

Mickelson Muse

From our state of deep thought or dreamy abstraction.

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This is a long one – you will probably need to print it out, get a cup of tea, go find a comfortable place to read and “go at it”... as always, take the information that fits and discard the rest....

What a ride it has been... it seems as if we have been going through this transitional phase forever (we probably have...)... there are times when we wonder if we can hold on, other times when excitement just permeates throughout our pores, yet other times when we just want to say, “Screw it, let me off this train!” How are all of you doing? If you are like Loren and me, it depends on the moment you ask – we have different answers at different times. So, perhaps, it is best not to ask at all, instead just live and try to not evaluate, dissect, and over-intellectualize what in the heck is going on. Just to do what is on the agenda and not over-think, because, believe me, if you can actually figure it all out, then get a publisher and write a book of instructions for the rest of us. We certainly could use it.

Paradigm Shift

Just what is a paradigm shift anyway? Thomas Kuhn wrote, fathered and defined the concept of paradigm shift ‘as a series of peaceful interludes punctuated by intellectually violent revolutions and in those revolutions one conceptual world view is replaced by another.’ Think of a paradigm shift as a change from one way of thinking to another. It is a revolution, a transformation, a sort of metamorphosis. It just does not happen, but rather it is driven by agents of change. The introductions of the personal computer and the internet have impacted both personal and business environments, and is a catalyst for a paradigm shift. We are shifting from a mechanistic, manufacturing industrial society to an organic, service based, information centered society, and increases in technology will continue to impact globally. Change is inevitable. It is really the only true constant we have. For millions of years we have been evolving and will continue to do so. Change is difficult. Humans resent change; however, the process has been set in motion long ago and we will continue to co-create our own experience. Kuhn states that ‘awareness is a prerequisite to all acceptable changes of theory; it all begins in the mind of the person. What we perceive, whether normal or metanormal, conscious or unconscious, is subject to the limitations and distortions produced by our inherited and socially conditional nature. However (and this is a big however) we

are NOT restricted by this – for we CAN change. We are moving at an accelerated rate of speed and our state of consciousness is transforming and transcending. Many, many, many are awakening as our conscious awareness expands.

The future has already arrived. We are all finding out that we have to face the fact that it's over! We can no longer do business as usual. Our way of life, life itself as we know it, has become unsustainable. This is good news and bad news.... Good news in the fact that this is the time we have all been waiting for, bad news in that the future is here and we do have to adjust, adapt create anew.... Remember change is not just a possibility but the only real constant in our lives, embrace change for a change and welcome it without fear or reluctance. This does not have to be the old way, the hard way. We can do it with ease. In fact, simplicity is a key word for the NOW. Anything too complicated will become obsolete – instantaneously. As time accelerates, we shall learn to use it more wisely, constructively. In fact, long, complicated essays, books, concepts, courses teaching, etc. will be/are obsolete, while simple, clear books, concepts, courses, etc. will be/are timeless. Ego based behaviors and practices are joining the extinction list and fast!!! New love-centered behaviors, practices and industries are now the norm and they will survive. Anything encourages dependency and relying on someone else to save you is obsolete. The same applies to belief systems based on fear and damnation, condemnation and judgments. They are all obsolete. The new consciousness expects and knows better. The teachers will teach as much by example as by lecturing. All in all.... We must adapt or become obsolete. Complicate and become obsolete. Procrastinate and become obsolete. Simplify -- keep it simple...

We are all connected.. Actually everything is interconnected!!! We are all in this boat together. This is the ultimate Noah's ark, and we have been in a very rough sailing. Many will miss the boat, others will jump off the boat and many, many more will not even see the boat at all. Where are you? Are you on the boat, waiting for the boat, not seeing the boat or better yet, not even aware there is a boat?

