of the groundhog. What ends up happening is he wakes up every morning and re-lives

Groundhog Day. Now the first time I watched this movie years ago, I thought it was funny, but did not really get much out of it. However, watching it recently was a different story. Suddenly very profound thoughts emerged and I took note of these as I watched.

At first, the lead character Phil, played by Murray, is in denial and seeks to find answers to how it is that the same day keeps replaying. He is totally self-absorbed and is annoyed with most everyone for not believing him or helping him. He goes out of his way to prove to associates that he knows what is going to happen next, i.e., a car passing, a plate dropped in a diner, what a person is going to say, answers all the questions on Jeopardy, etc. only to find disbelief in their eyes and more frustration for him.

Then, he moves into a phase of anger. Again, only thinking of himself, he becomes reckless in his behavior to others and to himself. He even begins to try and kill himself, only to find he is right back in the same hotel room being awakened at 6 a.m. to the song, "I got you, Babe" by Sonny & Cher. He even goes to the extent of taking advantage of his predicament without regard to others' feelings. He finds out intimate details about women that he wishes to sleep with, only to wake the next morning feeling more empty. Yet, he continues the same tactic on his producer, played by Andie McDowell whom he really loves.

At first, she is taken by what "appears" to be things they have in common and those little things women like to hear. Andie's character, Rita is somewhat fooled to begin with only to realize an uneasiness about the situation and a feeling that "something is not right here." She even has moments of *deja-vu*, which Phil denies. Feeling worse about himself, this propels Phil into doing everything he can to win her heart. He learns French poetry, plays the piano and numerous other things to get her to fall for him. This only makes her more adamant that something is not right with the situation.

Out of sheer frustration, Phil finally has an epiphany moment that leads to self-discovery. The defining moment comes when he surrenders. In his rejection, he withdraws, walking the streets of the little town bumping into people and feeling blue. When suddenly he realizes that he has walked the same street hundreds of times and passed this homeless man. Each time in the past, he ignored the man's out stretched hand. But, not this time! He puts a wad of money in the man's hand and takes him into the diner, buying him as much food as the frail, elderly man wants. Pleased with himself, he is later shocked to discover that the man died that evening. He is so jarred by this after helping the man that he becomes obsessed with changing destiny. In one moving scene, he tries to resuscitate the man in an alley. He holds the man, crying out to God asking "why?"

It is at this moment that he stands up, brushes himself off and "gets it." Each morning thereafter he wakes feeling rejuvenated and excited about what the day will bring. He discovers who needs help in the town and goes out of his way to make each and every person feel better about him or herself. Meanwhile, Rita takes notice and "feels" the difference in the rawness and truthfulness of his actions. She spends an extraordinary "day" witnessing the changes in him and the effect he has on others. Afterwards, she falls for him when he carves a beautiful ice sculpture of her face. That night they make love

and wake in each other's arms. It is then and only then that it becomes the day after Groundhog's Day. Recognizing what has occurred, Phil is ecstatic at what each moment will now bring.

Reading between the lines, I was astounded at how profound the messages in this movie really are. We learn that there are phases to our spiritual growth and enlightenment that most of us have in common. We struggle with these issues in this lifetime and over many lifetimes. It teaches us that the more self absorbed we are without regard to our environment and others only leads to stuck feelings and loneliness, repeating moments until we "get it." We also learn that once we surrender to the fact that all is in Divine Order a flow emerges taking us in directions above and beyond anything we imagined. Finally, as Phil demonstrated, unconditional love and compassion for our self and others is the ultimate act that defines us and leads to living the moment."

