

Drs. Loren and Diane Mickelson

www.drsmick.com

1-206-497-2010

Mickelson Muse

From our state of deep thought or dreamy abstraction.

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Although I am a couple of days late, I decided to wait until Loren left for Sedona for his numerology workshop before I sat down to write this... so here I am... lucky, lucky you!!! This is Number 60 – can you believe that? ... and that doesn't count the ones we did only by snail mail back in the early 90s.... now, those are some “gems”... (o: with that little ditty... I continue:

Updates

1. As the above indicates, Loren had an opportunity to take another workshop from Tania Gabrielle, a pretty famous numerologist... although when folks usually think of numerology, they think of charts... while Loren thinks how the value of stones will enhance the pieces he is designing... So this is the next step in his journey with his jewelry designing... Fortunate Number Jewelry... The name pretty much describes what it is... he figures out what your fortunate number is and finds stones that have that value and designs a piece especially for each person.

2. Our blogging is going well... if you haven't checked either out... please do...

Mine is www.drsmick.com/blog I write at least 5 days a week about “my journey”... trust me; you will all identify with bits and pieces of my daily ramblings...

Loren has two: www.drsmickjewelry.com/blog where he talks about various stones and show photos of his designs and www.fortunatenumberjewelry.com where his blogging is more about the value of stones, etc.

If you do check them out, please do sign us for email updates and RSS feeds and you will get them sent directly to you as we update them. Also, any comments or feedback or even topic suggestions would be welcomed.

3. Although we already presented the [Gold Light Exercise](#) on YouTube, I want to post the link again just in case you didn't download it onto your desktop for a reminder to do some sort of a protection for yourself each day. We are in the process of videotaping other gold Light Exercises from various locations to give you some (hopefully) inspiration. As we get more comfortable with this whole idea of videotaping and the actual taping of the topic... we hope to

video tape us telling our story, information on crystal implants/imprints, segments on the level work, perhaps something on relationship chakras... and maybe even Loren actually designing a piece of jewelry... Right now, just wish us luck and lots of bravery...

Multi-dimensionality

So much has been discussed over the past few years about this word... multidimensionality... It has been tied extensively to 2012... and all of us magically becoming multidimensional... leaving the old 3rd dimensional world and becoming “multidimensional”. Yes, we all have been working hard, clearing old patterns, habits, blockages, etc. to go towards this goal... ah... becoming 4th, then 5th, etc.... dimensional beings.... I get newsletters and emails quite often on this “new” paradigm happening.... As if by magic, some specific day... some... not all... of us will “translate” into this “new” personage.... Have you ever stopped to really think about it? Have you ever thought about the word “multidimensional”...? It means many dimensions... think about it... isn't the 3rd dimension a dimension? Isn't to be truly multidimensional also being 3rd dimension? Those of you waiting for an event need to be reminded that it is NOT an event, but a process... and those of you waiting to become a totally different person than the 3rd dimensional person you are... perhaps need to know that you do not need to wait. You are becoming that multidimensional person in your 3rd dimensional body... you are “undensing” your 3rd dimensional body to carry more light and vibration, you are truly “doing” it now... you are multidimensional NOW.... It is all happening. What are you going to create? It is the time for action...

Matthew wrote in Suzy's Feb. 14 email that, “There will be no “jumping over 3rd to 4th to 5th density – the laws of the universe simply do not operate like that, and neither does the evolution of any soul. However, the time between Earths beginning ascension out of the deep third density and reaching her multidimensionality (Diane's word not Matthews) will universally unprecedented in its speed. The enormous energetic differences between third and fourth density make that trip unimaginable difficult, and overcoming the darkness that pervades a third (alone – again my word) density world can usually take ions. (No wonder we have all been experiencing an up the hill struggle). The big event will not happen on December 21, 2012 or date. You won't be standing beside two others and before you very eyes, they will disappear into their own “timelines.” Even the usual date of December 31, 2012, will be much like the previous and the following days – that is, except for New Year's Eve celebrations. The differences between life in this moment and in the gold Age will be amazing and magnificent, but life will not differ dramatically from one day to the next as Earth continues on her journey through its ascension.”