2009

Ok, let's talk about the year 2009.... In most numerological circles the number 2009 is a two or an eleven. Steve Rother writes that quite a few numerologists are using the countdown to ascension (010101, 020202, etc) to illustrate an important point. They say that we stand at a very unique window of time where 2009 will begin to end the illusion of separation of Earth. The outcome lies firmly within

each of us. It means we must have the courage to educate ourselves totally **out of fear**. It means that we must each individually examine and release our own outdated belief systems or what the group that Rother channels calls BS. Personally, we love that term... our old outdated belief systems being BS.... 2009 can be the beginning of the end of separation on our beloved Earth if we all take the challenge of look inside and re-evaluate our own BS. As the evolution of humanity continues, flexible belief systems will support unity while rigid ones will support only separation. Have you evaluated your belief systems lately? Do you still have some that don't fit the you that you are today? Life here on earth is always in the change mode and at every moment life is changing and you are changing. Once you were a toddler and now you can carry a toddler. There is not a moment of life that stays the same. Let the past be a beautiful bird that has flown away. Whether you let it fly away or not, if you like it or not, the fact is that the bird is gone. You cannot change the past. You cannot keep it. The past, despite all you know, all you have done, is irrelevant to you now – it is the past. We may learn from the past, but clinging to it is futile. It is over, so do evaluate your beliefs and see if any of your past beliefs are still relevant to you today.

Ascension/Resurrection

We find it interesting that about half of all the channelers or folks who write newsletters, etc. are not only talking about ascension but talking/writing about it occurring differently than they used to talk about – differently than was once “common knowledge” or “accepted fact”. We find it interesting (we admit, perhaps, a little self-servicedness, little ego centeredness, etc) that we talked about your choice of ascending in your 3rd dimensional physical body (Level 5 – different ways of ascending). Oh, my, we were called the “devil’s spawn”, “who do we think we are?”, “how dare you”; trust me - we could go on and on and on... Not only were we called names by “the folks, the gurus, the ones-in-the know”, but we also lost about ¾ of our client base at the time. 1994 was WAY too early to be talking about this, I guess. Now many of these SAME folks are presenting the same material as NEW news.... Oh my!!!! Well, now I’ll get down off my high horse and will continue the newsletter, with maybe some good information... who knows?

So, the “ascension” and the energy of the ascension are flooding the energy field of the earth now. This influx of energy has had a dramatic effect on many of us and has created what may be called as **huge perceptual openings**. By perceptual openings we mean that many of you are able to see and experience high realities, higher energy fields, and (perhaps) you have also experienced an increase in your

sensitivity. By ascension, we mean a movement upward in consciousness. You do not “go” anywhere. You do not “leave” anywhere. But your perspective, your perception, is radically altered. Tom Kenyon writes that you begin to see through the maya, or the illusion of this world, which is created through the dance of subatomic particles and into a configuration of what you call matter. Through the ascension process you realize that you are the creator of your experience. It does not mean that you leave this world, but it does mean that you have transcended it, while still being a part of it, for you see through the lens of perception that life is a movie that you are projecting. Simply stated, ascension is raising your frequency.. remember now, we are trying to keep things simple.

Ascension has been talked about and described in many ways. Maybe we need to take a moment to review some of them. Some folks talk about raising your vibration so high you will ‘disappear’ from the 3rd dimension and reappear on some other dimension. Ascension will be an upliftment in place. Another idea of ascension actually goes back to the prophets thousands of years ago when they said the idea of the resurrection ((ascension) these two words will be used interchangeably as they basically mean the same thing)) was that your body upon death would still remain in the death state for a period of time. Through a miraculous energetic intervention, that the body would reform itself and then transmute into the higher realms. This experience was defined as being resurrected. In this concept of resurrection, one must first reach the death state. Upon experiencing the death state, one would then be able to be ‘resurrected’, or be reformed in a higher dimensional body in another dimension. This is the concept many of us were taught to believe. It is a known concept that resurrection (again, ascension) does occur on a regular basis, or at least, that is the belief of most religions. So if resurrection can occur when the body is no longer alive, then wouldn’t it be logical to conclude that resurrection could also occur while the person is alive? Why is it necessary for the person to go through the death process in order to resurrect/ascend? In ancient Greek and Hebrew, the translation of resurrection meant “to restore the dead”. Within the confines of the word of resurrection comes this concept that the dead are restored or brought back to life. Why does it have to be necessary to go through the death state in order to be ‘restored’? Rather you can experience it directly from a high state of consciousness in the 3rd dimension while alive to a state of multi-dimensionality. In fact, the bible writes about Enoch and the prophet Elijah both ascended or resurrected. Their state of being was in the alive state when their ascending happened. They were not in the dead state. So this is the third way to look at ascension, it is could actually take place while you are “living” in your 3rd dimensional physical body. You ascend within your earth body but stay on earth