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Ellen, from the Ellen Show, this year has been spending considerable time talking about Life Lists". We thought we had written our Life Lists many, many times, until we started listening to what she was actually saying. Life Lists aren't just a glorified goal list we have all done (as 1. Find my purpose; 2. Start a healing center; 3. Be healthy; 4. Be abundant, etc ), but it also contains the little things that just make us happy like 1. Learn how to quilt; 2. Organize my sewing room so I can find things; 3. Keep in better touch with my family; 4. Learn to speak a foreign language, probably Spanish); on and on...Many times the Life List is just in our heads. When we take time to review it, we remember that we had things we wanted to do, but life got in the way. Have YOU written down your Life List? Have we? (Finally by writing this, we are finally doing it or at least committed to doing it).

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Andrew Cohen says the future is not a given. What is going to happen is not already know and is not predetermined. So often, we tend to hold onto the metaphysical worldviews that tell us the high levels and the stages of development are already laid out. But they're not. This is a new way of thinking: the recognition that the structures of the future are yet to be determined, yet to be created. He goes on to say that they don't create themselves, they are created to the degree to which human beings at the leading edge consciously engage in the evolutionary process. Only those individuals who are way ahead of their time begin to create these new structures or grooves in consciousness, and in time, when others progress through the lower stages, they're going to follow those grooves that have been laid by the evolutionary pioneers who went before them. (Yes, we are talking about YOU). When enough people take that path, those grooves get deeper and eventually become stages that everybody is going to develop through automatically. So the awakening human at the leading edge today bears a profound responsibility to an evolutionary pioneer, to be the one who is literally living in that place between the present and the future. There is no one else who can do this for us.

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It has been said nearly all of our lives, that we only use 10% of our brain., but I have heard and read recently that this isn't true. We may think we only have access to 10%, but the other 90% is feeding and supporting that 10% - so we may indeed be using all the brain. Along with this... everyone recently has been on the DNA wagon. Activate my DNA, please.... Seems to be the battle cry. Well, no one can activate your DNA except **YOU** as you proceed along your own spiritual path. We can repair your vector codes of your DNA (Level 15)... but the actual DNA is connected to your own Vibrational rate.

It has also been written (in articles by Grazyna Fosar and Franz Bludorf) that only 10% of our DNA is being used for building proteins. This is the small subset that is constantly being written about. But what about the other 90%? It is considered 'junk DNA'. As with the other 90% of our brain, this "junk DNA" has a role. Our DNA is not only responsible for the construction of our body, but it also serves as the data storage and has a role in communication, according to these German researchers. These linguists found that the genetic code, especially in the apparently useless 90% junk DNA, follows the same rules as all our human languages. They compared the syntax rules (the way in which words are put together to form phrases), semantics (the meaning of language), and grammar. They found that DNA follows set rules, just like language, so human language did not appear coincidentally but is a reflection of our DNA structure. What does this mean? For example, human DNA can react to language-modulated laser rays that use "readable" (pertinent to our DNA) frequencies. The DNA actually becomes altered when language is applied to it via laser. Esoteric teachers have always know that our body is programmable by language. You may have always wondered why affirmations work... (remember affirmations can be positive or negative). Our DNA actually reacts to language and is altered, either positively or negatively so be careful of what you think and use your language to obtain what you want rather than what you don't want. The words (written, thought or spoken) can alter your DNA frequencies.

This gives a whole new look at the life lists, huh? Write things down, make things happen on purpose. Thinking and verbalizing (talking about what you want to accomplish) are good starts to this, actually writing them out commits you to actually doing.

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Also, about the same time, we picked up the Sunday paper's Parade section. The article was all about if you could spend the day with someone already dead, who would it be? (I know this seems like a strange segue, but stick with me, I do have a tie in.) I would choose my dad first. He died when I was 18... I'd like to have him meet Loren and the kids. I'd like to talk with him about the work we do. I'd like to thank him for being a role model of "living in the day". Not a day went by that he didn't tell us that he loved us. Next, I'd chose my mom... basically because she died when I was 4 and I'd just kinda like to meet her. The third person would be Jesus... I'd like to ask him what he thinks about all this stuff that goes on in his name. I'd like to hear from him what really

happened, and ask for insights on what I could do today. Loren didn't pick family members, he went straight to Tesla and then to Merlin (if he ever existed). He'd ask Merlin how to do all the wooga, wooga work and probably ask him if he used to be Thoth,. If so, he' like to get Thoth to translate in his (Thoth's words) The Emerald Tablets. All in all, we had a great time discussing the whos and the whys, etc. As the discussion progressed, we realized that we probably already had access to some of these folks through our spiritual resources. We probably had access through our own intuition, through our inner beingness.

