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Mickelson Muse

From our state of deep thought or dreamy abstraction.
No. 87, August 2015



Surprised?

Well not as much as I am to find out the last time I wrote a newsletter was December 2013... and then, I looked up to find out how long it had been since I'd written a "Diane's Musings"... that was January 14, 2014... After 20 years of writing newsletters – starting out with monthly snail mailing them -- then advancing to emailing them and 5 straight years daily musings... I just got tired and wasn't sure anyone was reading them. Since then, we've only sent out new work... well, I decided I needed to connect... why??? Who in the world knows???? First of all, the above picture is a photo of where we live.... We are amazed – still – of how absolutely beautiful it is here.



Secondly, what has been going on the past couple of years? Well – we are still alive... still doing our work (which is still weird, but not as weird as it was 25+ years ago... jeez, even the media is talking about intuition, angels, other-worldliness – things we wrote about 25 years ago being mainstreamed – wow!!! Perhaps we won't be tarred and feathered so often now – go figure!!! Ascension is not a taboo word anymore. We were nearly driven out of Mpls/St Paul for writing about that in the 90s... our whole client base nearly vanished at the thought that we, perhaps, could ascend in our physical bodies... now EVERYONE is writing about it... the very folks who... (well, I need to get over that, huh?) dissed or judged us are now on the bandwagon. Each of us has some sort of a purpose... many spend their whole lives trying to figure out what it is... starting with some sort of betterment of mankind. A very lofty goal when looked at from that perspective.... Instead, **why not look at what brings you joy?** What are you good at? Many think they need to be healers... they equate healing with hands on, with some new modality to present, some new potion to present to the world, some new healing technique – totally forgetting that healing the planet and its inhabitants is much much broader than that. **What your passion is – is probably close to your purpose...** let's say – you like to cook... well, *cooking* with passion/love is healing.... Everyone who eats your food will be affected by the love you put into it. Say you are a quilter/garment maker... you put love/energy/passion into your quilts/wall hangings, garments, etc. Everyone who comes into contact with them, will be affected by your passion/purpose. Making *jewelry* – the same; owning a *framing shop* where you mat and frame photos, posters, memorabilia - the same.. your passion will come through... your love will affect the wearer of your jewelry, the viewer of your framing and matting. Some of you will say, I am too busy *parenting* to even think about purpose... well, believe it or not – parenting the next generation is all our purpose.... Getting the idea? Purpose is not some lofty “out there” concept... it is probably what you are already doing while “hunting for it”. Which, in a very long round about way, is to tell you **our** (not yours but ours) purpose.... One that we run away from everyday, because it is... well – weird or not the accepted norm. Our purpose, aside from Loren's jewelry and my attempts at quilting, is trailblazing... is to bring new concepts and ideas from the ethers to our 3d world. We have no reference for much of our ramblings and concepts (we just “get” them on our walks, in our meditation, in our lucid dreamstate), but it gives you food for thought, something to chew over and usually for you to wait until it is more mainstream to believe. This also gives us an opportunity to work on some of our issues of being judged “crazy”, “out there”, “weird”, come on, you can think of more words than that, I imagine you've heard them all. We did/do have problems with doing such “far-out there work”. Heck, we are/were just plain “normal” “everyday” folks--- with NO metaphysical background, knew no one

who was. Why us???? Then, on top of that, we are “given” new healing techniques and procedures soooooooo out there, that even as we write about them initially, they seem too farfetched... not only are we given the new work, but the exact way to “do” them. Jeez, no wonder folks think we are weird and mentally unbalanced. Our work is extremely subtle... well, for some they notice immediate changes, but for others, the changes are invisible... you change, but, as you become more of who you know you are “inside”, you will not notice the changes. Over all, you will look back and know you have changed, but (in all probability) are doing a thousand things to advance or feel better, you will not even suspect we had a part in it. Now that is one long winded paragraph, huh?