and become truly multidimensional. Your vibration is high enough to be totally aware of being here on earth in the 3rd dimension while also being aware of being in other dimensions and enjoying all the “perks” of everything.

Ascending while you are alive offers several advantages. Advantage number one is that you don't have to die in the physical. When you die in physical, there are complicated events that occur, which in some cases closes the perceptual field and closes the knowledge field of the person. Of course, those fields can be reopened, but it takes time and energy. Some people have compared the dying experience as going into a tunnel. As you know, driving in a car through a tunnel under a mountain, you usually have a period of time in the tunnel that even though it may be artificially lit, you “know” that you are in total ‘darkness’. In that period in the tunnel (even though you know you are going forward and you know you will come out on the other side) there is a moment of questioning and there is a moment sometimes of fear about what is happening – will you really drive out? But in our **live ascension**, there is no feeling of detached energy from the process. You are directing yourself. Part of the preparation you have been going through with your increases in vibration is that you are more aware of your multi-dimensionality. You are becoming (or have already become) aware that you reside in multiple dimensions at the same time. Many of you have learned how to project yourself to “other places”. You have been ascending. Don't make this hard... you get to choose, you know. No one will force you to do it one way or the other. You have free-will, it is your choice. Again none of this has to be hard or difficult. People used to write about all the rules and regulations – do it this way or ‘else’ stuff. That is the way it **used** to be.. you still can do things the old way; there is no wrong way to evolve. We used to be so careful on how we said things and very fearful of saying or doing something wrong (like saying “I want to be healthy”; would keep you in the state of want); now it is all about intent. What is your intent? Figure that out and forge ahead. Things will change; you may as well be in charge of it, huh?

Fourth Dimension

Now let's talk a bit about the 4th dimension – the astral plane. You notice we don't limit multi-dimensionality to the 5th dimension. We believe we will or do have access to many, many, many dimensions. The old thought was that we'd have to do everything in sequence, earn the “right” to pursue higher dimensions, etc. Now we believe every soul (although certainly part of ‘the one’) has such uniqueness that it is impossible to anyone to determine how or what is ‘right’ for you, but there is a dimension called the astral plane which probably needs to be understood a bit

better. The fourth dimension has stages and levels in it, including the lower fourth, the middle and the higher. These are simple ways of describing the levels. The higher fourth dimensional astral realm is quite wonderful, quite beautiful, quite like the 5th and higher dimensions. The lower astral realm is filled with ghosts, misplaced spirits, lost energies and is more closely described as *gehinnen* (biblical Hebrew word for Hell). Probably what we have all thought of as hell all these years (although I have to admit sometimes I think we reside in hell here on the 3rd dimension sometimes.) Hell is on the lower astral realm and is a dark place where you seem to be punished or get stuck in a chain of events that are repetitious. It also makes it seem like you are unable to escape from this place. In many cases, you are repeating a continual unpleasant event. For example, you could be experiencing a violent act and repeating it over and over again. Or keep repeating a pattern or habit that you can't quite seem to 'kick'. Eventually you can get freed from that. Nothing is eternal on the lower astral realm, even though the experience might seem like it will last forever.

