

Mickelson Muse

From our state of deep thought or dreamy abstraction.

No. 38, August 2008

Happy August..... and, hey, all you Leos.... Happy Birthday!!!!

August Energy

There are many things happening this month. There was a **New Moon** and **Total Solar Eclipse** on August 1. On August 6th, it happens to be Diane's birthday and our 42 anniversary of our marriage. A major event is happening on **August 8th**, 2008 ($8-8-2008 = 26$ [$2+6 = 8$]). So the energy of 8 is upon us and the **Olympics** start. On August 16th there will be a partial **Eclipse of the Moon** and **Full Moon**. August 16th is also the 21st anniversary of the **Harmonic Convergence**.

8-8-8 is happening midway between two Eclipses. Some people have compared the time between two Eclipses to a vortex or tornado of change. This period of time from the 1st of August to the 16th will be like we will be taken up in a whirl-wind, everything that represents the structures of our lives and our culture and even our bodies will be transformed and changed when we land back on the 16th.

On the 8th of August a major gateway will open. Some call this The Galactic Infinity Gateway, Eight-Dimensional Infinity Gateway, Lion's Gate, and Royal Gateway. No matter what it is called the energy of this period of time makes me feel like I am on a roller coaster ride.



This is a crop circle that appeared in a field in Westwoods, near Lockridge, Wiltshire on July 17 which I feel is important to the events happening now. This crop circle reminds me of the light that we carry within us and our energy absorbing the Adamantine Particles. (Definition from www.awakening-healing.com: The adamantine particles form all elements of the universe. They are the smallest, indivisible particles that assemble the atoms of all original substances like

oxygen, nitrogen, iron; in other words, “everything that is”, including our bodies. We believe that quantum physicists have already proven the existence of adamantine particles; however, they have given different names to these fundamental particles, some of the names are: electron, quarks, muons, neutrinos, etc. this happens due to the fact that some of these scientists are based in different countries and are funded by diverse organizations. In order to avoid creating confusion, we are using the word Adamantine Particles to label all fundamental particles.)

The figure 8 turned on its side is the infinity sign of eternal life and connects you with the brightness and blessings of our creator. Adamantine Particles will flow forth from the heart center of the creator which will be filled with the energy of **unlimited potential** and will be made available to the people that have prepared their physical vehicles to receive this gift of Life/Light. So you need to be open to receive. One of the easiest ways to take in the Adamantine Particles is by breathing. Imagine breathing in the Light, imagine your body assimilating the particles, and breathing out your unconditional loving energy, sending it out to where Mother Earth needs it. Your heart (Sacred Heart) will glow with light and this light will be magnified one thousand fold. This flow of energy is very important both to you and the universe. As this energy starts to flow do not allow you mind (Sacred Mind) to get in the way. As you gain access to this energy you need to be smart. You are not here to judge others whose truths are not in alignment with yours. Discernment is deciding what your personal truth is, which creates the rules and wisdom you are to live by. The mind can be a masterful servant, but must be connected to the heart. You must connect, activate and empower both the Sacred Heart and the Sacred Mind. You will be moving from judgment to discernment making choices via the wisdom of the Sacred Mind and the compassion of the Sacred Heart. You have gone through this life learning from your mistakes; allow everyone else this process unless they ask for your assistance or advice.

You are being asked to be a channel for light. These light frequencies and codes must flow through you into the world. It is more important than ever to think your body open, think your body bigger and allow this energy of light to flow through you and out into the world. We honor you and your process.

Think of the mass consciousness of 8-8-8 since the Olympics are starting. You can play a key role. As you do your meditation and tune into the group energy, just think of the possibilities – every country around the world will be coming together in peace to compete in tests of skill, honor and greatness. This truly is a beautiful opportunity to create change with intention. Tune in to the mass consciousness and envision the world the way you would like it to be.

We found the following meditation and thought some of you may be interested in participating or you could light a candle with the intent that want.

Phoenix Rising Star has given permission for anyone to use this meditation.

8/8/08 Meditation for Activating YOUR Zero Point

By Phoenix Rising Star

This is the written guideline for the meditation. You can also download the actual meditation as led by Phoenix Rising Star, available in MP3, from The Spirit of Maat (www.spiritofmaat.com) in August and from Your HeartWalk Center in Sedona in July. (www.sedonaheartwalk.com). If you are interested in participating in this meditation through a free teleconference on 8-8-08, please email sedonaheartwalk@yahoo.com with teleconference as the subject.

Background: This meditation came about as a result of my intention to learn how to access Zero Point Energy* without tools. The Angels and Ascended Masters that guided this meditation were a team of twelve, led by Melchizedek.