Soooooooooooooooooooo, we continue our work... We have nearly gotten over being judged “weird”, “crazy”, “out there”, “oh, those people”... We see and hear about folks we’ve worked on going forward with their lives – growing leaps and bounds.... Folks that worked in (for instance) corporate America – now having successful lives as writers, stagnated folks finding their passions unbounded by limitations – many finding themselves in new careers, businesses, etc. - the majority of these folks “forget” that we facilitated any of their journeys and some that do are terrified to refer us to anyone because they don’t want to be judged weird or metaphysical in any way or they tell us their family, friends and/or client base are “not the kind of folks that would resonate with our work.” ...hmmmm, worked for them, even though they forgot and/or minimized what we did, but won’t or can’t refer us on..... again, hmmm??? Interestingly enough some do find us... many, in fact... but by the time they find us, they have no funds and/or are unable to pay because they think work such as ours should be free (you know the Jesus did it for free stuff – and there was always an exchange of energy when Jesus did his work) or they have used up all their funds on other modalities. We never have or ever will turn anyone away due to lack of funds... BUT paying us also enables us to pay our 3d bills and buy food.... Somehow we also have to “live” in this world doing this very strange work.

We hope that folks will continue to find us and let us facilitate them on their journey. You, too, don’t be afraid to see what we’ve “brought through” on our trail blazing trip and, for heaven’s sake, don’t be afraid or leery of referring us to others.

Segway... soooooooo, can’t remember who we are:



Here we are... a photo taken last week on my birthday and anniversary... I had a difficult time with this birthday... the number – not the getting old part... I love where I am in life... but 70? That just sounds old... but, I knew the day it came and I woke up alive, I would be fine.... Oh, and 49 years together, go figure that one out!!!!



Now, just one more thought, which has nothing to do with us, but more with you. Many of you “long” for abilities you do not think you have. You want to “see”, “hear”, “feel”, etc. ((meaning you want all the clairs.... Clairvoyance (seeing), clairaudience (hearing), claircognizance (knowing), clairsentience (feeling), etc.)) You probably already are doing some of the above – only you EXPECT it to be like what you read about or “others” do. EVERYONE has intuition.... Get

that???? EVERYONE. You all get gut feelings.... You all get “a nudge” however it “hits” you. You either act on it or don’t. You will see, feel, hear and know – exactly unique TO YOU. You will not do as others... you will experience all these 6th senses – again – unique to YOU. You may “see” things in “real” (as I do) or “see” in pictures/images like Loren does. You may see in your mind’s eye, but discount it because you think you are imagining it.... Nope, this is the way you “see”.... Build on it, build on whatever you have. You may be “hearing” in music... the vibration in the music will bring you ideas... Don’t down yourself or think yourself untalented or un-intuitive because it doesn’t fit a norm. There isn’t a norm... there are just folks who spout out the way THEY do it thinking it is the only way.... Nope... your talent is your talent is your talent. One of the most gifted channelers doesn’t even know she is a channeler... in fact, will dispute the fact – thinking she needs to “see” and “hear”.... Well, she uses a pendulum in a way that I have never – ever seen or heard about. Now, I use the pendulum all the time to check to see what I am getting is real or just too stupid.... The “others” (guides, multi-dimensional folks, angels, etc.) actually talk to her through the pendulum. You would never ever believe if you read her channelings that she uses the medium of the pendulum to get “exact” information that will happen in a day or two or words from a master that you know aren’t coming from her. This individual is not one of these “out there” folks... you would not know this talent of hers from talking to her or seeing her. AND SHE DOESN’T EVEN REALIZE IT IS A TALENT..... And would argue with you if you told her how good she was. Soooooooo, folks, get over that fact that you are talent-less.... You have talent... you have 6th senses... build on what you have. It will be unique to you, not comparable to anyone. You are not a lemming...you will find your own path.



Ok, so where are we now? Well, we continue our journey as will you. How does one do this? In a world of six billion people, it's easy to believe that the only way to initiate profound transformation is to take extreme action. Each of us, however, carries within us **the capacity to change the world** in small ways for better or worse. Everything we do and think affects the people in our lives, and their reactions in turn affect others. As the effect of a seemingly insignificant word passes from person to person, its impact grows and can become a source of great joy, inspiration, anxiety, or pain. Your thoughts and actions are like stones dropped into still waters, causing ripples to spread and expand as they move outward. The impact you have on the world is greater than you could ever imagine, and the choices you make can have far-reaching consequences. What you think (though prayer, meditation, dreamland) and the thoughts you share make a difference in people's lives thus making a difference on the planet. You can use the ripple effect to make a positive difference and spread waves of kindness that will wash over the world.

Should the opportunity arise, the recipient of a good deed will likely feel compelled to do a good deed for someone else. Someone feeling the effects of negative energy will be more likely to pass on that negative energy. One act of charity, one thoughtful deed, or even one positive thought can pass from individual to individual, snowballing until it becomes a group movement or the ray of hope that saves someone's life. Every transformation, just like every ripple, has a point of origin. You must believe in your ability to be that point of origin if you want to

use the ripples you create to spread goodness. Consider the effect of your thoughts and actions, and try to act graciously as much as possible.