Now this is where it gets interesting – in the lower astral realm, the spirit, ghost or displaced energies are still more closely attached to the third dimensions. Lower astral beings can attach themselves and suck energy from beings in the 3rd dimension to increase their energy field. Lower astral beings are in a vibrational situation where the only way of maintaining or seeming to escape from their experience would be to raise their energy field through a parasitic attachment to a 3rd dimensional beings. There are energies on the third dimensional plane that are of the lower vibrational energy. These lower beings have attached to people and have contributed to their doing some pretty awful things. Ghosts or discarnate spirits can attach themselves to anyone of lower vibration and can cause lots of havoc here in the 3rd dimension. All of this is a way of explaining that the 4th dimension has lower layers, and you want to stay away from the lower layers. In the middle and high levels, however, there are teacher and guides and teachers. You go to the astral realm after you die a physical death. You are in the earth's incarnational cycle which means that you will have the free-will decision to be reborn again in the third dimension in another physical body or go to another planet or dimension. If you do remain in the astral plane, you will remain in the 3rd dimensional incarnational process. By doing the **live ascension**, you are free of the earth's incarnational process and become truly multi-dimensional. You can do this because you are going through a process of reaching higher energy vibrations, clearer energy awareness and higher perceptual field awareness. Many are not able to reach higher perceptual field in this lifetime without some assistance (or lack of faith in themselves). This is where folks such as many of you who are reading this come in... we are here to help folks with this assistance, to help others by teaching,

by counseling, but doing energy work, etc. In our normal perception we sometimes cannot “see” the higher realms. We all have the opportunity to go past our normal perception, our illusionary reality and actually “see” what truly exists. But we also have to open our minds for that possibility to exist. Do you have an open enough mind for your perceptual opening?

Energy of Love-Light to Replace Problems

Imagine anything you perceive as a problem. In reality, problems are a drain on your energy. In your imagination you may visualize this problematic energy flowing out of you through your pours, your breath, or a radiating pulsing energy. Once you can determine the way this problematic energy is flowing from you, trace this flow of energy to its source. When you have determined the source of the problem in your physical body, focus on keeping your body open, keep the problematic energy flowing and start to interject your love and your light into the perceived source of the problem. Watch how the energy shifts and changes as you keep pumping the love-light energy into the problem. You may observe changes of color in the flow of energy.

Stay neutral as you observe this process. Let everything go completely and keep the love-light steady and glowing throughout your problem area and then allow this energy to expand to your entire body and essence. You will eventually feel a soothing, comforting, nurturing nature of this vibrant love-light energy.

On a universal thought, since we are all connected, if you process a problem individually, your intent could be expanded to all.

New Work introduced in February... Original Amniotic Protection Code Removal... *(a short review)*

When our soul was "born" or "birthed", it was perfect in every way, totally balanced; but in order for our soul to have "physical bodies" (including physical, mental, emotional), a protection code was put in place so soul could survive in harsh, low vibratory conditions. Soul could not handle low dense vibrations. What started out as highest intent, though, not only protected soul's bodies, but also had a byproduct (side effects) put into place a mechanism that other negative things could also attack, attach or inhabit soul's bodies. It took soul from a balanced state to one of polarity. It also created a situation that soul itself never could "feel" complete... a situation that an individual would always be looking for completion, looking outside of oneself for answers, looking for outside influences to solve life's questions. Added to that, soul's bodies became potential breeding grounds for

cords, negative attacks, emptiness, low self esteem from the 3rd dimensional plane as well as the astral plane (ghosts, displaced energies, energy vampires, lower vibrational spirits trying to get “upgrades”, etc.)