(*Zero Point Energy is defined as the electromagnetic field, once known as the void between cells, now known as the space of creation, that helps explain intention. It is estimated that there is enough zero point energy contained in one cubic meter of space to boil all the oceans of the world.)

This energy needs to be shared.

This meditation is for the highest good and healing for all.

It will help you

- feel better fast
- feel emotionally balanced and centered
- help you retrieve lost or forgotten parts of self
- manifest your heart's desires
- send healing to those whom you have permission
- send healing to the earth, other planets, stars, and the universe.

It is a meditation that works. And it's free.

And if we all do this meditation within a 24 hour period, it will create a planetary shift faster and better than any of us thought possible! At least that's what my angels and guides tell me.

They've picked August 8, 2008 as the Meditation Day. At 8AM, your time, wherever you are. So in that 24 hour period, everyone who wants to be a part of this will have, and can see instantaneous results, the angels and guides say.

How many people does it take to change the world? What if we have the number it takes? What if we can all access Zero Point Energy for the highest good and healing for all? What will the world look like if it changes for the highest good and healing for all?

Drunvalo Melchizedek says it only takes 3 beings to create change... If so, I know we'll have 3 beings taking part in this.

Gregg Braden says it takes less than 8,000 to change the world. (The square root of 1 percent of the world's population). So let's see if we can't get 8,000 people to all try this meditation on August 8, 2008 at 8AM and see what happens!

Please feel free to send it on to anyone who might feel guided to join in.

Anyone who wants to learn how to access Zero Point Energy without tools.

Anyone interested in healing themselves, and sharing healing with others and the planet. Because you can!

Don't you want to be a part of that shift? If so, I invite you to join with us at 8AM (your time zone) on August 8, 2008 to see if we can truly make a difference in this world.

Preparation: If you feel guided to write things down ahead of time, feel free to do so. Or if you are a person who makes mental lists, that works too.

Prior to doing the meditation, you'll want to

- 1) state your intention for healing,
- 2) receive permission from the people/beings you wish to send healing to,
- 3) receive permission from Mother Earth, or any inter-planetary places you wish to send healing to, and
- 4) create a list of people, events, and/or circumstances you'd like to manifest for your heart's desires.

Please be aware that there may be terms used you are not familiar with (such as chakras, causal body, merkaba, etc.). Just assume your higher self knows what these are and will only allow what is for your highest and best to take place. Action will follow intention.

Also, if this meditation feels overwhelming at any time, just do what you can do. It is not necessary to complete the meditation every time. Do what you can and sit in sacred silence the rest of the time.

The Meditation:

Begin by balancing your chakras, using whatever way you are used to. If you aren't used to this, just have the intention that all of your chakras are balanced, aligned, and spinning in the right way.

Turn your awareness to your heart space and concentrate on feeling the emotions of love, joy and gratitude. If it helps to remember a person or circumstance in which you felt those feelings, do so. Allow the feelings to build and build inside your heart.....

Let's begin with the physical body. Invite all the cells in your physical body to begin feeling love, joy, and gratitude. Really feel this. Feel the fullness expand in your body as you allow yourself to experience these feelings.

When you're ready, invite all the spaces between your cells to feel love, joy, and gratitude. Really feeling it. Feeling yourself expand even further.

Do the same thing for your emotional body. Invite love, joy, and gratitude into the cells of your emotional body and really feel it. Feel the fullness expand as you allow yourself to experience the feelings. Invite these feelings into the spaces between cells in your emotional body.

Continue inviting your cells and the space between your cells in your mental body to feel love, joy, and gratitude. Really feel it. Move to your spiritual body and do the same thing. And your causal body... And your merkaba and light bodies.....feeling love, joy, and gratitude and expanding into those feelings.....

Know that in this state, you are connected to your Divine Self. Send love, joy, and gratitude to your Divine Self. Stay in that space for as long as you wish....

Keeping those feelings of love, joy, and gratitude, prepare yourself for sending this to those from whom you have received permission. Ask your Divine Self to send it to their Divine Selves. See these emotions filtering from the Divine Self directly to each in whatever way is for his/her highest good.

When you feel it's time to move on, ask that this love, joy, and gratitude continue to filter through each person as long as he/she needs it.

Next, ask your Divine Self to send love, joy, and gratitude to Mother Earth. Ask that your Divine Self connect with hers. Allow love, joy, and gratitude to filter through the Divine Selves to Mother Earth in whatever way is for her highest good and healing. Just send it, don't be attached to the outcome. See this continuing as long as is necessary.....