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In order to use our spiritual resources, we have to know how to get out of the way and allow them to "guide" us. Spiritual resources can include our spirit guides, but aren't certainly limited to just them. We have the "whole" other side when it comes to spiritual resources. Just think about the vastness of this. There is a virtual unlimited supply of help for us. But we have to be willing to, again, get out of the way. When I say get out of the way, this means to get out of the way of your thinking process and your "trying" process. Athene Raefiel writes that spirit operates on frequencies and also communicates with us through frequencies. (Here we go again with those frequencies!!) They do not communicate with us through our rational mind. Some believe that they put thoughts into our mind, but Athene believes (as we do) that we interpret what they are relaying and put it into thought form ourselves. If we listen, this can also have an affect upon our DNA.. we can co-create our future with our spiritual resources. Can these guides be some of the folks we chose to spend the day with... you know, those dead folks? Why not? Spirit guides come in all shapes and sizes just as we humans do. They all have different functions in the universe and different relationships with mankind.

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### **Level Eighteen: Keys to the Energy Gateways**

The most recent energy shift that have been taking place have torn away the last veils so we can more clearly see what has been hidden from us. All around us, no matter where you live, exists energy gateways to new life and experiences. There are gateways that are visible and some are located in the your physical body. These gateways are real and do exist. Some gateways exist as specific places. You can be transformed by simply visiting these places. Other gateways require energetic passwords or vibratory signatures, which is the key to open the gateway. As your vibration increases more gateways will be available to you. When you are vibrationally ready for these gateways, you will need an etheric guide to sponsor you so the unconscious or unprepared cannot enter them unaware. This is for your own safety.

There are many kinds of gateways all of which serve a different purpose. The intent or purpose of some goal or desire for your personal development is the reason to go to a

certain gateways. WE provide the key. Once the gateway is opened, your journey begins. The energy draws you in and changes are effected, so that an adjacent universe can occur.

When you have established your intent, change begins with what appears to be disorder and disintegration. When your physical body goes through a gateway, it breaks down to the basic elements that can move easily within the various levels of the universe. Once your intent is clear, this process is usually so rapid that it is barely noticeable. The mind filters, edits, and pieces everything together into a logical sequence giving you the impression that reality is one continuous event rather than the infinite collation of alternative possibilities which it can be.

You are use to being organized in many situations. When there is disorder, you become confused. When there is confusion in your normally organized world, you are actually going through a change in your current orientation to something new. This is a good thing.

When you enter a gateway, the energy accelerates throughout your entire physical body. When you arrive at this new destination, the original intent manifests and begins to download itself into the appropriate physical vehicle.

Once you have arrived at a destination point, your mind is free to concoct any number of rationalizations to explain why and how you are there, rather than where you were. Sometimes, it will appear as though you awaken from sleep, only to assume that you were just having a dream. At other times, you will experience time loss during a car trip or while working in the back yard.

Energy gateways are basically the intersection of desire and opportunity. The vibration of an individual synchronizes itself with physical conditions to produce a change or an effect. They can be physical in form or can exist merely as states of mind.