The original protection code was put into our amniotic fluid. After we, as a fetus, started to grow and mature in our mother's womb, according to Wikipedia, amniotic fluid or liquor amnii is the nourishing and protecting liquid contained by the amnion of a pregnant woman. Amnion grows and begins to fill, mainly with water, around two weeks after fertilization. After a further 10 weeks the liquid contains proteins, carbohydrates, lipids and phospholipids, urea and electrolytes, all which aid in the growth of the fetus. Amniotic fluid is continually being swallowed and "inhaled" and replaced through being "exhaled", as well as being urinated by the baby. It is essential that the amniotic fluid be breathed into the lungs by the fetus in order for the lungs to develop normally. Amniotic fluid also protects the developing baby by cushioning against blows to the mother's abdomen, allows for easier fetal movement, promotes muscular/skeletal development, and helps protect the fetus from heat loss. As a person is born this "protective film" has integrated itself throughout all your "bodies." Since the vibratory rate of our earth has been transforming and we also have been increasing our individual vibratory rates, we no longer need the protection we once did.

The original protection code for your physical body was put in place so your soul could survive in harsh, low vibratory conditions. Since earth is changing and we are evolving this is no longer needed and if fact keeps us "earthbound". \$180.00 for Code Removal + 1 Clearing, \$333.00 for Code Removal and 3 Clearings.

This is a very subtle but powerful work for you to consider particularly with above information about the astral level “beings”. For those of you are indigo children or have an indigo child or grandchild, you should consider having this work done for yourself and them. If you want to read the entire description for this work you can go to the website (www.drsmick.com) and read about it under the “Other Services” category.

Change, change, change.....

In closing... with all the change, change, change happening – be very careful what you are asking for, thinking about, etc. Manifesting is happening as quickly as a flash. Remember the days gone by of writing down positive affirmations? This was all well and good, but some of us forget to look at all the negative things we either thought about or said during the day. For every positive thing we wrote as “I

am happy, I am thin, etc” we said things like “I can’t afford it, I am really stupid, Man, that was a dumb thing I just did, Boy, I look fat in these pants, Everyone is calling in to cancel, I don’t have any clients this week, I have no time”. See how many more affirmations are in the negative side than positive side? Karen Bishop writes of our current situation “There are a variety of manifestations currently occurring, all relating to our arrival in a new space due to the release of our presence in the old reality. In this way, much can seem confusing, conflicting, and even contradictory for many of us, but as the ascension process continues to show us, it is never a clear or plausible road the majority of the time. Manifesting what we may have always wanted, finding ourselves feeling as if we have no purpose, desire or interest in anything, feeling completely alone with absolutely no connections, anger and resentment of the past, stuck in old relationships, being extremely busy wrapping up so we can move forward, setting things up for the new, or feelings of bliss, excitement and having the beginning experience of new connections and an amazing new beginning of freedom and joy. What an interesting hodge podge of manifestations, but they all make sense if we know what is transpiring with our evolutionary process. When we complete important phases of our spiritual evolutionary journey, we go to a new space. When we are done, we find ourselves in a space of re-booting or feeling empty and apathetic about everything. Nothing excites us anymore, we may feel useless, lethargic, and empty, perhaps assuming we are depressed and our joyous states of excitement and high energy may be completely gone. This state of being is an indicator that we have completed a very important phase within ourselves and with the planet. This state is very common for our process.” She described it pretty good, don’t you think? We’d add to it, that it sometimes feels like we are on a roller coaster with all the ups and downs... one day up, the next down and yet the next in between. The old doesn’t fit and no one seems to be clueing us in the “new”... The good news is that we are doing it; the bad news is that we are doing it... Hmmmmm.



Have a GREAT day!!!

Loren and Diane

PS. We feel the need to talk a bit about the economic system. It is apparent that we could not continue on the way we were during the past eight years. When we physically go through a change we need to cleanse our body. So the economy is also going through a change and cleanse. The foundation to our economy needs to be founded on truth and with the amount of light that we are able to channel; we need to incorporate light into our economic foundation also. By doing this it should help raise the world vibrationally propelling Earth toward the next dimension. We as individuals need to stay centered and optimistic. Our trust and optimism will also help raise the vibrations of the group or collective consciousness.

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