

Drs. Loren and Diane Mickelson

www.drsmick.com

1-206-497-5311

Mickelson Muse

From our state of deep thought or dreamy abstraction.

No. 73, April 2011

What is in this newsletter?

1. Value
2. Healing Sessions
3. Planetary Grids
4. Earth Healing – what you can do to help
5. Blogs

Value

SELF-WORTH--

The unconditional value we place on ourselves

It took millions of years of evolution to produce us.

Our brains have over 30 billion cells.

We are the height of creation on Earth.

Universal energy valued each of us enough to give us

a universe full of opportunities,

the gift of life, bodies that give us wondrous physical powers,

sensations and emotions for experiencing life to its fullest,

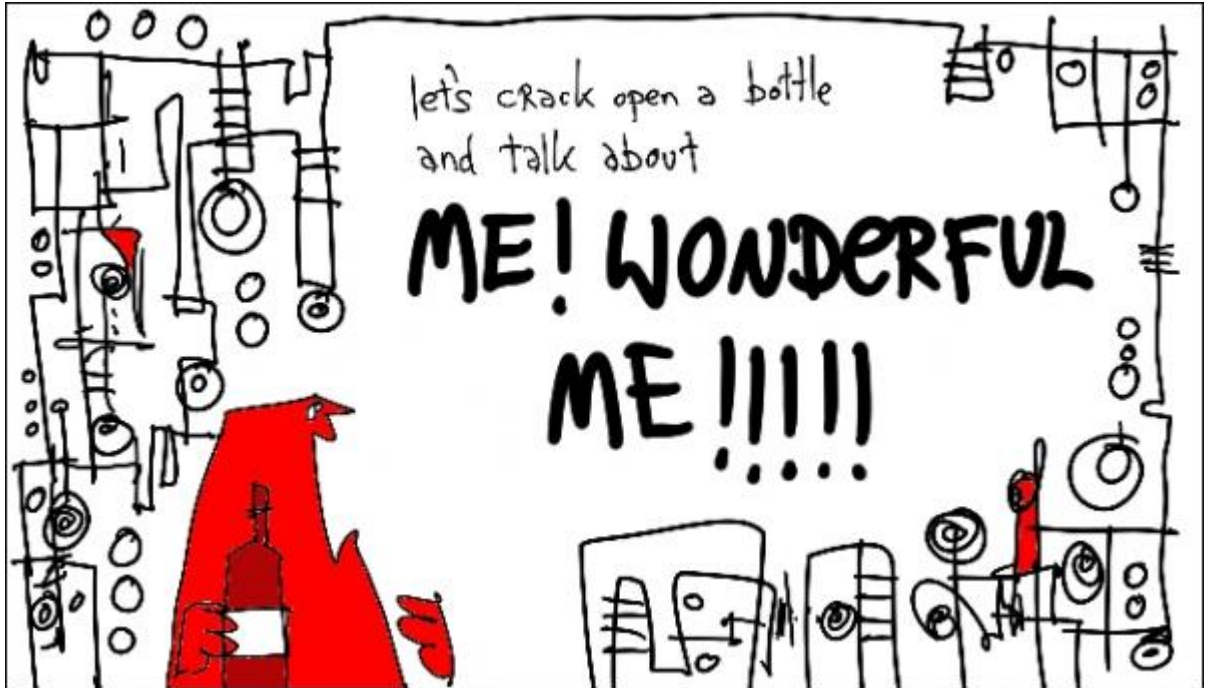
and a mind that allows us to create our own worlds.

When we have been given so much and put in such a pivotal place

to affect the lives of so many others, how can we doubt
that we are of great value and worthy of our own love.

(I really need to remind myself each day that I have value and what I do has value.....
perhaps you do too.... The above writing – author unknown – is a good reminder.....)

So go make a copy of this.... and paste it on your mirror to celebrate YOU... and your
uniqueness.....



Healing Sessions

First of all this is not just referring to our work, but healing sessions in general.... Since we have been asked about this about a zillion times in the past twenty years, perhaps it is time to say a word or two about healing sessions. Again... this is any type: hands on, massage, acupuncture, chiropractor, reiki, allopathic, counseling, energy, etc.

Definitions of Healing arts on the Web:

- Medicine is the art and science of healing. It encompasses a range of health care practices evolved to maintain and restore health by the prevention and treatment of illness.

Definitions of metaphysical healing arts on the Web:

•Metaphysical healing is based on the belief that negative mental patterns, left unchecked, can eventually result in physical disease or illness, and that the reversing of those negative mental patterns into positive patterns can, in turn, lead to healing. ...(for a list of some of the modalities: <http://www.wellnessdestinationscentral.com/about/therapy-glossary/>)

So you've had a healing session...(remember this includes ALL types of healing)