He goes on to say, “Understandly, there is a great deal of speculation about what will happen to whom at the end of 2012. There is no definitive answer because what happens to each soul will be in accordance with the uniqueness of each soul. However, we can say with certainty that the theory of a celestial body appearing as a “second earth” and becoming the third density home for souls who do not physically go into multidimensionality (again my word) is erroneous. You are a soul in a human body. Earth is a soul in a planetary body.” So I (we) say again, this is all a process... you are “doing” it... things ARE NOT THE SAME... we just get used to the changes and forget how remarkably we have all done in this transition... Now, go pat yourself on the back, breathe a bit and then continue on.....

Law of Attraction

It sometimes feels as if our life is separate from us and sometimes we are a victim to external circumstances which have nothing to do with us. It actually couldn't be further from the truth! We are inextricably linked. As quantum physics now proves, your reality is a reflection and extension of the entirety of your consciousness. It is sourced from the inside out. James Allen puts it so neatly where he says, "Circumstance does not make a man, it reveals him to himself."

The Law of Attraction is founded in this perspective; but, the Law of Attraction works at the level of thought and doesn't explore the power and role of beliefs which supersede thought and constitute the building block (or blockages) of your reality. Belief can build or block.... Do you ever feel like you are running up against an invisible wall, an intangible threshold through which you just can't seem to pass, no matter how much you visualize or attempt to apply everything you know about attraction, manifestation, going forward?

The unseen force-field, this glass ceiling that blocks your progress and holds you back time and time again, is the barrier of belief. These are the core beliefs that we have talked about so often. They are the unconscious blueprints that we put into place that are "secretly" (or so it seems) dictating and shaping our world.

Trying to apply any Laws of Attraction, Manifestation, etc. with negative core beliefs is like painting over cracks in a wall. It might look clean and bright for a while, but it is only a matter of time before the cracks appear again, and those same patterns and issues rear their not so pretty heads, until you change the core limiting belief that lies behind the limitation.

It is your limiting beliefs that keep you separate from the successes you seek; from who you truly are and from all that you can be. They can be the gateways to all that you seek, but sadly, they can also be the binding chains that keep you stuck in patters of failure, struggle and heart-ache. Working on discovering what core beliefs can seem like it is hard... it might be, but I have found it is worth the effort.....The choice is yours....

An Inner Contract

Andrew Cohen states, "Something profound happens at a soul level when someone makes a commitment to their own spiritual development. No one forces you to do it. It is freely chosen. And, of course, when you make that commitment, you don't really know what you are committing to. But what you do know is that it's a commitment to that which is absolute, to that which is nonrelative, to that which is inconceivable, to that which means everything, forever. That much you do know. And I've always felt that once someone freely chooses to make that commitment, once you say yes, to the Absolute, to God, there is no going back, even if you want to reconsider later down the line. In other words once that a free-will choice is made from the depths of your own soul, something happens at a karmic level that is eternal – an inner contract is signed."

So you have made a commitment on a soul level to go forward... now make a commitment to yourself on a bodily level to do the work.... Start with your core beliefs – because I guarantee

if you are having problems in most any area of your life, it is probably due to a core belief in yourself... take some time...unravel all those old patterns and habits... rip off all those bandaids and get to the basic issues... and change them to something positive... you do deserve it.

Now, I guess it is time for me to go... a little shorter this month because I am yammering on each day in my blog (again, www.drsmick.com/blog , www.drsmickjewelry.com/blog, and www.fortunatejewelry.com) so I (actually we) don't save my (our) "high horses" all for the newsletter... am leaving you with a couple of photos of the kiddies to make you smile.

Loren (in absent mode but with me) and Diane



Veta



Carson

Please do join Loren and me each day in reading out blogs... can offer topic suggestions for both of us... although it may not appear so... we do listen to all of you....

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