A smile directed at a stranger, a compliment given to a friend, an attitude of laughter, or a thoughtful gesture can send ripples that spread among your loved ones and associates, out into your community, and finally throughout the world. You have the power to touch the lives of everyone you come into contact with and everyone those people come into contact with. The momentum of your influence will grow as your ripples moves onward and outward. One of those ripples could become a tidal wave of positivity.

So, that is that... what next? Well, many of you are afraid of sharing “you”... you may think this is healthy (which, who know? It may be) but... think about this: The most common form of withholding is what we commonly call “the silent treatment,” but withholding encompasses any unwillingness to express your true feelings. It also includes an unwillingness to give support, praise, or positive attention to the people you love. We have all known someone who is impossible to please, and many of us have suddenly found ourselves at the other end of a chilly silence with no explanation. At the same time, many of us will recognize our own tendency to withhold our emotions rather than express them. Most of us have seen both sides of the withholding dilemma. Emotional pain is at the root of our tendency to withhold, and withholding causes pain to the people subjected to it. It is a dysfunctional pattern that creates a breakdown in communication and understanding.

This is also where re-occurring patterns rear their ugly heads... Emotions come as as they relate to anger, fear, etc. usually will relate to a pattern we have done over and over and over again. Perhaps it is time to look at why this happens.

No one deserves to be subjected to withholding. Feeling ignored, disrespected, or shut out, and to not know why, is a terrible feeling. The first thing to remember if this is happening to you is that you are not to blame. You maybe caught in someone else’s pain pattern. This person does not know how to express feelings in a healthy way probably because this is what they learned when she or he was a child. The second helpful thing to remember is that the withholder is acting out of pain. They are stuck in a habitual mode of response that is self-defeating and

alienating to the people they love. Remembering this will help you feel compassion for the person hurting you. However, if you have suffered too long with this pattern, you may need to get some space. Take some time to look at your own patterns and understand why you have taken part in this drama. If you are dealing with people in a family situation, you can step up to the plate to help break the chain of this behavior pattern.

If, on the other hand, it is you that tends to withhold, understand that this is a learned response and it can be unlearned. Find safe places to begin to express all that you've been holding back. Begin to make an effort to say what you're feeling and thinking. Give praise to someone you love. The more you do this, the healthier you and your relationships will become. What was learned over a course of a life cannot be changed overnight—remember, one day at a time.

Whew, got that one off my chest... anything else, you say? Well, yes.... **Unity versus Separation**

The eternal theme of human history on Earth has been that of good versus evil. We generally define good behavior as that which is unselfish and supportive. Evil, its opposite, is then defined as behavior which is self-serving at the expense of others.

Underlying these opposing definitions is a common principle, that of separation. Long before the time that original consciousness adopted human form, all forms of consciousness knew that they were one, that they were part of an interconnected whole. This is called unity consciousness.

Originally, humans were consciously connected to nature and also to each other, just as animals are today. For example, after the enormous tsunami that hit Indonesia in December 2004, massive numbers of dead humans were found, but no dead wild animals. All of the animals had been aware of the impending disaster and headed for higher ground.

The news media reported that a group of normally-docile elephants tore their retaining stakes from the ground and ran uphill toward safety, trumpeting warnings for others to follow. As soon as the tsunami struck and started to recede, the elephants returned and used their height and strength to rescue children from the flood waters and carry them to higher ground.

At some point in human history, we decided to explore the concept of separation. We wanted, not just physically separate bodies, but a real sense of conscious separation from other people, the universe, and the Divine.

Already, we had separate individual souls, spirit bodies, and physical bodies. We decided to go all the way and be born with no conscious connection to each other. In other words, we would be, for once, truly separate and independent entities while in physical bodies.

Even though we would still be connected to the whole, as all things are, we would not be consciously aware of that connection. Now THAT, we thought, would be an experience!

The fundamental reason for individuality is so that the original Creator can experience itself from an infinite number of viewpoints. How much more realistic, we asked, would it be if the viewpoints were truly independent and creative, with their own senses of intelligence and freewill?

Since those days, long forgotten in the mists of time, people have been born into a world where separation is their reality. It is also a world where the fear of lack can easily develop. Under adverse conditions, the will to survive becomes a fear for survival. The idea that there are only so many resources available for one's survival creates the will to fight for those resources. The fear of being overpowered in a potentially dangerous environment can lead to the desire to gain power over others in order to feel more secure.