Some of our most famous and powerful sacred sites on the planet are energy gateways. Stonehenge, with its stone formations symbolizing doorways and archways are inspirational to those who see or visit it. It is a visual reminder to be open to the possibilities that surround us. Other well known structures include Newgrange located in Ireland or The Great Pyramids in Egypt. These are just a few of the most famous gateways. Other gateways are less known, and are points of interest to those among you who are serious about your journey and wish not to be disturbed in your process. **Gateways can be opened, and Gateways can be sealed again. It is all a matter of mutual contract between you and the reality context (your intent) within which you move. WE provide the keys and are your initial sponsors for your travels.**

Travel through gateways can be horizontal (through time), vertical (density to density), or diagonal (variations of both). Know that your journey through a gateway is circular. You always return to the point of origin making stops along your journey picking up information for the next step. The appearance of an end is an illusion for the wheel of life continues to turn.

Many of you have been on this journey a long time. This is good. You have worked through many of your issues and done many things in order for your body to increase its vibrational rate. When you look back at your journey to where you were at the beginning of your quest, your whole attitude has changed. Your physical body is truly less dense. As your vibration goes up your able to channel more light and sound.

*At the highest level of knowledge and expression, all interpretations are Neutral.*

To label something good or evil is to place it within a polarity, which stops its expansion. When a person becomes invested in a list of definitions (when they create a belief system), he too, solidifies (becomes more dense) and commits himself to the life process that is playing itself out at that frequency of vibration. There is nothing wrong with this for people do it everyday.

*Armed with the keys, assuming an attitude of unconditional acceptance or neutrality becomes an automatic gateway within the universe enabling you to move freely between the various realities that exist.*

Your vibration decreases when you form judgments concerning the universe you are inhabiting. The degree of deceleration is correspondent to the intensity and essential inflexibility in the attitude of the observer. The more absolute your judgment, the heavier the reality becomes. If a person believes that something is very, very bad he will live within a context of fear concerning its presence in his reality. If he believes that something is very, very good, he will still live in fear, as he will dread losing it.

When you let go of judgments of yourself and others, your vibration goes up. When you take on new judgments, your vibration goes down. If your vibration remains constant, you have the option of going through the gateways at this vibrational level. These are the laws that govern movement within the universe. Up until now we have been blundering our way through some of the gateways but not knowing how we got there or what to do when we got through. Now we have the option of using the gateways consciously to intensify the power of our physical experience.

The next question is “How do I get to this neutral state of being?” As you have learned over time, you have a list of facts that you know to be true. Imagine holding all those facts or truths in one hand. In the other hand, you have the evidence to support the truths to which you believe. Over time, you learn to throw away old facts as new evidence is discovered to support new facts or truths.

In order to remain in a neutral state your beliefs will shift and change as new evidence is discovered to support new truths. This will also keep you in “BALANCE.”

By doing all the levels of work up until now has prepared us to go to this next level.

**How is this level different than our other levels?**

Each level has given us different pieces to assist us in clearing our physical body as well as access to our personal experiences and knowledge in other lifetimes. This level gives us access to other experts that we can gain information from to assist us in our process now.

This level introduces the term gateway. When passing through a gateway, your physical make-up changes until it returns. The gateways you use are not going to be the same each time so it is not the same work as the Portal Alignment which was used in level four or the Portal to the Imagination Plane in level 14.

**How will this level help me?**

It will help you find solutions to problems or situations that you have been working on.

It will help you access places that have not been able to get to.

You will be able to have access to people that have certain specialties for solutions to problems that you have been working on.

You can go to a sacred site and have a more in depth experience than you have been able to access before. These sites are so much than the physical structure.

You will be able to access levels of the universe that your vibration resonates with. As your vibration rate increases you will have access to more levels.

**Why would I want to do this level now?**

So many of you have been on “hold”; have been on the hamster wheel life; have had the “blahs; know there is more to “it” (whatever it is); can’t seem to get “there” (where ever there is); have the answer at the tip of your tongue, but can’t seem to access it; are sick and tired of being depressed, angry, on hold, not fitting in or just plain tired of being sick and tired. This level will give you the keys (which are embedded into your etheric and physical bodies) to go to the next step and find these answers.

