

Mickelson Muse

From our state of deep thought or dreamy abstraction.

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Ah, a bright note..... Sometimes it is all about how you look at things. As we were walking the other day, I noticed a little pansy surviving in a very unlikely spot:



Each day we passed it - it had grown more; in fact, it survived in some pretty unfavorable conditions... what a wonderful reminder to us. If the lone little pansy can grow and survive, why not us? With the bombardment of all the media hype – Swine flu, economic collapse, wars, is our president “really” our president?, etc, ---- some days it is just hard to get out of bed. Then we take our walk and there is that little pansy just waiting for us, it has grown a bit more, the colors are a bit brighter, it even appears to be waiting for us to say a little “hi” on our way by. How is it that – that little pansy is doing better than we are? So we smile, pretty soon a little bounce comes back into our step, we smile a bit, and low and behold, things seem a bit brighter. All because that little pansy seems to smile back at us.....

So today, we write you all a new newsletter... trying to come up with something profound to say... Not succeeding at all... so we will continue with some random thoughts just to stop by and say “hi”...

We had a question the other day from a friend that asked us how to follow their “bliss”... they said they don’t even know what kind of coffee they like so how could they identify their bliss? I think in order to figure it out; you have to pay attention to the little stuff that you like.... What do you enjoy reading, watching on TV or in the movies, what do you enjoy talking about? What makes you happy? These all should start giving you clues; start keeping a list of what you like to do and things you don’t like. Just because you are good at something doesn’t mean it is your “dream”. I guess the bottom line is to pay attention. We had a good lesson from the little pansy... we get happiness from something as little as a happy little flower. What is your bliss?

So how do you perceive/see/become aware of things in your life? Whatever your perception is of any given thing in your life controls the “belief” you have of that perception. That in turn controls your “reaction” to that belief. And that in turn controls the consequence of that reaction. If you change your perception of that same thing you then change the belief, the reaction and the consequences. You are in control of your life. You control the reality in your life simply by one word --- perception.

Mastery of the self is the permanent decision to rely solely on internal guidance despite the contradictions of all external realities. As each of us fully integrate our individual self-mastery, we break free of discord and new opportunities become possible as we anchor our enlightened potential into form. This mastery requires that we resist the ways of old in exchange for surrendering to our full potential... our divine blueprint. Mastering mastery is where many of us are currently residing. We are tipping the scales of personal empowerment by releasing doubt and the societal-based infrastructure of shame that suffocated our very gifts while at the same time coming to the full realization that our truth is the only truth we can follow. We are the warriors, the way-showers, the star-seeds, etc. We came here to do this....

Let’s all remember not to go into fear. When fear enters the psyche, energy carrying dark tentacles hone in on that. Doubt carries a low frequency that makes it difficult for light to enter... so let’s remember to go to “center”, stay balanced.... And forge forward.

Andrew Cohen writes, “If you really let in how much work went into creating your own miraculous capacity for consciousness – fourteen billion years of hard work – then suddenly you will understand why it is completely crazy to sit around and worry about yourself, about eh endless petty dears and desires of your separate, personal self-sense, or ego. Believe me; the purpose of all that cosmic effort and creativity –from notion to energy to light to matter to life to consciousness to you---was not for that!!!!”

Energetic House Cleaning...

So not only do we clean the energy from your home, the land it sets on, your work area and it has been expanded to include the vehicle you drive. Don't forget your cabin, camper, motorcycle, etc. Some people are having us clear the energies from the properties of friends and relatives. You need to have the places cleared that you visit or spend a lot of time. For your own health and peace of mind, you need to have this done. If you have gone through a change in relationship, divorce, death you need to have this work done.

The intensity of the burdens of society has expanded globally and has taken on a global consciousness of its own. It is almost impossible to keep our personal environment free of these energies. We feel this is also one reason that people have not been sleeping well, not sleeping at all, or having dreams that make no sense and/or are waking up exhausted. Not only your space gets contaminated, but your food is also susceptible to take in heavy displaced energies.

We have been given a complicated formula to assist you in clearing out unwanted energies of your home, property, car or office. (Or this could be any physical place that you want.) This procedure takes both our (Loren and Diane) energies (much like Level One took both of our essences to complete) for the process to be successful.

Cost; Home \$50.00
Property \$50.00
Office \$50.00 (each location)
Car \$50.00
Other things \$50.00

Feedback...

Hi, just wanted to tell you that work has been going well since the cleaning. Last week really flew by, where normally it drags. I am enjoying it more and am not as tired. I feel a relaxing energy... like you take a big sigh and say "all is well with the world". I would describe the feeling as peace, joy, love, contentment... even with the pandemonium of the swine flu.

-VK

Hello Friends,

It is a beautiful summer (90 plus temperature) day in the east and spring, which came very late this season, is exploding in all its splendor/ colors and particularly the trees filling out in various symphonies of green.

I worked in the yard for hours this morning(the outdoor equivalent of spring house cleaning) edging, cutting grass and cutting a very large juniper tree up into small piles that the trash men will hopefully take in the morning.

This has been a time(last few weeks) of tremendous deepening and integration which has found me more than content to just be(sit, breath, be in nature and/or relax with my family between very busy week days).

A deepening sense of peace and a spacey groundedness (with a few emotional blips mixed in) has presented itself which has made the flow of experience seem seamless as if it was navigating its own natural course through time.

I have been thinking of you and was moved to check in to see how it unfolds in the great northwest!

I trust you are well and look forward to the what new work has been birthed through spirit.
Open Heartedly,
-RR

Lately I felt that physical cleaning and smudging, regardless of my intentions, were no longer adequately maintaining a high vibratory energy in my home. After having Diane & Loren do this special kind of clearing/cleaning, I immediately felt the difference. As they suggested, I also hung a Native American basket with bells by the entrance I use. Each time I come in, I mentally place any attachments I may have picked up, negative energies, and burdens into the basket. This is especially important at this time when so many people are losing their jobs, having financial difficulty, and are in a general state of unrest and fear. More than ever, those of us consciously awake need to maintain clear energy, and at the same time make adjustments to help us stay centered. This effective cleaning technique offered was exactly what was needed. I highly recommend it.

-Samone Michaels, Author "Speak Your Truth"

So that is it for now... think we need to go find out little pansy again....

Loren and Diane www.drsmick.com or drsmick@aol.com

PS.... We are working on a couple of new things.... One is Mickelson's Inn which will be a membership or subscription based community; another is the second level of work with the Pleroma Energy.

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