- Some people immediately “feel” and “see” the results.... These folks are really in tuned with their bodies.
- Some folks don't feel anything at all – and swear nothing happen – but things change – others will usually point out things that have changed or the person themselves will “all of a sudden” realize things are different (they don't hurt, their attitudes have changed, phobias have changed, they fear less, relationships have changed, etc.) – but cannot pin point when it happened or realize that perhaps it was a result of facilitating some healing they had.
- Another type is.... after working on an individual sometimes they may feel a void or emptiness. This happens if the individual has been too open and **now** has been protected from internalizing others emotions as their own. For example, a person who is that open-can walk into a room and suddenly feel intense sorrow and wonder why. This individual has picked up and internalized the “sorrow frequency” from someone in the room and made it their own. These individuals have gone through life never feeling their own true emotions. Once disconnected and/or protected from other's emotions, it may take a while for their own feelings to kick in. During this period, a person then may feel the emptiness. If this becomes “too much”, they may long for their old familiar feelings. **THEY SHOULDN'T GIVE INTO THIS.** Eckhart Tolle calls this the “pain body”. The pain body wants to keep things as they are **NO** matter the cost. If this happens, the person needs to note their own emotions and feel how it “feels” to be this way. Once they start to notice the emotions, it then sets the stage for change.
- Other times, the folks may feel much worse than when they came in. This is a cleansing process. Again, the best way for a person to go thru this process is to be in the present moment and notice their own emotions. This just happened to me... I had surgery to repair a prolapsed uterus and bladder.... You can bet I felt worse afterwards.... So going into my emotions/feelings... has been the most beneficial thing I could do for myself. This also sometimes happens when going to a chiropractor... after the session and the body being realigned... it may hurt worse than when you went it...when you get “cupping” from an acupuncturist... man, although you released tons and tons of toxins.... you may feel worse before the “healing” is facilitated and balanced into you. Energy work is more subtle... as effective... but much more subtle....Give yourself time to “heal”...

Earth Healing.... A what can you do to help

So many of you are earth healers.... As I watched a special put on by National Geographic on earthquakes, etc. I thought that, perhaps, one way we could help was to concentrate our energies

on smoothing out the Tectonic plates, etc. in the earth (this is so simplifying it)... I am including links to the special ... it had to be broken up in 4 parts unless you can find the listing on your TV.... This is NOT to instill fear... but to watch the explanation on how/what happens so perhaps we, as earth healers, etc. can help. It is also

important that if you do earth healing... make sure to balance out the healings... meaning if you pinpoint one area or one thing... and that changes... it can cause a ripple effect for overall change.... The reason we are bringing this up now is because – face it – the planetary grid has been disrupted.... Perhaps we can all help.

National Geographic Channel’s “Countdown to Catastrophe: Mega Quake”

Countdown To Catastrophe Mega Quake Japan and Beyond Part 1 Of 4 [HQ]

<http://www.youtube.com/watch?v=7GcE2VsC1tc>

Countdown To Catastrophe Mega Quake Japan and Beyond Part 2 Of 4 [HQ]

<http://www.youtube.com/watch?v=R3cCpoGf1Ko>

Countdown To Catastrophe Mega Quake Japan and Beyond Part 3 Of 4 [HQ]

<http://www.youtube.com/watch?v=2-NGcTHeit0>

Countdown To Catastrophe Mega Quake Japan and Beyond Part 4 Of 4 [HQ]

<http://www.youtube.com/watch?v=DNQs1vSd54Q>

If these links lose viability at some point, you can either check your local TV listings on the National Geographic Channel or online at <http://channel.nationalgeographic.com/channel/index.html> ; or try searching for the program through Google. I found these by typing in “National Geographic Countdown to Catastrophe: Mega Quake” (and chose the set split into smaller chunks for easier viewing).

Planetary Grids

We’ve had so many questions about planetary grids, so I found an article that pretty well explains (and over explains) them so you will have something to reference when you need to:

DESCRIPTION OF THE PLANETARY GRIDS

So we have: (1) the magnetic/gravitational, (2) the telluric, (3) the electric, and (4) the one of light/consciousness.

1. GRAVITATIONAL MAGNETIC GRID

It is known as magnetosphere and is the one that maintains us in our gravitational field around the Sun, it is intimately linked to our star, its energy is feminine. It is the one that maintains gravity and has been quite amply studied by science. It has the shape of a doughnut or toroid, it is of a magnetic nature as its name tells, and its size and form vary with the solar radiation. Its poles North and South are like two great cones, we may recognize the cone in the North with the phenomenon of the Aurora Borealis. This grid is connected to the magnetic axis of the Earth. Lately there have been a lot of talking about it because the variations of its axis might eventually produce what the scientists call magnetic Chaos, and others, change of dimension. Because of its feminine nature is a grid associated with emotions, therefore one of the consequences of its instability is also the emotional chaos. In the last years and due to its variations as a consequence of solar explosions and other internal changes of our sun we have lived an erratic swings of its axis to which many attribute the changes and polarization we have been living through.