And so, the negative underbelly of separation from source began to develop. As people became more and more separated from each other by the harsh experience of the selfish drives of other people, the darkness deepened. In a world of aloneness, where the next person cannot be trusted, where is one to turn?

Foreseeing these depths of darkness, the Creator has repeatedly sent individuals of great light into this world of humankind, individuals who have shown people the way out of darkness. Western culture is most familiar with the emotionally transformative teachings of Jesus. Other cultures have also been given teachers who bring great light in ways that are best suited to them. Examples of these include the Buddha, Krishna, Confucius and Lao Tso.

Today, the current chapter of human experience on Earth is changing. The frequency of all life on the planet is being raised so that a new chapter of life can begin. The old guard is passing away. The new children being born today resonate

to the frequency of the new consciousness. The world is changing and, today, we are witnessing the very birth of a New Reality. Like or believe it or not.... We are progressing/changing/evolving....

Am I done yet? Nope – wanted to point out that you are all magical... you are all special: Some Traits of Magical People

1. You have a Sense of Being Magical

The truth is everyone is magical. But most people do not know that. Society has programmed people to become unmagical and dull. Magical people retain a stronger connection with their inner intuition where they have a sense and knowing that they are magical. Those who are magical are on a path of freeing the minds of others around them, so that they will be able to realize their innate magical nature.

2. You experience plenty of Synchronicities

Synchronicity is the term coined by transcendental psychologist Carl Jung to signify the event of “meaningful coincidences”. Magical people are in a state where they tend to attract more of these situations than other people. Much of these synchronicities bring fulfilling and desirable things that cause these people to seem blessed, charmed or just having more good fortune than others.

3. You can Feel and Change according to the 4 Seasons and Moon Cycles

Summer, Winter, Spring and Fall have greater effect on people who are magical. They produce different effects on magical phenomena. As we know, magic is powered by emotional energy, and different seasons have different effect on emotions, hence they also affect what kind of experiences that magical people can create.

The moon is a major component of magical and wish-making ability. The moon itself is a power source for magic. Full moon, new moon, waxing and waning moon all have different effects on magical performance, and also determine what kind of magical activity is better to be done. In general, when a moon is waxing or growing, it is better to do actions that create, and when the moon is waning or fading, it is better to do actions that destroy or eliminate. Of course it is possible to do anything at anytime.

4. You Experience Vivid Dreams and even Lucid Dreams

Magical people have developed the power of “becoming conscious” and “manipulating reality”. Hence when they are dreaming, sometimes they would realize that they are in a dream and become lucid. They would then be able to even do things in the dream that are not done in normal reality. They can fly, move objects with their minds, fire laser beams, teleport and even mind control other dream characters as well.

5. You Have Psychedelic Experiences with Love

Everything becomes surreal and fantasy like when a magical person falls in love. They see kaleidoscopic-like colors, rainbows, hear special and otherworldly musical notes, and their feelings are just profound and from another dimension.

They even have telepathic experiences with the one they love as they find themselves thinking about each other at the same time, sometimes even texting or calling each other at the same time. This is also considered synchronicity.

When magic people fall in love, it’s like “whoa” from the Matrix.

6. You Have an Abundance of Life Force Energy

This is also called Chi, Prana, Ki, Orgone, Mana or any other name depending on which culture calls it. This life force energy is also sexual energy, and having lots of it may cause you to feel highly sexual. Sexual energy is the energy of life. It gives magical people the power to create and influence reality more easily and powerfully.

7. You Love to Share and Impart Magic Everywhere

Magical people have a nature of giving and sharing their gift. Once others have been touched by the magic, they would like them to share and spread it on too. The more magical this world becomes, the better a reality it is for magical people to live in. Magical people like to inspire other people. They think in terms of abundance and increasing the size of the pie for all. So the more you spread the magic around, the more magical you will become.

Now, I am done... Should I do this again? If you want to sign up for newsletters, there is a signup thingee on the website... www.drsmick.com

Thanks for reading this,

Loren and Diane

Oh,... PS: This is a story about four people: Everybody, Somebody, Anybody, and Nobody. There was this important job to be done and everybody was asked to do

it. Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry about that because it was Everybody's job. Everybody thought that Anybody could do it, but Nobody realized that Everybody wouldn't do it. It ended up that Everybody blamed Somebody when actually Nobody asked Anybody.

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