Ask your Divine Self to send love, joy and gratitude to other planets, stars or universes. Ask that your Divine Self connect with theirs. Allow love, joy, and gratitude to filter through their Divine Selves in whatever way is for their highest good and healing. See this continuing as long as necessary.....

Last, using your list of your heart's desires, ask your Divine Self to send love, joy, and gratitude to each and every element on your list. Just send it, without being attached to the outcome. Your Divine Self knows exactly what is needed for your highest good and healing....so just allow it to be sent. Know that you are now in divine timing and divine order for everyone's highest good and healing.....and that's all you need to know for this moment.

Continue in this state of love, joy, and gratitude until it feels complete for now. Know that you can always come back to this place. Know that you can always access this energy any time you want to. And to expedite the process, you can touch your thumb and index finger together, making it faster and easier from now on, to be in and send love, joy, and gratitude.....

Namaste.

Phoenix Rising Star

End of Meditation

New Topic: Time

Have any of you noticed how weird time is passing? It seems that time is passing faster and faster and faster, but it has nothing to do with clocks or calendars. That sensation (Matthew writes about in his latest channeling by his mother, Suzy) is due to the higher vibrations Earth has reached in her ascension pathway, and linear time that existed half a century ago has been condensed into less than half of the 24 hours-per-day measurement back then. Those third density devices you use to keep appointments and plan ahead won't be needed in the universal continuum, where everything is a series of events happening simultaneously. Later on you will have clarity about the continuum, but for now (Matthew writes), please accept our word that even through according to your calendar 2012 is 3 ½ years in the future, that period will be "crunched" like the hours of the day that increasingly will feel as if they are zooming by.

Everything is occurring more swiftly than ever before in your recorded history; however, just as world transformation is a process, leaving linear time and entering the continuum is also, there

won't be an abrupt ending of everything familiar and sudden entry into the unknown. It will be gradual. So folks, time is 'achanging', it isn't just in our heads!!!

Changes

Are you ready for all the changes that are happening? You do realize that this is all happening NOW... not in the future. We are in the midst of it all... Tom Kenyon who channels the Hathors writes that from the standpoint of time and space, we got caught in the middle. We are caught in the middle of the tensions between evolution and de-evolution, spiritually speaking. We are at the center-point of time and space. This is an energetically intense place to be and from the standpoint of the soul, or the spark of consciousness that we are, our interdimensional reality, these are potent, powerful times. The Hathors go on to say that from their standpoint there is nothing that an individual can do to prevent the dissolution of that which needs to be dissolved. The planetary changes are upon us. Our opportunity is to navigate through these changes in ways that strengthen us and lift us upward, even as those around us seem to spiral into negativity, despair and acting out of their self-destructiveness. As you look to the human collective and see the self-destructives, the stubbornness to change, the tendency to stupidity – make sure you aren't a part of this collective. How do we navigate our lives through a sea that is filled with fear, hostility, paranoia, constraint, lies, and manipulation? How do we pass through the eye of the needle or the eye of the storm? Just like that... you stay in the eye – you stay in the middle. I know we have talked about this... but you stay balanced... you become (as a friend of ours always states "Switzerland"... You can still have your own opinions, but do not force them onto another. You live your life, certainly, offering your opinions and help, but in the end – let others live theirs as they choose. Please be aware of the fact that the world is 'arockin' with changes – relationship, careers, residences, your individual body, your environment – they are all changing. Please be aware that there are higher and lower forms of vibrating energy that will create things that feel good and things that do not. Some things may feel good to one person according to how they interpret them, and may feel very unpleasant to another. It all depends upon where a person is... As we begin to vibrate higher and higher, we become less and less of a match to what has been created so far on this planet and also to any lower vibrating aspects of other human behaviors and realities. Are you ready? Again, balance, balance, balance.....

Fear

It seems like folks all over that place are bring up the FEAR card. The politicians badger us daily with the Terrorist Card (in that you must lose some of your rights, your liberties in the name of keeping you safe). Religious individuals are shouting Armageddon from the roof tops... the world is coming to an end or the anti-christ is out to get you and lead you astray, you must repent now or go to hell forever. And then there is real fear about the economy.. how do we survive? What about the environment? Will there be fresh air to breathe, water to drink, etc.? All the above are certainly concerns – and, we can go into fear about any one of them, but what good will it do? Will it solve anything? Will "fear" make you feel better about anything?

As difficult as it seems, you need to go to the center.... do the Gold Light as many times as you feel the need to.

That is it for now... see you all on the 8th!!!

Loren and Diane

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