2. TELLURIC GRID

It is a grid linked to the collective unconscious, it is also of feminine nature, it is an emotional reflection. At the physical level it is a lattice of lines that extends on geological faults on one side and geopathogenic zones on the other, these lines are irregular and are generated by two very powerful planetary forces. The first force, the telluric, which is responsible of the adjustments of the Earth's crust, its energies are immense and are released by the geological faults, the subterranean water currents and magma, it is like the circulatory system of Gaia, its vital force. The other force is the geopathogenic lines that form a lattice with the telluric ones, these are the ones being created by the accumulation of disharmonic energy, let us say, they are like the wrinkles and the experience of the Earth. These lines form in places where there have been conflicts, wars, slaughter, death and pain, they are the footprint of these facts that leave a sort of imprinted energetic pattern that makes those energies happen again and again in those same places, are like the scars on the earth. In antiquity this grid was known, that is why it was avoided to found cities or construct houses over the subterranean currents and the geological faults, as well as in the cemeteries and battle fields, knowledge also forgotten by the Westerners with the passing of time, and what has made that many of our great cities have been constructed over geological faults, for that unconscious necessity of the human being of living in intensely energetic places. Today the new science of Geobiology seeks consciously to heal these terrestrial marks and to change those disharmonic energies.

3. ELECTRIC GRID OR TECHNOSPHERE

It is formed by lines created by our civilization with the use of electricity, of high voltage, microwaves, television and radio waves. The name of Hartman was also given to this grid, after the last name of the German physicians that took the task of measuring it, to know its influence over their patients with illnesses such as cancer. Physically it is an electric lattice formed by lines of 8.25 inches (21 cm.) wide approximately, that create rectangles from 2 to 2.5 meters (6.56 ft. to 8.2 ft.), this one prolongs vertically arriving in some places to great heights where it feeds off of the relaying antennas of microwaves and the high voltage towers. This grid is like a

reservoir where all the human-created electric energies are poured into and it has been determined that its points of intersection may be damaging to health if we stay over them for long periods of time.

It is an artificial electric grid through which an enormous amount of energy flows. It is of masculine character.

At the beginning of the Twentieth Century the theologian Teilhard de Chardin with his vision of the future foresaw this grid and called it the technosphere; other visionary, José Argüelles, has also taken this name developing many theories over its existence and predicting its demise at the fall of the Twin Towers (9/11/02) that according to him represented the symbol of this grid.

[Comment by Luis Prada: The Twin Towers of the World Trade Center were micro cities with powerful electric systems. They certainly represented the electric grid that will be demised with the free-energy technology of the vacuum, the inexhaustible source of electromagnetic energy of the fourth dimension studied by Nikola Tesla, Tom Bearden, Bruce DePalma, Viktor Schauburger, Mendel Sachs, John Hutchinson, Thomas Townsend Brown, and others, the zero-point energy. Research it in the Web using these key words. I am giving you also some websites for further research: http://www.frank.germano.com/tesla_technology.htm , <http://www.frank.germano.com/nikolatesla.htm> , <http://www.frank.germano.com/lostinventions.htm> , http://www.frank.germano.com/nikolatesla_links.htm , <http://www.padrak.com/ine/SUBJECTS.html> , <http://magneticenergy.com> , <http://www.fuellesspower.com/engine.com> , <http://www.feelthevibe.com> , <http://www.jnaudin.free.fr> , <http://www.infinite-energy.com> , <http://www.dnai.com/~zap> , <http://www.free-energy.cc> , <http://www.projectmagnet.com> . See also this article by Dr. Peter Lindemann.]

4. GRID OF CHRIST CONSCIOUSNESS

Last we have the crystalline grid of the planet or ascension grid, this one is the geometric grid of which we said before was mentioned by Plato. The grid of Christ consciousness is of a bipolar nature, combines the feminine and masculine energies, integrates emotions and information, light and love.

Physically it is an energetic structure that surrounds our planet reflecting and amplifying the ascension of our levels of consciousness. It is a crystalline matrix of light, formed by a dodecahedron and an icosahedron, one inside the other creating a great polyhedron converted into a sphere. It can be visualized as a geodesic sphere formed by pentagons and triangles, glimmering as a faceted diamond. It is the crystalline seed of the new consciousness of the terrestrial star.

The grid of consciousness is anchored to the Earth at two axes. Great amount of energy flows from the North axis to the outside and enters again at the South and extends by 90 Km. above the terrestrial surface. It is a lattice of lines that has also been called ley lines; at the points of intersection of them are created energy vortexes that in turn coincide with so called power

places. It is a fractal grid, let us say, it repeats infinitely to itself and it is of a holographic nature, let's say, any fragment however minute contains the whole. This grid was also known to ancients and it is why many of the monuments, religious sanctuaries and places of peregrination coincided with its lines.

It is called the Christ consciousness because it is an aspect of the collective consciousness that recognizes itself as a one only Being, it carries the potential of the Christ principle of unity. It is in that grid where is imprinted all the necessary information to experiment the Christ consciousness.

http://www.luisprada.com/Protected/the_planetary_grids.htm

Blogs

Again, a reminder of our blogs:

- Diane's www.drsmick.com/blog
- Loren's number www.fortunatenumberjewelry.com
- Loren's rocks and stones www.drsmickjewelry.com/blog

See you next month.....

Loren and Diane

Copyright notice: Copyright 2011 Loren and Diane Mickelson. This information may be freely disseminated in whole or in part provided that there is no charge for the information and provided that this notice is attached. When using an edited or partial version of this material please clearly state that this is an edited version and refer the reader to the full original version.