The more levels of work you have completed, the higher your vibration can go. The more you can think your body open yet maintaining the connection to Mother Earth and the Universe the better it can be for you.

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**News Flash:** Loren is in the process of designing and creating healing jewelry. Some of the pieces he is designing are not only quite unique, having specific healing purposes, but are also very beautiful. He creates the pieces while listening to sacred music so the pieces are infused with the various vibrations. Watch our website for more on this.

**Signing off for now –Go start your life lists.....**

**Loren and Diane**



October, 2006 Mickelson Muse Addendum

Hi All,

When we wrote the last Mickelson Muse we were wondering if there was a special day or period of time during the month of October that we would feel an influx of energy. The reason we were asking ourselves this question was in the speed the last level came into reality, even though we have had some of the elements to this level for over ten years. For those of you who can, it would help you personally, Level 18: Keys to the Energy Gateways, to have this level done soon. It is soooooo interesting when some new information comes through that we get lots of pushes to get it out and get it out NOW, but rarely are told why. Trust us, even if we ask, the answers will be that it will all be played out in the timing that is correct. I really hate those kind of answers. Anyway, the answers this time did come through with a landslide of emails telling us or announcing the 818 Gateway or Cosmic Trigger Event, the 818 Event and Spiritual Center of our Planet, the Local Interdimensional Portal, Time 2 Wake Up, Abundance Manifestation Event, One Millionfold Manifestation Event, Turbo Assisted Booster For Manifestation, etc. We figured that there were so many names given to one event, that it must be significant!

The special day is **October 17.2006**. Matthew ([www.matthewbooks.com](http://www.matthewbooks.com)) states “Yes indeed, this is for real! The magnification of light during those hours is of extreme importance to your individual and planetary progression, and we urge all of you to concentrate on your heart’s desire for self and Earth, on love and peace and the god-ness of every soul.”

This is the beginning, one of many trigger events to come between now and 2013. An ultraviolet pulse beam radiating from higher dimensions in universe-2 will cross paths with the Earth on this day. Earth will remain approximately within this UV beam for 17 hours of your time.

This ultraviolet beam resonates with the heart chakra, it is radiant fluorescent in nature, blue/magenta in color. The effect is every thought and emotion will be amplified intensely one million-fold. Yes, we will repeat, all will be amplified on million times and more. Every thought, every emotion, every intent, every will, no matter if it is good, bad, ill positive, negative, will be amplified on million times in strength.

What does this mean? Since all matter that manifests is due to your thoughts, i.e. what you focus on, this beam will accelerate these thoughts and solidify them at an accelerated rate making them manifest a million times faster than they normally would. Your thoughts, what you focus on, create your reality. This UV beam could be a dangerous tool. If you focus your thoughts on negative issues in your life, they will manifest into your reality almost instantly. Then again, this UV beam can be a gift if you choose it to be.

This UV beam comes into full affect for 17 hours on the **17<sup>th</sup> of October, 2006**. No matter what time zone you are in the hours are approximately **10:17 am on the 17<sup>th</sup> of October to 1:17 am on the 18<sup>th</sup> of October**. The peak or key time will be **17:10 (5:10 pm) on the 17<sup>th</sup> of October**. You do not need to be in a meditative state through out this time.

Your thoughts can be of any nature of your choosing. Some ideas for positive thoughts could be love, prosperity, healing wealth, kindness, gratitude both on a personal level and universal level. Also, this is a good time to manifest getting rid of things, a time of clearing. Write these things down too. It is going to lift a lot of burdens off of those who have been in valleys of depression, feeling as though they are on a low path or a stuck path. It is going to elevate them to higher vibrational rates and empowerment (taking back their power).

Take some time and write down your intentions. If you can, take some time during the 17 hour window of time, to go over your intentions and state them verbally. Don't make this a burden or chore... have fun, OK?

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